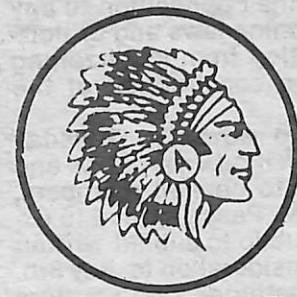


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• Final Honor Rolls (See "Education")



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Volume XXI Number 26

"Your Hometown Newspaper"

July 2, 1998



LAST THURSDAY, JUNE 25TH, state and local officials attended a ribbon-cutting ceremony to herald the recently renovated Agawam Senior Center. Among those in attendance were Mayor Christopher Johnson, State Representative Daniel Keenan, State Senator Linda Melconian, Agawam Council on Aging Chairman Peter Forastiere, Town Councilor Nancy Thompson, and Senior Center Director Richard Mundo. *Advertiser* News photo by Jack Devine.

Renovations Are Greatly Welcomed...

Senior Center Open House Showcases Its "Facelift"

by Kathy Cassanelli
News Editor

It may be one of those songs reserved for the first dance at a wedding reception, but Agawam's Council on Aging (COA) could easily adopt the title "We've Only Just Begun" as its motto to describe not only the seniors, but the recently renovated Senior Center.

Last week, the COA welcomed state and local officials to an open house showcasing a year-long facelift of the physical plant and the staff as well.

An eight-year member of COA before being elected to the Town Council, Nancy Thompson described the improvements as "long needed, long awaited, and gratefully welcomed."

COA Chairman Peter Forastiere said the residents of Agawam are fortunate to have a Senior Center that is the envy of many surrounding communities.

"With more people moving into a more mature stage of their lives, it's been our challenge to create the kinds of programs that will serve the needs of the seniors," Forastiere said. "We are bursting at the seams and that is a wonderful problem to have. While many communities are having problems attracting seniors to their centers, we have the problem of trying to find room for all the people who want to use our center."

The renovations recently completed signify the first major overhaul of the center since 1976. It allows the COA to develop more and better programs to fit the needs of seniors while the planned future expansion of the center will provide even more opportunities for the COA to give mature adults a reason to want to be part of the community, Forastiere said.

Mayor Christopher C. Johnson credited Forastiere for his leadership in rising to the task of making the "best senior center in the state even better."

Johnson called the renovation project "long overdue" and pointed out that other communities don't have the same kind of facilities for their senior citizens.

Johnson praised the town maintenance department, especially Maintenance Director Tony Albro, for a job well done and thanked the Friends of the Senior Center as well as the business community for their donations to the project.

SEE SENIOR CENTER - Page 6...

AGAWAM COUNCIL ON AGING CHAIRMAN Peter Forastiere (far right) presents a check to Senior Center Director Richard Mundo (second from left) during the Open House for the Senior Center's renovations. Looking on are COA Director Dick Aldrich and Senior Center Deputy Director Gail Freeman. *Advertiser* News photo by Jack Devine.

TO OUR READERS:

As of July 1st, subscriptions for the ADVERTISER NEWS are \$24.50. To those who have already renewed, we thank you for your patronage; if you have not renewed your subscription yet, please do so as soon as possible by bringing in your bill (with payment) to our office or mail to Office Services Unlimited, Inc., P.O. Box 96, Agawam, MA 01001.

At this time, we have many, many photos of civic, social, and school-oriented events that we are going to be publishing throughout the month of July. Therefore, please be sure to turn our pages this summer.

Councilors And Residents Rap Tennessee Gas For Requesting Zoning Exemption

by Kathy Cassanelli
News Editor

At a state-sponsored public hearing Tuesday night, opponents of the Berkshire Power Project vowed to fight the request for exemption from local zoning filed by the Tennessee Gas Pipeline Company for its plan to demolish an unused building and replace it with a more modern structure to house a gas compression engine at its Suffield Street property.

Tennessee Gas Project engineer Jesus Soto said the company wants to replace a building constructed of asbestos material with a structural steel, sound-insulated building to house a new gas compression unit. The structure is necessary to supply natural gas to the Berkshire Power Plant. Soto said the new building would be basically the same size as the old building and would be constructed on the same foundation.

Critics of the plan had few complaints about the building itself. Rather, opposition centered on the way Tennessee Gas is going about getting the necessary approvals for the project and their association with Berkshire Power.

Tennessee Gas is owned by El Paso Energy, a partner in the Berkshire Power Project.

CCBA (Concerned Citizens and Businesses of Agawam) spokesman Karl Stieg said his group was spearheading a petition drive asking Town Council to seek intervenor status in the case pending before the Department of Transportation and Energy (DTE), formerly the Department of Public Utilities.

Volunteers Sought For Jimmy Fund Theatre Collection Drive At Showcase Cinemas

Put your love of movies and your heart for charity to good use this summer by volunteering to be a Jimmy Fund collector at your local cinema.

Between June 19th and July 19th, Showcase Cinemas will be running the Jimmy Fund Theatre Collection Drive. Volunteers will collect money

But, a petition drive may be a moot point. Councilor Edward Caba told DTE officials at the hearing that he will ask the council to proceed with obtaining the right to intervene in the case. Five councilors joined Caba in denouncing Tennessee Gas for sidestepping the local process of seeking relief from zoning restrictions through the local Zoning Board of Appeals (ZBA).

Representing Tennessee Gas, Attorney Harold W. Potter, Jr. said it is the company's usual practice to seek state approval rather than go through the local permitting process.

"This is not an unusual process," Potter said. "Since 1985, we've filed 14 petitions in nine different communities. We've done it this way in Agawam in 1991 with respect to the sales meter station and the compressor station. From the company's point of view, it's more expedient and less expensive."

Possibility Of Being Tied Up In Superior Court...

Potter said the company wanted to avoid the possibility of being tied up in Superior Court for years if even one person disagreed with a ZBA decision favorable to the company. Going through the DTE process, there is still the possibility of an appeal to the Supreme Judicial Court, but there would not be an automatic stay preventing construction during the appeal, Potter said.

About a dozen residents, mostly veterans of the campaign to block the \$185 million Berkshire

Power Project, echoed the complaints of Town Councilors. They declared their opposition to any attempt to override local zoning laws and criticized last year's DPU exemption from local zoning that paved the way for the construction of the power plant last fall.

Under fire for failing to advertise Tuesday night's hearing in *The Agawam Advertiser News* and for the short notice given to council members, DTE Hearing Officer Peter M. Palica agreed to extend the deadline for the public to submit written comments for the DTE's consideration to July 8th.

DTE Counsel Jollette Westbrook said abutters to Tennessee Gas are not automatically granted the right to be parties (intervenors) in the hearing, but anyone who thinks the project will affect them substantially and specifically can apply for the status as an intervenor or a limited participant in the hearings.

Ms. Westbrook said there are no official forms for filing a request for intervenor status, but anyone interested in intervening can send a letter seeking status as a party to the proceedings. Letters must include information on how the project will substantially and specifically affect the applicant.

Written comments and letters seeking intervenor status should be addressed to: Peter M. Palica, Hearing Officer, Department of Transportation and Energy, Room 1200, 100 Cambridge Street, Boston, MA 02202, by July 8th.

* * *

Please remember that our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles that can be brought in on Mondays. Thank you.

All the local news with us, every week...

Wishing You a Happy & Safe Fourth of July!



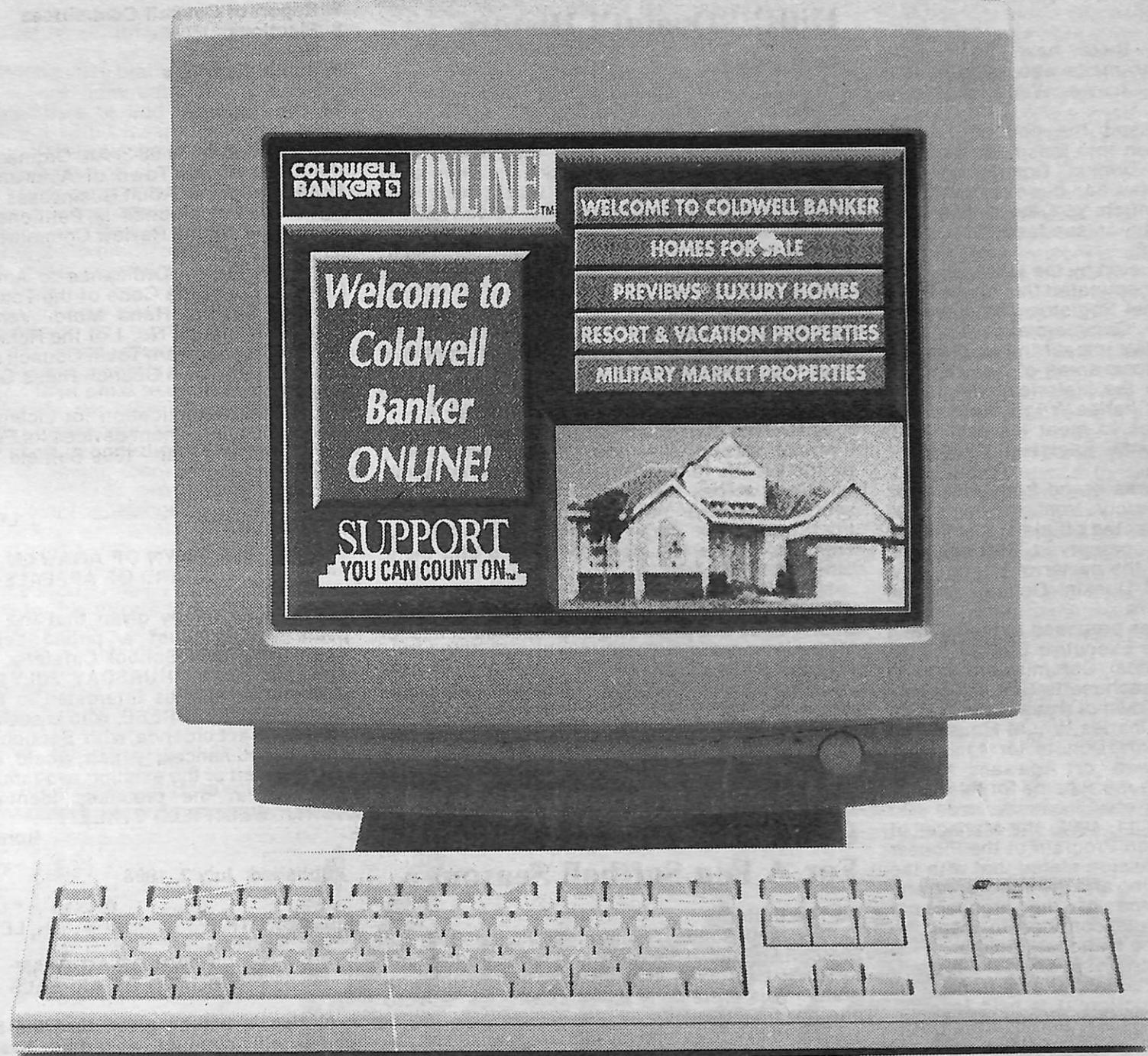
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Letters To The Editor

Misleading Statements Made About Charles Wright House

To The Editor:

In recent weeks, there have been some misleading statements made about the historic significance of the Charles Wright House in Feeding Hills Center.

Some have expressed the opinion that its historic value has been lost inasmuch as it has been converted to a Dunkin' Donuts, now has vinyl siding, some detail has been removed, etc. This is, in fact, very much NOT the case and we would like to clarify any misunderstandings that may exist on this point.

A 1983 survey conducted by the Massachusetts Historic Commission nominated this house for inclusion on the National Register. The survey included the statement, "Commercial development has had a more negative impact in Feeding Hills than in any other historic areas of Agawam and continues to threaten the historical integrity of the community." The Charles Wright House, with modification, continues to meet the criteria for listing on the National Register of Historic Places.

In 1992, the house was saved from demolition following a public outcry from residents and strong support from elected officials. Its inherent historic value was preserved through the cooperative efforts of the owner of the property, the national office of Dunkin' Donuts, and the town's historic planners.

The adaptive changes proposed to the building drew the praise of the Executive Director of the Massachusetts Historical Commission, who in 1992 wrote, "The Massachusetts Historical Commission supports the Town of Agawam and its efforts to preserve the Charles Wright House. The MHC commends Dunkin' Donuts for voluntarily working with the Town of Agawam toward developing a feasible reuse scheme for this structure."

As recently as June 11, 1998, the Manager of the Historic Preservation Program of the Pioneer Valley Planning Commission stated that with the removal of the vinyl siding and the uncovering and reconstruction of some of the architectural details, the house would continue to meet the criteria for listing on the National Register.

There is absolutely no doubt as to the historic value of this building. Its central core frame is of post and beam construction; it is held together partially by wooden pegs whittled by little David Wright when he was nine years-old; it formerly housed the Post Office in one of its front rooms; it's on the site of the former Palmer Inn; and it's diagonally across the street from the "Place of Parade," where men from Agawam trained for the Revolutionary War and the War of 1812, and on which there now rests the Anne Sullivan Memorial.

The Agawam Historical Commission has been preparing an application for Feeding Hills Center to be designated an historic district. The centerpiece of that application is the 1863 Charles Wright House, which dominates the center.

All of us should think back to the corner of Springfield and Walnut Streets, where only a few months ago that corner was graced by Betty's Old Towne House — a beautiful historic structure surrounded by trees and grass which projected a proud sense of what Agawam is all about.

Compare that memory to the massive pile of cinderblock, asphalt, and dirt that now occupies that treeless, barren space. Do we want the same thing for the center of Feeding Hills?

Rick Bellico, President
John Zebryk, Vice-President
Agawam Historical Association

Congratulations To Borsari's River Auto Softball Team

To The Editor:

Congratulations to Borsari's River Auto on winning the SHAA 10-13 girls' softball championship.

Christine — great pitching. Sam, Rachel, Alli, Alex, Michele, Erin, and Danielle — great fielding. Jamie, thanks for all your support, even though

Have a happy Fourth of July weekend!!!

* * *

you were on the injured list. Danielle, we couldn't have done it without you.

Nicole, thanks for great hits just when we needed them most. Christin, you are top-notch at second base. Carlie, I hope your hand heals over the summer. Stacy, you made it out of the park.

To Tom, Maureen, and Mike, thanks for all your time and effort in coaching a great team. We are proud of all of you.

Thanks for a fun season.

Pam Colson
Carl Hopkins
Agawam

Resident Reflects On Feeding Hills' "Quaint" History

To The Editor:

It was great reading about the history of Feeding Hills, having lived here all my life.

We did have a Town Hall; it was upstairs in the old Feeding Hills School. They also held dances there (including square dances), and every Christmas the schoolchildren would have their plays there. It was also used as a Town Hall.

When they wanted to take the Post Office away, all the townspeople gathered there. Mr. Cleary was the Postmaster then. We did keep our Post Office, plus our own zip code.

We had Dom Shaer's market, but before that it was Ferry and Bardwell's. Across the street, there was Trevallion's Store with a sign in front that said, "Everything From Soup To Nuts." Does anyone remember that? And they certainly did have everything from ice cream to socks.

When they tore down the old school, there was a house next to it — a beautiful old home owned by the Woods family. It was also a tourist home. We lived across the street; my father surprised everyone by buying it and then moving it across the street to a large lot next door. With six children, it was just right for us. It's still there, "the old homestead."

My father also built his own shoe store next door — a lifelong dream. It's still there ... Mike's Shoe Repair Shop. He sold and repaired shoes for all the farmers in town, plus everyone else.

Most of the old houses in Feeding Hills have been torn down now, but at one time Feeding Hills was a very quaint and beautiful little town. It's bigger now and more commercial, but I'll always love it.

Helen Kisielewski
Feeding Hills

Commissioner Offers Thanks For A Fun Softball Season

To The Editor:

This past Sunday, children from the Girls 6-8 Softball League at Sacred Heart received trophies for their hard work and participation in the program. This ceremony symbolized an end to another fine season.

I would like to extend my sincere thanks and appreciation to all who have helped out and especially to the following coaches: Dean Brust, Bill Curtis, Michael Landry, Kathy Michaud, Ann Hartmann, Carol Ruehl, Rick Prout, Lynn Geiger, Carol Masciadrelli, Sue Walsh, Lori Bryant, and Lisa Stanton.

Because of these dedicated people, it was possible for 65 children to have fun this season while learning the fundamentals of the game.

Thanks again and hope to see everyone next season.

Laurie Littlefield
Commissioner

Check our classifieds...



The Agawam Advertiser•News

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Regular Council Meeting Agenda For Monday, July 6th

1. Citizen's Speak Time
2. Roll Call
3. Moment of Silence and the Pledge of Allegiance
4. Minutes - Regular Council Meeting of 6/15/98
5. Declaration from Council President
6. Presentation of Petitions, Memorials & Remonstrances

None.

7. Report of Council Committees

8. Elections

None.

9. Public Hearings

None.

10. Old Hearings

(a) 1. TOR-98-4-(PH-98-3)-An Ordinance to amend the Code of the Town of Agawam, Ch. 180, in Order to regulate Adult Businesses in the Town of Agawam (City Council is Petitioner)(Referred to Ordin. and Zoning Review Committees on 6/15/98) (2nd Reading).

2. TOR-98-5-An Ordinance to Amend Art. II of Chapter 114 of the Code of the Town of Agawam Entitled Second Hand Motor Vehicles and to Delete Regulation No. 1 of the Rules and Regulations of the Agawam Town Council (Submitted by the Agawam Town Council Rules Committee)(1st Reading).

3. TO-98-29-Application for License for four (4) automatic amusement devices for Fun Farms LLC d/b/a The Sand Trap - 1399 Suffield St., Aga., MA.

LEGAL NOTICE

LEGAL NOTICE

TOWN OF AGAWAM BOARD OF APPEALS

Notice is hereby given that the Board of Appeals will conduct a public hearing at the Agawam Middle School Cafeteria, 68 Main St., Agawam, MA on THURSDAY, JULY 9, 1998 at 6:30 P.M., for all parties interested in the appeal of CHARLES CALABRESE, who is seeking a Special Permit in accordance with Section 180-7 of the Zoning Ordinances, which would allow for the replacement of the existing two-family residential structure at the premises identified as: 133 NORTH WESTFIELD STREET.

Ronald A. Hebert
Chairman

Published: July 2, 1998

LEGAL NOTICE

LEGAL NOTICE

TOWN OF AGAWAM BOARD OF APPEALS

Notice is hereby given that the Board of Appeals will conduct a public hearing at the Agawam Middle School Cafeteria, 68 Main St., Agawam, MA on THURSDAY, JULY 16, 1998 at 6:30 P.M., for all parties interested in the appeal of ROGER S. GOSSELIN, who is seeking to extend a Special Use Permit (Case No. 1303) in accordance with Section 180-11 of the Zoning Ordinances, which would allow for the continued operation of a machine shop at the premises identified as: 1040 SPRINGFIELD STREET.

Ronald A. Hebert, Chairman

Published: July 2, 1998

ADVERTISER NEWS

LPVEC Classroom To Move To Phelps... School Officials Seek Temporary Solution To Ease Crowded First Grades At Granger School

by Kathy Cassanelli
News Editor

Less than a week after parents voiced concern over the number of students expected in the fall in first-grade classrooms at Granger School, School Superintendent Frank Ameruoso said the School Department has found a solution that will allow for the creation of a fifth classroom to reduce class size.

It took a little creative brainstorming from a mix of parents, school administrators, and School Committee members to find the space and the money to form a fifth classroom for first-grade students at Granger School, not to mention a little shuffling of students and staffing proposals.

A member of the subcommittee formed to work with parents and school administrators to explore all the options in an effort to satisfy the parents' concerns, School Committeewoman Susan Pettazzoni said three scenarios were offered as possible solutions.

First, assign full-time teaching aides in the four first-grade classes as recommended by The District Learning Team when class levels exceed 25 students. Second, parents were offered the option of sending their child to another school with fewer first-graders per class. Parents would be responsible for transportation.

Finally, the optimal solution of forming a new class hinged on finding room without sacrificing either the teachers' work room or the library/media center at Granger.

In the end, school administrators literally prowled through school buildings and the new additions looking for space for a new classroom. Mrs. Pettazzoni credited Phelps School Principal Robert Farrell for his efforts in finding a room to house a Lower Pioneer Valley Collaborative class for special needs youngsters at Granger.

Moving the class to Phelps freed up a classroom for use as a first grade at Granger. The money that was to have paid for teaching aides in the crowded first grades will now be spent to hire the fifth teacher, Mrs. Pettazzoni said.

Ameruoso added, "Fortunately, we were able to find space in the addition at Phelps to move the

collaborative classroom for one year. The move has been approved by the LPVEC and they are very pleased to find the room is located directly across from the handicap accessible bathrooms. It's a perfect location for the collaborative."

District-Wide Redistricting Study...

Ameruoso said the room was to have been used for one year only as an art room. After next year, the room will be needed as a regular classroom. By then, school officials are confident an ambitious district-wide redistricting study will solve the space problem at Granger and make room for the return of the LPVEC class by evening out class sizes throughout the district.

"We're hoping to have the redistricting study in the hands of the School Committee by next February so they can deal with any financial impacts of redistricting, if they are any, during the budget process," Ameruoso said.

At last week's School Committee meeting, parents whose children will be first-graders at Granger in September said they feared the children's educational needs could not be met until the School Department devised a way to lower class sizes.

Joann McGeoghan, the parent of a Granger first-grader, praised school officials for moving so quickly to solve the problem.

"The administration, the principals, and (Building Maintenance Director) Tony Albro have all been wonderful in putting their heads together in a cooperative effort to come up with the best scenario for the children. We can see that the kids are coming first and that's the way it should be."

At the School Committee meeting, Mrs. McGeoghan said she would be forced to reject her son's Individual Education Plan and look for placement outside the Agawam schools unless the class sizes were reduced at Granger.

"Unless another teacher is hired, there is no way my son's Special Educational needs will be met in a class of 28 students, even if there is a teaching aide in the classroom," Mrs. McGeoghan said.

Melconian Pushes For Home Care Services In State Budget

Senate Assistant Majority Leader Linda J. Melconian (D-Springfield) fought to include in the Senate version of the FY'99 state budget increased funding for elderly Home Care Services in response to federal cutbacks.

"My commitment to seniors and issues involving senior health services has never wavered," Melconian said. "Our office received over 300 letters and calls from seniors concerned about this issue. I pushed to increase the funding level for Home Care Services and Home Care Management because so many of our seniors rely on them not only to maintain a basic quality of life, but also, just as importantly, to remain in their own homes."

The Senate budget funded \$83,839,748 for Home Care Services and \$36,476,045 for Home Care Management. That is an increase over the House version of the budget of \$1 million for Home Care Services and \$4 million for Home Care Management. In addition, the Senate budget contains a \$10 million reserve to help offset the impact of Medicare cuts on the federal level.

Congress dramatically cut back on Medicare and Medicaid services when it passed the Balanced Budget Act of 1997. Thus, the burden was transferred to the state to provide many elderly services. The emergency reserve would be used to help provide a safety net for Massachusetts elders being placed at risk of losing their homes and independence by federal cutbacks in home health care services.

"Home health care is such an important program to help those who may only need a limited amount of care," Melconian said. "I will not let our seniors go unprotected."

The House and Senate have been meeting in conference committee to work out the differences in the two budget versions. The fiscal year ended on June 30th.

Remember, our deadline is each Tuesday at 12 noon...

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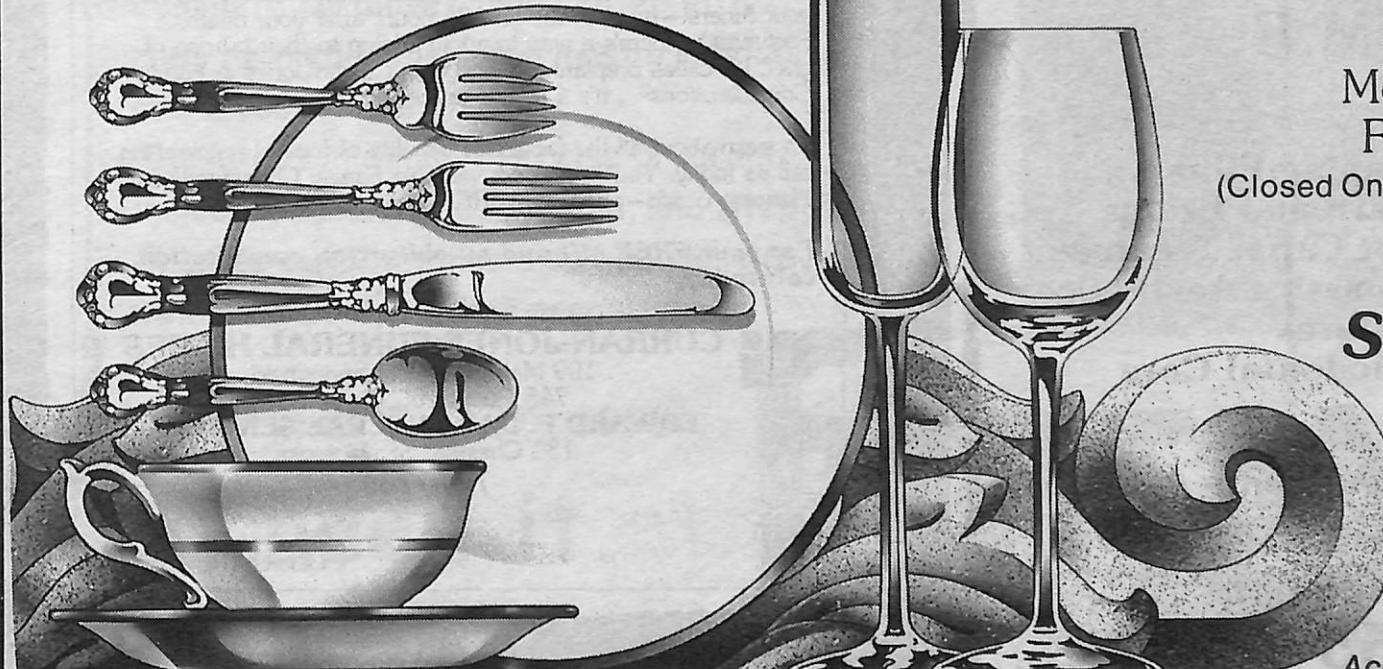
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SUSAN L. TEITEL (left) watches Lucille Drewnowski "tee off" during the Agawam Senior Center's recent Open House. Advertiser News photo by Jack Devine.

SENIOR CENTER - from Page 1...

Capital Improvement Plan...

Johnson's five-year capital improvement plan calls for spending \$100,000 in 2001 to design an expansion project at the Senior Center, with another \$1.25 million earmarked to construct an addition in the year 2002.

The addition will allow for greater client privacy, additional health programs, and more classroom and activity space. The interior facelift will help with potential overcrowding, but expansion is needed to meet anticipated future needs, according to Johnson.

State Senate Assistant Majority Leader Linda Melconian pledged to help the expansion plans in any way possible with the offer of technical assistance as well as fundraising and grant applications.

"The renovations here at the center fit into the changing times for seniors of the new millennium," Senator Melconian said. "Congratulations on the foresight to make this the best senior center in the county."

State Representative Daniel Keenan praised the center's staff and volunteers for making a difference in their community by bringing joy to other people.

"As a state representative, I help make laws, but the most important thing I've done is to make friends," Keenan said.

According to Senior Center volunteer Eleanor Geiger, who served as one of the official greeters taking visitors on a guided tour of the building, the center's new look, combined with the energy of the new deputy director and new activities director, gives the center an added sense of excitement.



AT THE SENIOR CENTER OPEN HOUSE, members of the Agawam Senior Games Athletes (ASGA) are all smiles about the renovations that have taken place at the Center during the past year. Advertiser News photo by Jack Devine.

"With the new staff and the renovations, we have much more interest and pep in the activities. It's just more fun," Mrs. Geiger said. "We've been energized throughout the year. Overall, the morale of the seniors and the staff has improved."

From floor to ceiling and from the reception area to the kitchen, Mrs. Geiger pointed out the new carpeting, furniture, bulletin boards, coat closets, and meeting rooms that have given the center a whole new look.

"There's a new display case for the senior athletes' citations and trophies. The library is newly enclosed with books on loan from the Agawam Public Library, and there's a new TV/sitting room," Mrs. Geiger said. "And, please don't forget to mention the memorial wall in the cafeteria," she added.

The Focal Point Of Attention...

The focal point of attention in the center's cafeteria, the memorial wall features a central display area for memorial plaques inscribed with the names of deceased seniors, flanked by display areas for awards to Senior Center volunteers and senior athletes. Like the rest of the Senior Center renovations, the wall was built by the town's maintenance craftsmen under the direction of Tony Albro.

Deputy Director Gail Freeman said the center regularly serves more than 1,800 seniors through their activities, health programs, and nutrition programs. On a typical day, the daily lunch program attracts 100 seniors to the center, and holiday parties draw capacity crowds close to 200.

The daily meals on wheels program reaches 130 housebound seniors five days a week.

Director Richard Mundo contrasted the difference in programming for seniors during his 15 years at the helm of the Senior Center. Mundo remembers six classes, including a group of six seniors, who met weekly for knitting lessons. Now, it's Tai Chi and golf. Soon, the center will offer Internet access to its patrons.

"In the next census, we expect to have over 6,000 Agawam residents over 60 years of age," Mundo said. "Right now, we are seeing two generations of seniors with younger seniors using the center along with their parents, and that will continue in the future."

When he was hired 15 years ago, Mundo advised his staff to "treat everyone here as if they were my parents. Now I tell the staff, treat everyone as if they were my siblings."

There's a lot more going on at the Senior Center than knitting lessons and bingo these days. In addition to the more traditional activities, seniors can take a tap dancing class, learn the ancient Chinese exercise system Tai Chi, become computer literate, or improve their golf game.

Duplicate bridge and cribbage players meet on Friday afternoon. The ladies' pool club has the use of the tables on Tuesday afternoon, and walking groups meet regularly on Tuesdays and Thursdays. Some of the special events on the July calendar included square dancing, a trip to Foxwoods Casino, an Independence Day party, and a luau. And that's just during the week. On the weekends, there's Sunday afternoon ballroom dancing and Saturday night bingo.

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the
State
Senate*



by State Senator Linda J. Melconian

Celebrating The Fourth At A State Park...

How can anyone not love summer in New England? The scenery is splendid, the weather balmy and nice, and flowers are in full bloom. Families can spend time together, enjoy the outdoors, and participate in recreational activities. Summer in New England makes us forget, for a few months, the cold, snowy conditions that winter often brings to our area.

This holiday weekend, we will all celebrate our nation's birthday. July 4, 1998 will mark the 222nd anniversary of the signing of the Declaration of Independence and our break with Great Britain.

There is something about a barbecue on the Fourth that lifts spirits and produces smiles. Children play, adults tell stories, and everyone has a wonderful time. It is a celebration, a time to remember that we are a free nation, a proud nation, a nation with a rich history.

We remember our founding fathers, men like Jefferson, Washington, Franklin, and Adams who had the foresight and vision to create a democracy built on life, liberty, and the pursuit of happiness.

In 1998, Massachusetts celebrates its own special birthday — the 100th anniversary of the Commonwealth's state park system. In honor of the anniversary, the Senate FY '99 budget allocated \$2.5 million for the Second Century Fund for park rehabilitation and improvements.

Parks are an important symbol throughout the state, providing families, children, visitors, and locals the chance to enjoy the beauty and splen-

dor that is inherent to our Commonwealth. From the Berkshires to Boston and right here in Hampden County, there are so many great parks to be enjoyed. We should all take advantage of the resources and opportunities located in our own back yard.

In Springfield, we are blessed to have Forest Park, one of several Olmstead Parks located throughout the Commonwealth. Forest Park, larger in area than Central Park in New York City, is a treasure not only to Springfield and Hampden County, but also to the entire Commonwealth of Massachusetts.

Every day, thousands of individuals from all over Hampden County run, bike, and picnic throughout the spacious park. The newly-renovated Victorian Carriage House is now open for senior banquets, weddings, and other social events. The summer months are especially pleasant in the park, with families and friends meeting to enjoy a hot day or engage in a friendly game of baseball, soccer, or frisbee.

As Frederick Law Olmstead, who designed Forest Park, Central Park, and 11 others in Massachusetts, said, "It is one great purpose of the park to supply to the hundreds ... of tired workers, a specimen of God's handiwork ..."

In Agawam, Robinson State Park provides area residents with a pleasant oasis to play sports like volleyball or softball, a relaxing area to plan a cookout, or just enjoy nature. It is a spacious park with a plethora of trees, flowers, and other foliage, and it contains a small lake for swimming and other water activities.

Chicopee State Park is another jewel of Hampden County. A lake larger than Robinson is available for swimming and fishing in a fresh water environment. Families can picnic and enjoy friends in a scenic and clean environment. In addition to the state parks, there are many other municipal and recreation parks all across Massachusetts.

I wish all of you a fantastic Fourth of July weekend. I hope you are able to take advantage of the wonderful resources available throughout our area and appreciate not only the 222nd birthday of our nation, but the 100th anniversary of the birth of the state park system in Massachusetts. We have a rich state heritage and our parks are at the top of the list.

FireWise...

by Fire Chief David Pisano

**Fireworks Are Spectacular
But Definitely Dangerous!!!**

The National Fire Protection Association reports that over 10,000 hospital-treated fireworks injuries have occurred in the United States since the mid 1980's.

In 1985, for instance, 15 civilian deaths were caused by fireworks-related fires, with another 11 caused directly by fireworks injuries. Also in 1985, \$36.4 million in direct property damage resulted from fires started by fireworks.

Most fireworks injuries occur around the Fourth of July celebration, but are not limited to that holiday. Many other holidays — Christmas, New Year's, Labor Day, etc. — have fireworks as a part of their celebration.

How can you use fireworks safely? There are no safe ways. Leave the use of fireworks to the professionals ... people who are trained in their proper use. In many states, including Massachusetts, fireworks are illegal. For the safety of you, your family, and friends, obey the law.

The Agawam Fire Department reminds you that fireworks are explosives that are unpredictable and can be deadly. For further information, contact the Agawam Fire Department at 786-2662.

LEGAL NOTICE

LEGAL NOTICE

**TOWN OF AGAWAM
AGAWAM CONSERVATION COMMISSION**

The Agawam Conservation Commission will hold a public hearing on Thursday, July 9, 1998 at 7:15 PM in the Faolin Peirce Community Room, Agawam Police Station, 681 Springfield Street, Feeding Hills, MA. The purpose of this hearing is to hear the petition of Thomas Liquori for work to be performed on Willow Brook Drive, subject to the Massachusetts Wetlands Protection Act.

By Order of Henry A. Kozloski, Chairman
Agawam Conservation Commission

Published: July 2, 1998

Our deadline is each Tuesday at 12:00 noon...

All the local news with us — AAN!!!

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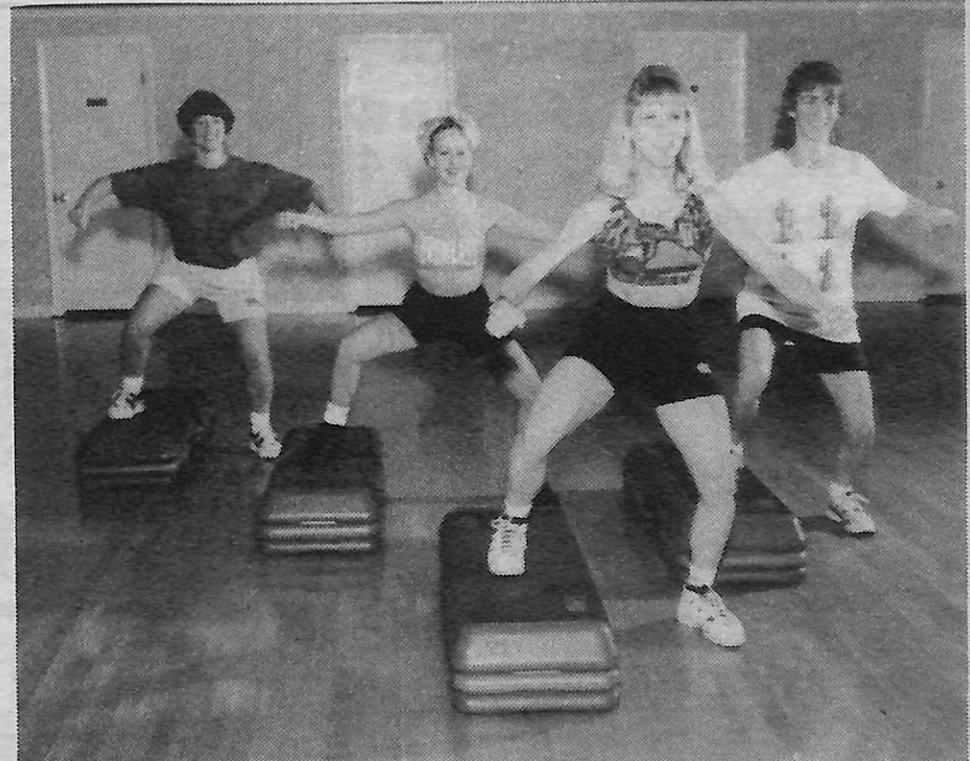
- ↳ Cybex, Nautilus and free weight equipment!
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Offer ends July 31, 1998!

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You know it.**



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(413) 786-1460



— Agawam Obituaries —

Thomas J. Carney, Jr.

Thomas J. Carney, Jr., 81, of Carmel Lane, Feeding Hills, formerly of Pine Valley Plantation, Belchertown, died in a Holyoke nursing home.

He worked more than 20 years at the former Springfield plant of the Westinghouse Corp. He then worked more than 20 years as a mail handler for the Postal Service before retirement.

Born in Springfield, he was a graduate of Cathedral High School and a communicant of St. Mary's Church, East Springfield.

He was also an Army veteran of World War II and served with the 331st Army Air Force Base Unit. He received the Good Conduct Medal, and many other citations.

He was a member of the American Legion Post 420 in Springfield.

During the 1930's, he was involved in the Civilian Conservation Corps.

He was the husband of the late Lucy "Bunney" (Payne) Carney, who died in 1993.

He leaves three sons, Thomas J. III of Muncy, Pennsylvania, and Terence M. and Mark H., both of Belchertown; two daughters, Mary Ann Frechette of Feeding Hills and Margaret B. Jones of Belchertown; 14 grandchildren; and five great-grandchildren.

He was the father of the late Kathleen Carney Lukasik.

The funeral was held at Sampson Liberty Street Funeral Home and in the church, with burial in Gate of Heaven Cemetery, all in Springfield.

Memorial contributions may be made to the Alzheimer's Disease and Related Disorders, Visiting Nurse Association, and Hospice of Western New England, Inc., P.O. Box 9058, Springfield, MA 01102-9058, or the American Cancer

Society, 53 Capital Avenue, West Springfield, MA 01089.

Warren C. Hall

Warren C. Hall, 65, of 96 City View Road, Westfield, a heavy equipment operator, died in a local nursing home.

He was a member of the Operating Engineers Local 98 in East Longmeadow and a former paper-maker at the Southworth Paper Co. in West Springfield.

Born in Agawam, he lived 35 years in Westfield.

He leaves his wife, the former Norma I. Cawley; two sons, Daniel E. Kibe of Northampton and Donald W. Kibe of Huntington; a daughter, Linda L. Kibe of Westfield; a sister, Della DeCarlo of East Longmeadow; and five grandchildren.

The funeral and burial in Middle Farms Cemetery was private, and Firtion-Adams Funeral Home was in charge of the arrangements.

Memorial contributions may be made to the American Cancer Society, 53 Capital Drive, West Springfield, MA 01089.

Nellie H. Ciak

Nellie H. Ciak, 90, of 199 Maynard Street, Feeding Hills, died in Baystate Medical Center.

Born in Springfield, she lived in Feeding Hills for the last 75 years.

She had worked at the former Carter's Clothing in Springfield.

She leaves a brother, Daniel J. Ciak, and two sisters, Stella M. Palinckx and Lillian M. Daubitz, all of Feeding Hills; three nephews; and eight nieces.

The funeral was held at the Agawam Funeral Home and in Sacred Heart Church, Feeding Hills, with burial in St. Stanislaus Cemetery, Chicopee.

Roger W. Heywood

Roger W. Heywood, 68, of 25 G Castle Hills Road, Agawam, formerly of 25 Fernwood Drive, died at home.

From 1982 to 1987, he was a foreman at ASE Precision Inc. From 1987 until retiring in 1994, he worked as a machinist at Raymond Industries.

Born in Springfield, he was a graduate of Agawam High School and Suffield Academy. He also attended Springfield College.

He was an Army veteran of the Korean War.

He was a communicant of St. John the Evangelist Church.

He leaves his wife, the former Gloria R. Stirlacci; a son, Paul J. of Sturgeon, Missouri; two daughters, Susan E. O'Brien of Oak View, California, and Nancy A. Bergstrom of Ludlow; and four grandchildren.

The funeral was at Colonial-Forastiere Funeral Home and in the church, with burial in Agawam Center Cemetery.

Memorial contributions may be made to the church, 823 Main Street, Agawam, MA 01001, or the Ludlow Boys and Girls Club, 12 Chestnut Street, Ludlow, MA 01056.

For all the hometown news, you turn our pages

LEGAL NOTICE

The Agawam Public Schools, Department of Special Services hereby notifies individuals, who were formerly enrolled in special services and terminated prior to July 1, 1993, that their special services records will be destroyed fourteen (14) days from the date of this publication. Anyone who wants their records must notify Agawam Special Services, 1305 Springfield Street, Feeding Hills, Massachusetts 01030 in writing by July 3, 1998. After July 3, 1998 the records will be destroyed.

**In Loving Memory Of
Michael C. Beshaw
On His Birthday - July 4**

July 4, 1959 - March 14, 1998

Our Special 4th Of July Sparkler



You live on in our hearts and prayers always, and any good we can do for someone, we do in your memory.

We pray to God to give you the peace and happiness you tried so hard to find.

Now you can see your beloved Pittsburgh Steelers with clear eyes, and cheer them on from your home in heaven.

Love you and miss you so much.

Mom And All Your Family

If you are planning to buy or sell... Call Ray First!



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Zoning Board Of Appeals Grants Approval...**Riverside Park Gets Special Permit For Bridge Over Troubled Main St.**

by Kathy Cassanelli
News Editor

After a 45-minute public hearing, the Zoning Board of Appeals (ZBA) approved a special use permit allowing Riverside Park to construct a safety bridge to transport park patrons from the parking lot on the west side of Main Street to the amusement park on the east side, without interrupting the flow of traffic past the park.

The ZBA decision was a step forward for the park in solving the traffic woes that led to the cancellation of this summer's concert series (until park officials are satisfied they can handle special events without causing traffic to back-up onto Main Street).

Riverside General Manager Bill Muirhead said materials to construct the prefabricated bridge are on site, and the contractor is on notice and construction could be completed within a two-week timeframe. However, Muirhead doesn't expect to see the bridge spanning Main Street anytime before August and possibly not until the summer is over, pending a possible appeal of the ZBA decision.

During the ZBA's public hearing, Alfred Pajer, owner of Ferruccio's Banquet House across from the park, challenged the board's authority to grant a special use permit and stated the three-member board must deny Riverside's request.

"I think you're overstepping your bounds and should consult with legal counsel before making a decision," Pajer said.

ZBA members did not agree and voted unanimously in favor of granting the permit, subject to conditions designed to ensure continued oversight of Riverside's traffic control plans.

... An Ongoing Process ...
"This is going to be an ongoing process. We have to continue to work together to see that the board remains involved, and we would like the input of the Planning Board and the Conservation Commission," according to ZBA Chairman

Ronald Hebert.

After the meeting, Pajer was unsure if he would avail himself of the 20-day period where any resident can file an appeal of the board's decision in housing court or in Hampden County Superior Court.

"We have 20 days to decide, and I'm still trying to sift through this information with my personal lawyer," Pajer said.

Muirhead said even though challenges to ZBA decisions usually receive expedited treatment by the court, it would likely be 90 days before a decision was rendered, forcing the park to continue to rely on extra police officers to stop traffic at the parking lot crossing and drop-off area, and to direct traffic through the cones delineating the lanes for traffic moving into and past the park entrances.

Muirhead said the park has been notified they have received approval for an air rights permit to build a bridge across a state highway, but the permit cannot be issued until the State Department of Environmental Protection renders a decision on Riverside's plans for adding paved parking spaces. That decision is expected in mid-July.

Muirhead said the safety bridge would be incorporated into the Agawam Beautification Committee's Gateway Project, with the decorative theming of the bridge subject to the Planning Board's approval.

The bridge will be 80 feet long, 19.5 feet high, and 32 feet wide. There will be two lanes for vehicular traffic and a pedestrian walkway.

Although the bridge will have full load bearing capacity for the tractors, trucks, and trailers used by maintenance and construction crews at the park, park officials said patrons will be transported from the parking lot and across the bridge in trams.

Why not surprise your loved ones with a "Birthday Ad" in The Agawam Advertiser News. They cost just \$30, so bring in yours today.

Best local news...

**Happy 16th
Birthday,
Lisa!**

Love,
Mom, Mark, Sean,
Jenn & Christine

**Roberts Bros. Circus
To Perform At Polish Club On Fri., July 3rd**

The Roberts Bros. Circus is coming to FEEDING HILLS on FRIDAY, JULY 3rd. Roberts Bros. Circus is family-owned and operated and is dedicated to entertaining the child in all of us.

This circus has toured the United States since 1974. With a crew of about 45 people, the circus will change an empty field into a magical wonderland for the day.

This year's 90-minute performance features clowns, aerialists, high acts, jugglers, llamas, liberty ponies, performing poodles, Lisa the elephant, and much more. There are many things to do out on the midway before the show starts, so come early. The circus will erect its giant tents at the POLISH AMERICAN CLUB GROUNDS. Showtimes are 5:30 p.m. and 7:30 p.m.

A free tour is offered at 9:30 a.m. the morning of the circus. This is great fun for school groups and individuals to watch the circus tent being set up. You may even be in time to have breakfast with Lisa and some of the other animals. No prior arrangements are necessary.

LEGAL NOTICE**LEGAL NOTICE****TOWN OF AGAWAM
PUBLIC NOTICE**

Notice is hereby given under General Laws Chapter 138, that Riverside Park Enterprises, Inc., d/b/a Riverside Park, Jason Freeman, Manager, 1623 Main Street, Agawam, MA, is requesting an expansion of their Beer and Wine License to encompass the area of the Waterpark, with intentions of serving beer and wine based frozen drinks during the Waterpark's normal operating hours of 11:00 a.m. to 7:00 p.m.; to serve beer and wine based frozen drinks after the Waterpark's normal operations (after 7:00 p.m.) for catered parties and special events; Licensed area to include food court, one portable cart and waiter/waitress services to seating areas by food court and pools. Public Hearing to be held on July 14, 1998 at 7:00 p.m., in the Faolin Peirce Community Room, Agawam Police Headquarters, 681 Springfield Street, Feeding Hills, MA.

LIQUOR LICENSING COMMISSION
Robert Vanderhoof, Chairman
Richard A. DiLullo
John J. Chriscola, Jr.

Published: July 2, 1998

ADVERTISER NEWS**Drs. Joseph M. & Katherine S. Schlaffer****Schlaffer Chiropractic**

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For An Appointment—Call 789-1369 Or 789-1073

Serving The Agawam Area For 15 Years



Families

Leading The Lions For A New Year...



OUTGOING LIONS CLUB PRESIDENT Robert Loomis (right) hands over the gavel to incoming President Robert Campbell. Advertiser News photo by Jack Devine.



ON JUNE 17TH, members of the Agawam Lions Club gathered to elect the following men (from left to right) as the club's new officers: Robert Germano, Christopher Johnson, Robert Campbell, and Robert Loomis. Advertiser News photo by Jack Devine.

Another "Season" Of Cribbage Has Come To An End!

This has been a very good year for cribbage at the Agawam Senior Center. There have been three tournaments with 40 participants.

The last tournament ended on June 26th. Ed O'Brien had the high score of 80 with 290 spread points. Joan Williams was second with a score of 73 with 223 spread points, and third was Ernie Moccio with a score of 72 and 198 spread points.

Congratulations to our high scorers and all who participated, especially to those five players with perfect attendance: Maurine Bellemare, Ed and Edna Kryznowski, Ernie Moccio, and Joan Williams.

I wish to thank Alice Bishop and Edna Duca for filling in when I was absent.

Tournaments will resume on Friday, September 4th, at 1:00 o'clock at the Agawam Senior Center. All senior cribbage players are welcome.

Program On "New Views Of Mars" At Agawam Library

Learn all the news about Mars at the Agawam Public Library's program "New Views of Mars" on Wednesday, July 8th, at 6:30 p.m.

James Yankee, the Planetarium Director at Enrico Fermi High School in Enfield, Connecticut, will show us 3-D images from NASA's Pathfinder & Sojourner's explorations of Mars. Also, images from the Hubble Space Telescope will be shown.

Due to its popularity in previous years, each participant will receive a set of worksheets to take home, including suggestions for "Projects to Make & Do," featuring a NASA Hubble Space Telescope, Space Shuttle, and Mars Pathfinder & Sojourner.

This program is for adults and children ages eight and up. Sign up in person at the library or by phone at 789-1550.

The staff of The AAN wishes everyone a happy and healthy Fourth of July!!!

American Academy Of Ballroom Dance Announces Schedule For July And August

The following is the July/August schedule for the American Academy of Ballroom Dance Inc., located at 33 Russo Circle, Agawam.

Every Monday Night: **Beginner Group Class & Dance Party.** Starting at 8:15 with a group class. Followed by open dancing from 9:00 to 10:30. Light snacks and beverages will be served. \$5 admission per person. Come with or without a partner.

Every Tuesday Night: **Advanced Technique Group & Practice Session.** 8:15 to 9:00 Advanced Group Class. Followed by a practice session for those involved in group from 9:00 to 10:00. Come

with or without a partner.

Every Friday Night: **Group Class & Dance Party.** \$10 admission includes: Social Group Class from 8:15 to 9:00, and open dancing following from 9:00 to midnight. Light buffet and beverages served. Come with or without a partner.

All group classes will be taught U.S. Ballroom Champion Stephen Verducci. (Please note that we will NO LONGER be holding our Sunday Tea Dances.)

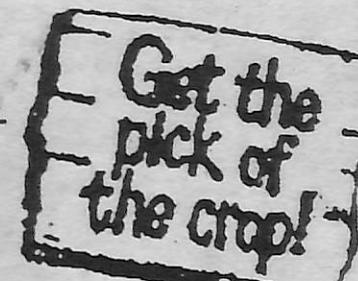
For further information, contact the American Academy of Ballroom Dance Inc. at (413) 786-5125.

For copies of his photos in this edition, contact AAN photographer Jack Devine at 789-0053. Thank you!

CALABRESE FARMS

FRESH FROM OUR FIELDS:

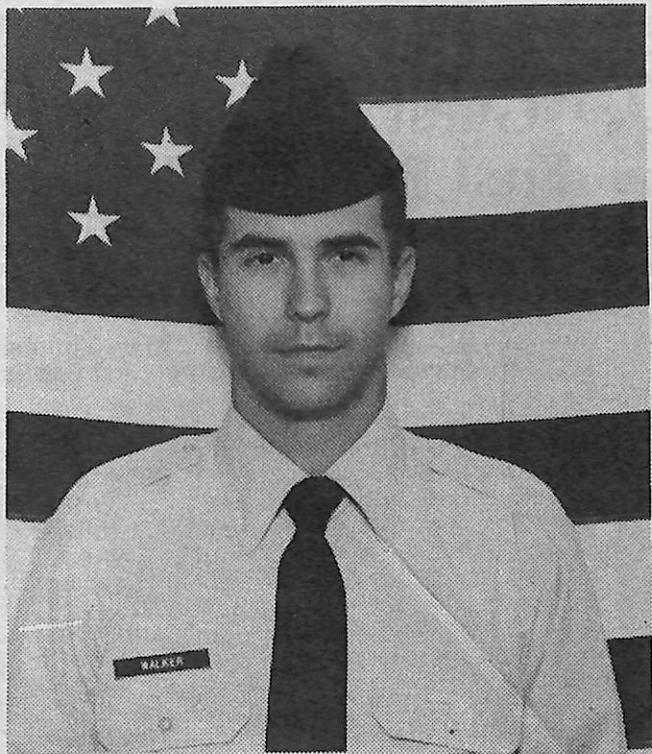
Lettuce, Peas, Beets,
Beet Greens, Radishes,
Green & Yellow Squash & Broccoli



AND FROM OUR GREENHOUSE Tomatoes & Peppers

~ Plant Clearance Sale ~

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SOUTHWICK, MA • (413) 569-6417



DANIEL R. WALKER

Daniel R. Walker Graduates From Air Force Basic Training

Air Force Airman Daniel R. Walker has graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

During the six weeks of training, the airman studied the Air Force mission, organization, and customs and received special training in human relations.

In addition, airmen who complete basic training earn credits toward an associate degree through the Community College of the Air Force.

Walker is the son of Dianne J. McLeod of 84 Parkview Drive, Feeding Hills, and Stanley W. Walker of 235 Cathance Road, Topsham, Maine.

The airman is a 1997 graduate of Agawam High School.



MICHELLE BURROUGHS AND DAVID DEAN

Michelle Burroughs Is Engaged To Wed David Dean

Mrs. Linda and Mr. Kenneth Dean of Agawam are pleased to announce the upcoming nuptials of their son, David Dean, to Michelle Burroughs, who were engaged last August.

Michelle is a 1992 graduate of Natick High School and a 1996 graduate of Regis College. She is currently obtaining her master's degree in Educational Psychology and Counseling at the University of Connecticut.

David Dean is a 1990 graduate of Agawam High School and a 1996 graduate of Northeastern University. He is currently employed as a pharmacist for CVS/Pharmacy in Connecticut.

An October 11, 1998 wedding is planned.

Ag. Senior Center's Weekly Lunch Menu

Monday, July 6th: Meatballs & ziti, broccoli & cauliflower, multigrain rolls, plums.

Tuesday, July 7th: Cold plate (chicken salad, macaroni salad, tomatoes & cukes), bread sticks, birthday cake.

Wednesday, July 8th: Pork chops, mashed potatoes, carrot coins, whole wheat bread, jello with fruit.

Thursday, July 9th: Vegetable soup, quiche, summer roll, rudi roll, mixed fruit.

Friday, July 10th: Baked fish, potato salad, cole slaw, rye bread, pineapple. (Menu subject to change without notice.)

AHS's Class Of 1978 To Hold 20th Reunion

The Agawam High School Class of 1978 will be holding its 20-year class reunion on Saturday, November 28, 1998 at the Tekoa Country Club in Westfield.

Details will be sent out at a later date. If you have moved in the last five years or know of anyone who has, please let us know. We need to update our mailing list.

We are also looking for anyone who has any memorabilia from our class in 1978. Please drop a note to Shelley (Borgatti) Reed, 10 Shelley Lane, Feeding Hills, MA or call Lisa (Kamyk) Johnson at (413) 789-2335.

Agawam Lioness Selling Coverlets & Pillows

bridge built over the Agawam River in 1850. The pillows are \$15.

If interested, contact Joanne Rocca, 27 Clover Hill Drive, Feeding Hills, MA 01030.

The above are great gifts for graduates.

Check our classified ads in each edition

Best local
news...



We help
kids with
asthma
breathe
easier.
So their
parents can,
too.

The American Lung Association
fights lung disease by helping
kids and their parents control
asthma. Call 1-800-LUNG-USA
to learn more.

Because, when you can't
breathe, nothing else matters.

**AMERICAN
LUNG
ASSOCIATION**

1-800-LUNG-USA

PARTHENON

**Pizzeria
Restaurant**

835 Suffield St. (Rte. 75), Agawam

**We Are On Vacation
From July 1st
Through July 7th.
We Will Re-Open
On July 8th.**

Have A Happy And Safe
July 4th Holiday!



Church News



Reflections...
submitted by
Rev. Peter Monahan
Pastor of the Church
of the Apostles,
Suffield, CT
(860) 668-4444 or
(413) 786-8735

Freedom

Perhaps one of the things which unites virtually every human being on the face of the earth is our common yearning for freedom. Our president and the president of China discuss the differences of their views, but the central point of their discussion is the issue of freedom.

The Chinese leadership insist they, too, are for freedom; they just differ from their American counterparts in how freedom is best achieved. The Chinese emphasize the importance of the community at large, while we Americans stress individual independence.

God's heart also yearns for people's freedom. When Israel was enslaved in Egypt, God acted decisively to free them. The Exodus is one of the focal points of Israel's history. Years after the event, the Psalmist cried out, "Come and see what God has done: He is awesome in His deeds among mortals. He turned the sea into dry land; they passed through the river on foot," almost as though it had just happened.

God gives perfect freedom to everybody, unlike humans. But then again, God is perfect in all He does, again, unlike humans. God won't force Himself on anyone; He even gives people the freedom to reject Him, if they want to.

Jesus instructed His disciples, "But whenever you enter a town and they do not welcome you, go out into the streets and say, 'Even the dust of your town that clings to our feet, we wipe off in protest against you.'" Then He told them to move on.

St. John's Over-60 Club Plans Four-Day Trip For November

St. John's Over-60 Club from St. John the Evangelist Church has a four-day trip planned for November 3rd through November 6th — "Lancaster Show Stopper" with Noah and Gettysburg.

The cost is \$370 per person (double occupancy), which includes all tips for the bus driver and the tour guides.

We invite anyone to join us. For more information, please call Lil Doyle, 786-9586.

Rev. Monahan is another reason why you turn our pages

God loves each person passionately, but He'll let us reject Him, if we insist on being that foolish. God is also honest with us, and has already told us the consequences of making the wrong choice.

Do not be deceived; God is not mocked, for you reap whatever you sow. If you sow to your own flesh, you will reap corruption from the flesh; but if you sow to the Spirit, you will reap eternal life from the Spirit. So let us not grow weary in doing what is right, for we will reap at harvest time, if we do not give up.

Not surprisingly, the devil is not nearly as gracious. The devil is very cunning, and he has no respect for our free will. The devil will stop at nothing to destroy each of us.

Although Satan advertises freedom, his product is always tyranny and bondage. Satan is not too unlike the cigarette advertisers. The billboards all make it look great to smoke their brand of cigarettes, but the truth of the matter is that if you or I injected those poisons into another person's body, we'd be indicted for murder.

Anybody who has ever fallen for the deceptive promises of freedom and life from the cigarette companies can tell you it's nothing more than an awful trap. The medical community estimates that cigarettes are more addictive than cocaine. Some freedom!

The late Janis Joplin sang that "freedom's just another word for nothing left to lose," but she was wrong. Freedom is not about emptiness and nothingness. That's not freedom, that's just plain depression.

Freedom is the ability to live life to its fullest, which is what God has made possible for each of us through Jesus Christ. Jesus said, "I have come that they may have life, and have it abundantly."

When we choose to embrace the freedom God alone can give us, we put ourselves in a place where He can do for us what He really wants to do. You shall see, and your heart shall rejoice; and your bodies shall flourish like the grass; and it shall be known that the hand of the Lord is with His servants.

Bethany Church To Offer Vacation Bible School

Bethany Church of 580 Main Street, Agawam will host "Sonlight Island Vacation Bible School" July 20th-24th from 9:00 a.m. to 12:00 noon.

Join us for a tropical treasure hunt on Sonlight Island! You'll have fun in the warmth of the Son, with Bible stories, crafts, games, snacks, songs, and skits. Discover the greatest treasure of all, God's love, as you explore 1 Corinthians 13.

For more information, call 413-789-2930.

Guest Speaker At First Baptist Church

The ordinance of holy communion will be celebrated this Sunday morning at the 9:30 a.m. service of worship at the First Baptist Church, corner of Main and Elm Streets.

The guest speaker will be Rev. Mary Zimmerman. Mary grew up in Agawam, and First Baptist Church was her home church.

She attended Boston University and graduated from Andover Newton Theological Seminary. She was ordained by the Disciples of Christ and the American Baptist denominations.

Rev. Zimmerman has authored and published a religious children's book entitled, "And The Children Say Amen." Mary presently resides in Lynchburg, Virginia, with her family.

Rev. Zimmerman will speak on "Faith, Fear and Fervor." She will use as her scriptural text 1 Corinthians 2: 1-13.

Assisting her in worship will be Board of Deacons Chairman Everett Hodge. Ray Williams, Sr. will lead the responsive reading.

Following worship, there will be a coffee and conversation hour in Davis Hall. Nursery care is provided for the morning's activities.

You are cordially invited to attend our services.

Teen Challenge Choir To Appear At Harvest Assembly Of God

Harvest Assembly of God will be hosting the New Creation Choir from the New Haven, Connecticut Teen Challenge on Sunday, July 5th, at 6:00 p.m.

They will offer inspiring contemporary Christian music and testimonies of the transforming power of Jesus Christ in their lives.

Teen Challenge is the most successful program of its kind in helping those with the controlling and destroying influences of alcohol and drugs.

The concert will be held, weather permitting, on the church lawn at 121 Union Street, West Springfield (at the corner of Union and Bliss Streets). Otherwise, it will be held in the church.

There will be a free hamburger and hot dog cookout and family games at 4:00 p.m. All are welcome.

For more information, you may call the church at 739-1234.

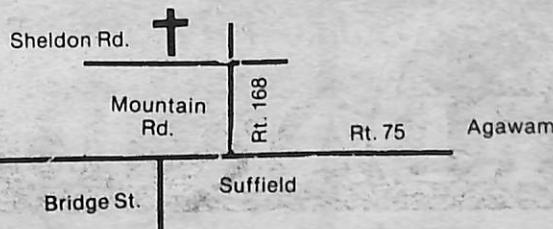
Please remember — our deadline is each Tuesday at noon...



Church of the **APOSTLES**
A Foursquare Gospel Church

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- Sunday Service At 9:30.
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Church News - continued...

A "South Of The Border" Flavor At St. David's...



DEBBIE MURRAY (ABOVE) AND SAVANNA LANGHELD (BELOW) at the Mexican supper held at St. David's Church. Advertiser News photos by Jack Devine.



SAY "OLE"!!!! Earlier this month, St. David's Episcopal Church was the site of a Mexican supper featuring zesty food and entertainment. The evening's festivities were enjoyed by both the young and young-at-heart parishioners (above). Advertiser News photo by Jack Devine.

Calendar Of Upcoming Events And Activities At St. John's Church In Agawam Center

BIBLE CAMP

Our annual Bible Camp for children ages four through eight will be held during the week of July 6th-10th.

Camp will start at 9:30 a.m. and end at 12:00 noon each day. Registration forms are available in the Parish Office.

RELIGIOUS EDUCATION NEWS

CCD Registration for 1998-99: Come to the Parish Office during business hours. All reastra-

tions should be in by September 1st so the program can get off to a smooth start. *But the earlier the better.*

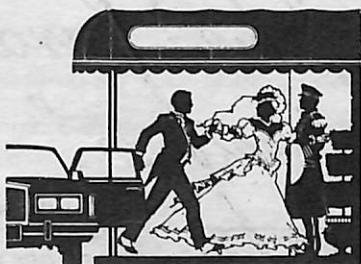
Child safety has led to a New Schedule for classes: Grades 1-4, Saturday morning 9:00 to 10:00 a.m. (same); Grades 5-7, Tuesday evening 6:15 to 7:15 p.m.; Grades 8-10, Monday evening 6:15 to 7:15 p.m.; Confirmation Grade 11, Monday evenings 7:30 p.m.

SEE ST. JOHN'S - Page 14...



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at Geissler's, we will be*

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all day
SATURDAY, JULY 4th

*so that our employees may celebrate this
very important day with their families.*

Church News - continued...

Weekly News And Notes From Feeding Hills Congregational Church

Volunteers are needed to make desserts for the Open Pantry this Wednesday, July 8th. If you are able to make a dessert (brownies, sheet cake, cookies, etc.), please have your contributions to the church kitchen by 12:00 noon on Wednesday.

A sign-up sheet is located on the bulletin board in Griswold Hall.

You are welcome to join with us at the Feeding Hills Congregational Church, which is located at 21 N. Westfield Street in Feeding Hills. Summer worship hour begins at 9:15 a.m. and will include a Service of Holy Communion.

The lectionary readings for this Sunday, the fifth Sunday after Pentecost, are 2 Kings 5:1-14, Psalm 30, Galatians 6:(1-6), 7-16, Luke 10:1-11, 16-20.

The sermon title this week is "Only Those with Faith Need Apply." Children are welcome to attend worship with their parents; nursery care will be provided for the very young.

ST. JOHN'S - from Page 13...

OVER-60 CLUB

The next trip for the group is to the Saratoga Performing Arts Center for "Jewels," a full-length ballet.

Date: July 9th. Cost: \$57. If interested and would like to be on a waiting list, call Lil, 786-9586.

The Planning Committee will meet on Thursday, July 16th, at 10:00 a.m. in our Fr. Joyce Room. We welcome new ideas and procedures as we formulate our schedules for 1998-99 trips and speakers.

AGAWAM CATHOLIC
SINGLES CLUB SCHEDULE

No Monthly Meetings during July and August. Regular meetings will resume in September.

BUILDING AND GROUNDS COMMITTEE

Will meet July 10th at 7:30 p.m. in the Parish Center.

LAY MINISTRY CERTIFICATES

The Diocese of Springfield recently awarded lay ministry certificates to three members of St. John's. We extend congratulations to Carol Ann Flood, Madonna McKinley, and Annette Reynolds for their dedication and achievements as they continue to offer their services to our parish community.

If anyone else is interested in pursuing this course of study, please contact Sr. Fran White.

Vacation Bible Camp Is Coming To Agawam Congregational Church

The Summer Vacation Bible Camp at Agawam Congregational Church, 745 Main Street, Agawam, is scheduled for July 27th through July 31st, from 9:00 to 11:30 a.m. Children ages two through the sixth grade are welcome to attend the camp. Older youths can volunteer as helpers to assist the teachers.

The cost of the camp is \$7 per child; the third

Don't forget! Next Sunday, July 12th, we will have our monthly collection for the West Springfield/Agawam Open Pantry. Bags of groceries and articles of clean, usable clothing are needed.

Please bring your items to the Open Pantry table in the sanctuary. If you are unable to donate a bag of groceries, envelopes will be available in the sanctuary on the Open Pantry collection table for cash donations.

Members of this church interested in attending an all-church retreat at Warner Farm are welcome to do so July 11th. The retreat, led by the Rev. Rich Fournier of Old First Church, will include a day-long introduction and invitation to the Christian spiritual life.

Our day together will alternate among presentation, discussion, solitude, and fellowship as we explore ways in which we can develop and deepen

our relationship with the spirit, in our lives and in the life of the world. There is also an option to spend the night and extend the retreat for another day.

Those interested in attending are asked to speak to Diane Fiejdasz (786-3022) or use the sign-up sheet in Griswold Hall.

Please note that there will not be a Council meeting on Monday, July 6th. The next meeting will be held on Monday, August 3rd, at 7:30 p.m.

On the calendar:

Thursday, July 2nd: 7:00 p.m., A.A.

Saturday, July 4th: Enjoy a safe holiday!

Sunday, July 5th: 9:15 a.m., Service of Holy Communion.

Tuesday, July 7th: 7:00 p.m., A.A.

Wednesday, July 8th: 12:00 noon, Desserts needed for Open Pantry.

Thursday, July 9th: 7:00 p.m., A.A.

Fourth Of July To Be Commemorated At Agawam Congregational Church

West Springfield Open Pantry

The Summer Vacation Bible Camp is scheduled for July 27th through July 31st, from 9:00 to 11:30 a.m. Children ages two through the sixth grade are welcome to attend the camp. Older youths can volunteer as helpers to assist the teachers.

The cost of the camp is \$7 per child; the third child is free! Registration forms are available in the church office.

We now have nine adult helpers, but we need at least 16 more! Please consider taking time to help us out to make this camp a huge success. Without YOU this cannot happen!

For more information, you may call the church office at 786-7111.

The Adult Education Classes will continue this Sunday, July 5th, at 11:00 a.m., held in the Church Library, following the Worship Service.

All are welcome to attend this class.

The Summer Church School curriculum for church school ages pre-school through sixth grade continues. The program curriculum, "The Whole People of God," will be held downstairs each Sunday following the Children's Message, where there will be one class for all the children attending.

This program will run through the summer months.

The Open Pantry item for this Sunday is napkins.

Items collected will be donated to the Agawam/

There will be baseball trip on Monday, August 24th, to New Britain, Connecticut, to see the New Britain Rock Cats (TWINS) play the Trenton Thunder (RED SOX). This night game is a family four-pack evening which includes four tickets, four hot dogs, four fountain sodas, and four boxes of popcorn for only \$29.

The prepaid deadline is August 10th. The group will carpool at the church at 5:00 p.m. to leave for the game. Please call the church office at 786-7111 for more information.

Nocturnal Adoration Soc. To Meet July 3rd

The Nocturnal Adoration Society of Agawam and West Springfield will meet at Saint Anthony's Church in Agawam to conduct and pray the Office of the Blessed Sacrament, Friday, July 3rd from 7:00-11:00 p.m.

All are invited to come and spend an hour in Eucharistic Adoration.

*"Now the Lord is
the Spirit, and where
the Spirit of the Lord
is, there is freedom."*

- 2 Corinthians 3:17

As we celebrate our country's independence, remember we must live as free men and live as servants of God.

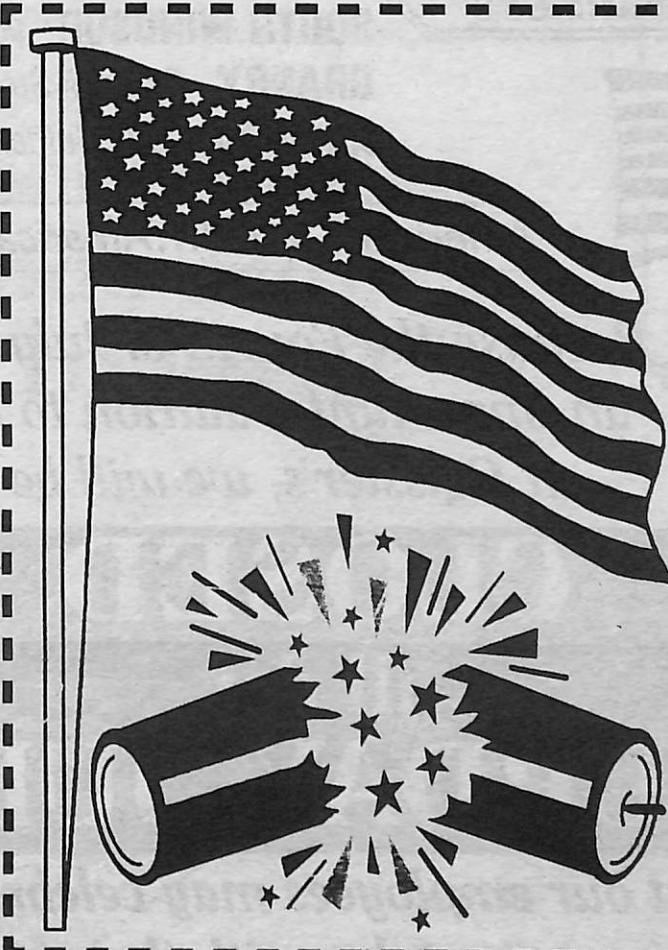
St. David's
Episcopal Church

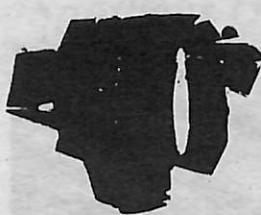
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Worship Services: Saturday 5 pm & Sunday 8 am & 10 am
Sunday School & Nursery Care: Sunday 10 am

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Spotlight On Business

Work Opportunity Ctr. Holds Eighth Employer Appreciation Breakfast

Work Opportunity Center, Inc., held its eighth annual Employer Appreciation Breakfast on June 12th at The Oak Ridge Country Club in Agawam.

The Center is located in Agawam and has been providing the developmentally disabled of the greater Springfield area with vocational training and community employment since 1969. Its main mission is to procure community employment for individuals.

Executive Director Robert F.L. MacDonald said, "Employment of individuals with developmental disabilities is a partnership between the business community, Work Opportunity Center, transportation providers, and the individuals themselves. Through this partnership, developmentally disabled individuals are able to realize their dreams of securing better employment and community membership."

MacDonald presented the awards to this year's winners, which included Sheila Ducharme of Agawam, who received an Outstanding Achievement Award. This award is given to developmentally disabled individuals who are currently employed by an area business for two years.

Quality Employment Awards, which are given to businesses who have hired a developmentally disabled individual and that individual has become a regular employee of that institution, went to such area merchants as Geissler's Supermarket of Agawam and Agawam Public Market of Agawam.

SEE BREAKFAST - Page 16...



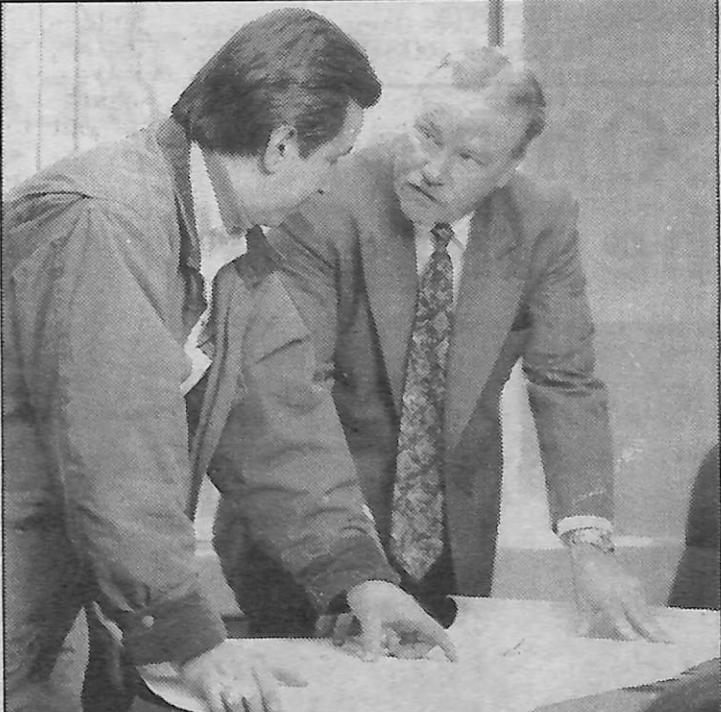
SHEILA DUCHARME (second from left) holds the Outstanding Achievement Award that she received during the Work Opportunity Center's Employer Appreciation Breakfast held on June 12th. Pictured with Sheila are Mary Jenewin-Caplin, representing Governor Paul Cellucci; Brett Hudson, General Manager of Boston Billiards; and Robert MacDonald, Executive Director of the Work Opportunity Center, Inc.

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Spotlight On Business - continued...



COMMON SENSE
with
Raymond Rose
THE PIONEER GROUP

Are You Addicted To Credit Cards???

Being a mortgage officer, I review credit reports every day. Those that have bad credit always blame their rating on their credit cards ... when, in fact, the problem is poor money management.

Even those who are not in trouble may want to reconsider their use of credit cards, unless they always pay the entire bill in full each month. The reason ... under the tax reforms from several years back, deductions for credit card interest are no longer available.

You may want to just cut up your credit cards and try to get by without them ... but you must remember, we live in a credit card society. It's critical for you to learn self-discipline and intelligent spending habits to take advantage of the convenience (and the savings) of credit cards

WHAT SHOULD I DO?

* Limit yourself to only two or three credit cards. A bank card covers almost all purchases ... you may want one for business ... one for your personal purchases ... and perhaps one from your favorite department store. (Shop around for low-fee or no-fee bank cards. Don't get hooked into expensive "status cards.")

* Record all of your charges in a small memo book that you carry with you. Keep a running balance of how much you've charged for the day ... for the week ... for the month. Will you have sufficient funds to pay off the balance in full when the bill arrives?

* Put a "cap" on your credit limit ... don't let the credit card companies set it for you! They're always happy to reward you for being such a "good customer." If you must, call the banks now and reduce your limits if you're having a problem controlling your spending.

(Special warning ... as a mortgage officer, I always look at an applicant's credit limit. Even though the applicant may have low balances on their accounts, I realize that they could go out and "charge up a storm" overnight.)

* Spend no more than 10 to 15 percent of your monthly take-home income on consumer debt (this is a general guideline ... though someone with low income should allow for a lower percentage). This includes car loans, credit cards, etc.

If your monthly payments for debts exceed that amount, you're probably headed for trouble. You should stop incurring new debt until *all* your credit cards are paid off *in full*. Then follow your budget/spending plan properly.

SEE RAY ROSE - Page 17...

Oh No! The Big 6-0



**Shirley Provost Poirier
You Could've Fooled Us!**

Much Love,
All Of Your Family & Friends



MICKEY WOODS (center), Manager of Geissler's Supermarket of Agawam, holds a Quality Employment Award that was given to Geissler's at the Work Opportunity Center's recently held Employer Appreciation Breakfast. Offering their congratulations are **Mary Jenewin-Caplin**, representing Governor Paul Cellucci, and **Robert MacDonald**, Executive Director of Work Opportunity Center, Inc.

BREAKFAST - from Page 15...

Representing Governor Paul Cellucci was **Mary Jenewin-Caplin**, Director of Governor Cellucci's Western Massachusetts Office. Mary delivered remarks on behalf of the Governor. She also presented each award recipient with a Gubernatorial Citation.

The keynote speaker was **Margaret Van Gelder**, who is employed in the central office of the Department of Mental Retardation as the Director of Employment Supports. She is also President of

the Massachusetts chapter of the American Association of Mental Retardation.

At the close of the breakfast, MacDonald said, "Corporations who employ individuals with developmental disabilities should be commended. These corporations will become role models for other companies in the future. They realize hiring individuals with developmental disabilities is a prudent business decision because they gain an employee who is appreciative of the opportunity to work and demonstrates a good work ethic."

RAY ROSE'S COLUMN, "Common Sense," is a weekly feature of The Agawam Advertiser News...

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Do you know the age of your tank or when it was installed?

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Spotlight On Business - continued...



Travel Talk...

by Lori Keeley, CTC
Travel Connections, LTD
10 Chestnut Street
West Springfield, MA 01089

Buying Airline Tickets...

At some point in our lives, many of us will have to purchase airline tickets to visit a loved one or to take the family on that special vacation. For the first-time flyer, making your airline reservation and purchasing tickets can be very difficult and confusing without the proper information.

Before you call a travel agent for prices, you will need to ask yourself a few questions:

1. **What airport will I be flying from?** Do not assume the person on the other end knows that you live closer to Boston.

2. **What is my destination?** If you are traveling to a small town, there may not be an airport. A travel agent can tell you the nearest airport to the city you are going to.

3. **When do I want to travel?** Are my dates flexible by a day or two? Many airlines offer lower fares for off-peak travel times. Ask the agent if midweek travel is lower.

4. **How many people are traveling with you?** Are any of them senior citizens? Many airlines will offer a senior discount plus a companion when traveling together. You must be 62 or older.

5. **Are you attending any group or convention?** This applies to business travel.

6. **Be prepared to purchase the ticket the day you make your reservation.** The lowest fares are non-refundable, non-transferable, and must be purchased within 24 hours.

7. **If you are willing to drive two to three hours for a better airfare, tell your agent.** There are a handful of airports within a short drive of Springfield (Hartford, Boston, New York, and Newark), and some airline prices may vary by \$200 to \$300 or more.

8. **Ask the name of the person you are speaking with in case you need more information.** When you call back, they will have a file of your request.

9. **If you have checked prices on the Internet, call your travel agent and tell them.** Many travel agencies have access to an Internet booking and can process your airline tickets locally.

10. **Be sure you understand the rules and restrictions of the airline tickets.** If you change your reservation, there is a good chance you will be charged a penalty. This fee will be at least \$75 or more.

Last-minute travel can be very expensive. Try to plan your trip at least 21 days prior to your departure if you are traveling in the United States; for travel to Europe, try to book at least 90 days' prior. The closer you get to your departure date, the higher the fare will become.

If you are traveling due to a death in the family, tell the agent. Many airlines offer compassion fares in the case of a death or someone dying.

Try to keep this checklist and follow it the next time you make airline reservations.

Have a safe and happy Fourth of July. See you next week!

If you have any questions or concerns regarding travel, you can write to Lori Keeley, Travel Connections LTD, 10 Chestnut Street, West Springfield, MA 01089. Thanks for reading The Agawam Advertiser News

RAY ROSE - from Page 16...

If you are heavily in debt from credit cards or any kind of uninsured debt, find a non-profit consumer-credit counselor (check the yellow pages) who will set up a repayment program and appeal to card companies to lower your monthly payments until the debts are paid off. (It's best to pay as much as possible, as soon as possible ... since interest usually continues to accrue on unpaid debt.)

* If you must, use your savings as an alternative to credit cards. Too many people are forced to use credit in an emergency because they have no savings to fall back on.

You must change your approach ... I've written many times about the need for an emergency/investment fund with at least six months of expense money. Use the money only in an emergency, and pay back money as you would a bill.

Know your goals (they should be written down and placed in a location where you can read them daily) and budget accordingly.

Don't worry about "The Jones's." You should know the difference between what you want out of life ... and what you need out of life. Be sure that you are focusing on your priorities!

IT'S YOUR RESPONSIBILITY

Proper money management is everyone's responsibility ... the sooner you learn how to control your money, the better off you'll be ... now, and in the future.

Don't be like the many people I speak with that are under a mountain of debt ... and no way out! I sometimes scratch my head wondering how they'll survive in their golden years.

Everyone must start planning for tomorrow ... and cut back on their credit today. BEST WISHES FOR SUCCESS!

Ray Rose of THE PIONEER GROUP can be reached by phone, 413-731-6800; voice mail, 413-846-0961; or fax, 413-731-6881. THE PIONEER GROUP is the area's number one buyer's agent.

All the hometown news with us, each and every week...

LOOKING FOR TRAVEL TIPS THIS SUMMER? Be sure to check out Lori Keeley's "Travel Talk," which is a weekly feature of The Agawam Advertiser News...

FAMILY PICNIC

In Memory of

LISA ZIEGERT

Your presence will help us unite together as a community to show our love and support for Lisa and her family. We cannot give up!

Sunday, July 5, 1998

12:00 Noon

**VFW
South Street
Agawam, MA**

Donation - \$5.00



Spotlight On Business - continued...

Keenan & Molta Realtors Earn ABR Designation

Southwick: Beverly Huot, Chet Kasperek, and Linda Santinello, sales associates with COLDWELL BANKER KEENAN & MOLTA ASSOCIATES, have been awarded the Accredited Buyer Representative (ABR) designation by the Real Estate Buyer's Agent Council (REBAC) of the National Association of Realtors (NAR).

"Today's real estate brokers and agents want to provide a full menu of services for their clients, whether they are buyers or sellers," explains Terrence M. McDermott, President and CEO of REBAC.

"The ABR designation, the benchmark of excellence in buyer agency service, demonstrates to clients that the agent has taken steps to continue their education in the field of buyer representation, and has the proven experience and training to deliver ethical and professional service to real estate buyers."

There are more than 7,000 real estate professionals in North America who have earned the ABR designation. The requirements for this coveted designation include a comprehensive two-day course in buyer representation, a written examination, and practical experience in the field of buyer representation.

REBAC was founded in 1988 and currently has more than 14,000 members in all 50 states, Canada, and South America. The National Association of Realtors ("the voice for real estate") is the nation's largest professional trade association, representing nearly 720,000 members involved in all aspects of the real estate industry.

COLDWELL BANKER KEENAN & MOLTA ASSOCIATES have sales offices in five convenient locations throughout the greater Springfield area: Southwick (569-0133), Westfield (562-7311), Springfield (783-2000), Longmeadow (567-8931), and Agawam (789-0138). They are proud to serve your real estate, mortgage, and relocation needs: corporate (567-0138); cedent mortgage (567-7220); relocation (567-8931).

COLDWELL BANKER REAL ESTATE CORPORATION, a subsidiary of Cedent Incorporated (NYSE: CEDENT), franchise more than 2,600 independently owned and operated real estate offices and has more than 56,000 sales associates throughout North America.

Globally, COLDWELL BANKER REAL ESTATE CORPORATION has announced master franchise agreements in Thailand, Singapore, and Malaysia and expects additional agreements soon. COLDWELL BANKER ON-LINE, one of the real estate industry's most comprehensive web sites, is located at <http://coldwellbanker.com>.

Legal Memo

by
Alan J. Ferrigno, Esq.
546 Springfield St., F.H.
(413) 786-9454



Premises Liability...

On the evening of August 1, 1994, the plaintiff went to the defendant store to buy shampoo. While walking in the main aisle of the store, the plaintiff's left foot suddenly slipped out in front of her, causing her to fall on her right knee and fracture her right femur.

Other customers found the plaintiff fallen in a pool of clear soapy liquid, which one eyewitness testified as being compared to a clear dishwashing liquid.

The plaintiff was taken by ambulance to a nearby hospital and was transferred to Massachusetts General Hospital. She required two surgeries for the fractured femur and other extensive medical treatment. According to the plaintiff's orthopedic surgeon, the plaintiff sustained serious injury, leaving the plaintiff permanently impaired.

None of the store's employees who testified at trial could identify the liquid on the floor. There was conflicting testimony from different employees as to the detergent product on display in that vicinity. One of the witnesses testified that she had seen the puddle and had reported it to a woman behind the courtesy counter 45 minutes before the plaintiff fell.

The highest offer made to settle had been an award of \$40,000 for the demand of \$300,000, but the plaintiff received \$277,000 with medical expenses of \$50,000 and \$30,000 for lost wages.

Attorney Alan L. Ferrigno maintains an office at 546 Springfield Street, Feeding Hills, Massachusetts.

The staff of The Agawam Advertiser News would like to wish everyone a happy and healthy Fourth of July weekend ... AAN!!!

Pam Savioli

Landry, Lyons & Whyte Co./Better Homes & Gardens



Summer Cooling Tips...

- Set the thermostat at 78° or higher — a reasonably comfortable and energy-efficient indoor temperature. A 78° setting will save you about 15 percent or more on your cooling costs over a 72° setting.

When you have to go out, set the thermostat within 10° of the outside temperature; it will be less of a shock to your body when you come back in.

- Clean or replace filters at least once a month. Dirty filters make the air conditioner run longer and waste electricity.

- Don't place lamps, TV's, or other heat-generating devices near the thermostat. The thermostat could sense this heat and make the air conditioner run longer than necessary.

For more information on buying a home, call Pam Savioli at (413) 748-7565.

ADVERTISER NEWS

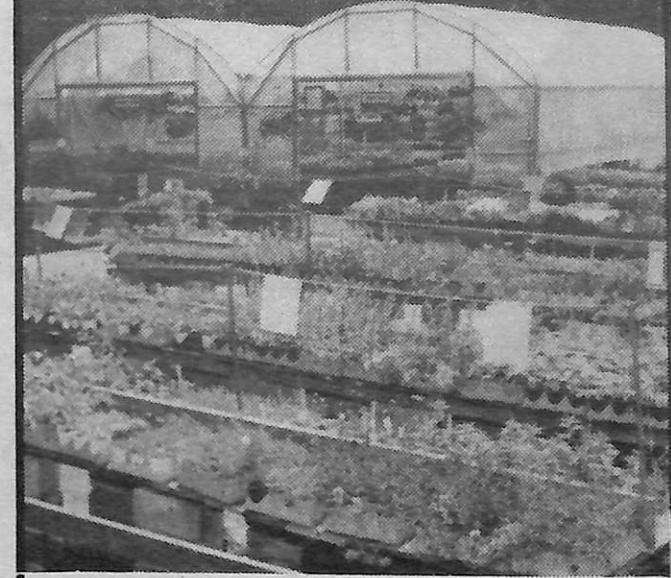
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For Your Health

Be Sure To Make This Summer A Safe Time To Go Into The Water

Summer Swimming Tips From The Western Massachusetts SAFE KIDS Coalition

Two-thirds of all drownings occur between May and August, but the fun and excitement of splashing around in a pool or catching waves at the beach doesn't have to end in tragedy.

"Toddlers and children love to play in water and are completely oblivious to its potential dangers," said Shirley LaRoche, R.N., coordinator, Western Massachusetts SAFE KIDS Coalition, headquartered at Baystate Medical Center Children's Hospital.

"A child can drown in as little as one inch of water in a matter of seconds. Parents and caregivers should never leave children alone in or near water," she added.

Many drownings and near-drownings occur when a child falls into a pool or is left alone in the tub. Contrary to popular belief, a child can drown very quickly — in the time it takes to answer the telephone, with often no splashing to warn parents or caregivers of trouble. And many children who drown are missing from sight for only five minutes or less.

Adults should learn and teach children (ages 13 and older) infant and child CPR in the event a near-drowning should occur. Parents and caregivers should develop an emergency routine for the entire family and practice it.

But to help prevent these incidents from ever happening, the Western Massachusetts SAFE KIDS Coalition and the national SAFE KIDS Campaign offer the following summer safety water tips:

SWIMMING POOL'S

A swimming pool is 14 times more likely than a

motor vehicle to be involved in the death of a child ages four and under. Some 50 percent of preschooler drownings occur in residential swimming pools.

- Never leave your child alone in or near the pool, and the supervising adult should be a strong swimmer.

• Fence in the pool or spa completely with a five-foot high barrier that has a self-closing and self-latching gate.

• Enroll children over age three in swimming lessons taught by qualified instructors.

• Teach children not to run around the pool, and not to push others under water or jump on others. They should also be told not to dive or jump in shallow water or swim during lightning storms or other bad weather.

• Keep a telephone and emergency phone numbers near the pool. Teach children how to report emergencies. Make certain they know who to call, and what to say: their name, location and nature of the emergency.

• Keep rescue equipment such as poles, ropes, flotation devices, as well as first aid supplies, by the pool at all times.

• Mark the deep and shallow ends of the pool by painting numbers on the edge.

• Remove steps to above-ground pools when not in use.

• Empty inflatable pools when not in use.

• Place a tamper-proof cover over the pool when it is not in use. The cover should be removed completely before using the pool. Drain standing water from the cover and do not allow children to

walk or crawl on the cover.

OPEN BODIES OF WATER

• Never let children swim in unsupervised areas like quarries, canals, or ponds. Many times, children underestimate the depth of the water.

• Tell children which areas are off-limits.

• Always watch your child while at the beach or lake.

• Children should wear personal flotation devices, such as when boating.

DIVING

Diving is one of the most hazardous of all water activities. Nearly all diving incidents occur in a pool with five feet of water or less.

• Children should not dive into water unless an adult is present who knows the depth of the water. Do not dive into water that is less than five feet deep.

• Never dive into above-ground pools.

• Dive with hands in front of you and start swimming toward the surface immediately upon entering the water to avoid hitting the bottom or side of the pool.

• Dive only from the end of the diving board.

• Dive with a friend nearby.

• Keep your dives simple.

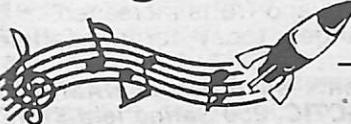
• Test the diving board for its spring before using it.

• Don't dive from rooftops, balconies, ledges, or fences.

"By following these simple guidelines, having fun in water can bring laughter and smiles to the whole family during the summer months while keeping children safe," LaRoche said.

Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you!

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For Your Health - continued...



Food for Thought

by Nancy Dell
Registered Dietician

Make Nutrition Come Alive— It's All About You!!!

A healthy lifestyle is the key to looking good, feeling great, and being the best you can be at work and play. It all begins with what you put on your plate.

A healthful eating plan helps you get the most out of life.

Personalized Nutrition

It's easy to improve your eating habits by using a "personalized" approach to nutrition. Today's dietary guidelines point you in the right direction, but making daily food choices that fit your lifestyle is up to you.

Be Flexible

Explore the many choices in all the food groups. Develop your personal game plan of good nutrition by making smart choices about what and how much to eat.

• Realize that all foods fit in a healthful eating plan and one food, one meal, or one day will not make or break your health or waistline.

• Can't desert your dessert? You don't need to! Go ahead and enjoy ice cream and other treats by eating small portions and staying active throughout the week.

• Craving a cheeseburger? Balance out your meal with a side salad instead of French fries.

Be Realistic

Give yourself time to develop new habits. It doesn't happen overnight.

• Small steps work better than a giant leap. Don't attempt to completely overhaul your diet.

• Give food a "green light." The moment you go "cold turkey" on sweets, you may crave these favorite treats.

• If you can't resist a snack attack, check out pretzels instead of chips, and packets of dried fruit or trail mix instead of candy.

• Walk rather than run to begin an exercise plan.

Be Sensible

Moderation is the key — you decide when to eat, how much, and how often. Rather than bann-

ing certain foods, control portion size, and stop eating when you are full.

- Develop an eye for size. Slice a sliver of your favorite cake instead of a large chunk.
- Pace yourself to savor the flavor. It takes a while for your brain to send the signal to your stomach that you've had enough to eat.
- Get in the habit of grabbing a carton of low-fat yogurt or fresh fruit for a quick snack.

Be Adventurous

Variety is the spice of life. Expand your range of food choices and explore new tastes.

- Blend mango or papaya pieces into your fruit and milk smoothie for an exotic snack.
- Dig into a different grain like bulgur, rice, or barley.
- Try imaginative low-fat snacks such as fruit kabobs dipped in low-fat yogurt or air-popped popcorn lightly seasoned with herbs.

Be Active

Pursue fitness with your own personal flair. Find a variety of enjoyable activities you can do on a regular basis.

But remember, you don't need expensive equipment — get moving whenever and wherever you can.

- Think "fun," forget "no pain, no gain," and keep moving. Seek out a friend or family member to join you in regular walks, bike rides, in-line skating, or other activities.

- Small bits of activity add up over time — use the stairs instead of the elevator, take a brisk walk on your lunch break, rake the lawn, or sweep the floor — for a total of 30 minutes each day.

Taking Control

Healthful eating is one of the most important steps you can take to promote good health. Your genes also have a big say in it, but they don't have to be the last word.

There's a lot you can do to reduce your risk of commonly inherited diseases such as heart disease, cancer, and osteoporosis. While your family history is out of your control, you can do something about your eating habits and lifestyle.

- Aim to get three servings a day from the milk group foods to meet your calcium needs. Calcium in these foods helps prevent the bone-thinning disease osteoporosis and may help reduce your risk of high blood pressure and certain cancers.

- Find more ways to achieve five-a-day from the fruit and vegetable groups. You'll increase your fiber intake and boost vitamins and minerals that also are important to lower your risk of certain cancers.

- Don't smoke, go easy on alcoholic beverages, and find an outlet for your stress, like daily physical activity.

Nancy Dell, MS, is a registered dietitian in private practice in Feeding Hills and the media representative for the Massachusetts Dietetic Association.



Chiropractic Care
by
Dr. Tami Nelson
Chiropractic Physician
Hampden County Chiropractic
850 Springfield St.
Feeding Hills
786-4820

Diet And Overall Health...

We have often mentioned that chiropractic is more than simply pain relief. Chiropractic care involves looking at the whole person, including posture, diet, exercise, work habits, stress, etc.

DIET IS A CRITICAL FACTOR IN OVERALL HEALTH. What we put into the body is vitally important for the overall health of the individual. It is important to consume as natural a product as possible. Whole grains and fresh fruits and vegetables should be the main part of the diet.

This is a great time of year to start increasing our fresh fruit and vegetable intake with all the wonderful farms in town. Advertising and the media keep trying to tell us that a healthy diet is laden with chemicals: fat-free snacks and sugar-free products.

These products are *not* good for the body. A diet high in refined products can lead to a myriad of health problems, including heart disease and gastrointestinal problems. It is best to eat whole foods and natural products and limit the amount of fat and sugar in the diet.

Senior citizens have learned this via experience. According to a report from the Agriculture Department, senior citizens and vegetarians have the healthiest diets. Also, the report found that women have better diets than men (having three males in the family, I know that statement is true!).

Many of the foods we eat are due to habits, what we were given as children to eat, what the restaurants give us, and what the media suggests.

It's about time to take responsibility for our nutritional lifestyle — think before you eat! Is the coffee and donut in the morning good for you? Absolutely not!

Start to make a change now, enjoy some fresh strawberries over a whole grain cereal with skim milk. It's surprising how healthy it is and how good it tastes! Just with that simple move, the daily total of fat and sugar has been decreased, while the whole grains and fruits increased.

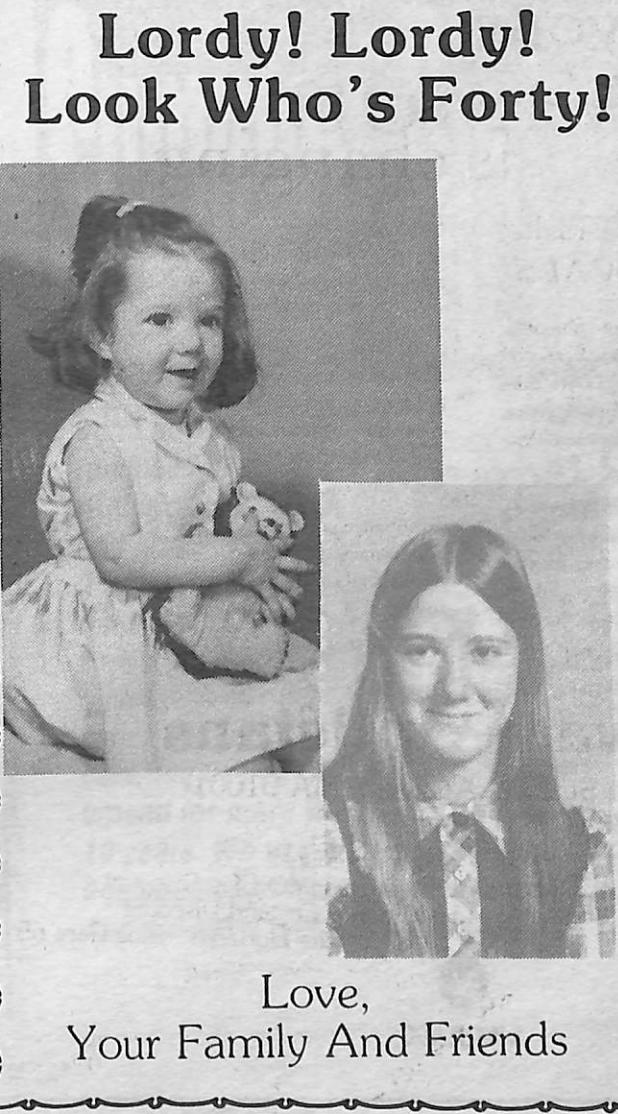
Start making changes today for a healthier tomorrow!

Dr. Nelson maintains an office at HAMPDEN COUNTY CHIROPRACTIC, 850 Springfield Street, Feeding Hills, 786-4820.

Best local news!

NANCY DELL'S "Food for Thought" is a regular feature of The Agawam Advertiser News...

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For Your Health - continued...

Fitness Tip...

Safety Should Come First During Exercise

by Carmela A. Kirk, R.N.
Fitness Consultant - Fitness First

Paying attention to what your body is telling you is of utmost importance. It is also important to understand what these messages mean. When is it not a good time to exercise? When is it not a good time to continue exercise? What are some things you can do to make your workouts as safe as possible?

Immediately after you get out of bed is not a good time to exercise. Wake up, let your body get used to being upright. You've been fasting for a while, get some fuel and water into you.

Immediately after a meal is also not a good time to exercise. Your body has redirected blood flow internally, to your stomach and other digestive organs. If you exercise now, you are taking your body's attention away from its task. Let your body work for an hour internally before you pull the blood away and redirect its powerful energy to your muscles.

If you are very tired and just don't feel like exercise, ask yourself why. Is it just an energy slump that you need to work through? Or would today be a better day to keep your routine light?

During exercise is another important time to pay attention to how you are feeling. Any chest pain, pressure, or discomfort is a good reason to stop exercise. Any difficulty breathing or inability to catch your breath is not a good sign.

Any dizziness or lightheadedness should not be ignored. Nausea and/or vomiting is another cause for concern.

Any of these symptoms, especially if they are associated with exercise, should be brought up with your healthcare provider. Remember, exercise should feel good, even for the people who don't enjoy it.

One recommendation to avoid problems is drink plenty of fluids. Frequent small drinks is better than large volumes at one time. Your body will absorb frequent drinks all day, but large volumes will only overwork your kidneys. Unless your physician has put you on a fluid restriction, drink up.

I emphasize the use of water. Even if you feel you need the extra potassium of those other drinks, you still need plain old water. Water washes every cell of the body; what are you washing your cells with?

Another recommendation, especially this time of year, is be careful not to exercise in the direct sun. The high heat and humidity really put too much stress on the body's protective mechanisms.

Exercise safely; avoid injury, illness, and setbacks; and pay attention and trust your body to send you the right messages. Most of all, enjoy a healthy, fit lifestyle.

Substance Abuse Support For Parents At Providence Hospital

Providence Hospital offers a weekly support group for parents of children with drug or alcohol abuse problems. The group meets Wednesdays, 7:00-9:00 p.m., at the hospital, 1233 Main Street.

The meetings provide an opportunity for parents whose children are currently involved with substance abuse, or have been in the past, to share ideas on how to deal with the problem. There is no charge for the sessions.

The substance abuse services of Providence Hospital are part of Sisters of Providence Behavioral HealthCare. For information on the support group, call Karen Walsh Pio, M.S.W., L.I.C.S.W., Director, Outpatient Counseling Services; or Bob Pisani, M.S., Coordinator, Adolescent Intensive Day Treatment Services, (413) 493-2032.

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Support Groups, Courses, And Programs At Noble

SUPPORT GROUPS

Alcoholics Anonymous: Sunday evenings, 8:00 to 9:00 p.m. In Conference Room A at Noble Hospital, 115 West Silver Street, Westfield.

Free of charge. All are welcome.

Stroke Support Group: Wednesdays, July 8th and July 22nd, 5:30 to 6:30 p.m. In the Bronson Rehabilitation Center Dining Room at Noble Hospital.

Free of charge and open to individuals recovering from a stroke and their support persons.

On July 8th, the topic will be "Living After A Stroke: Activities And Community Re-Integration." This meeting will be facilitated by Barbara Boulanger, MSW, LICSW.

On July 22nd, information will be shared about the National Stroke Association.

Diabetes Support Group: Tuesday, June 28th, 1:00 p.m. In Conference Room A.

Free of charge and open to individuals suffering from diabetes and their support persons.

Lynne Jasak, M.S.R.D., will speak to the group about nutrition and the diabetes patient.

COURSES/PROGRAMS:

Smoking Cessation - "Forgetting Cigarettes": Mondays, July 13th and June 20th, 7:00 to 8:30 p.m. In Conference Room A at Noble Hospital.

This two-part program, presented by Joe Barako, R.N. and Certified Hypnotherapist, utilizes hypnosis to eliminate your desires for smoking and allow you to forget cigarettes forever.

The registration fee is \$40 and is paid the evening of the first session. Seating is limited, and pre-registration is required.

To pre-register or for more information, call Noble Hospital's Health Beat at (413) 568-2328.

CPR Course: Wednesdays, July 15th and July 22nd, 6:30 to 9:00 p.m. In Noble Hospital's Education Department (Ground Floor).

This two-part course provides American Heart Association Adult, Child, and Infant certification. Cost of the course is \$45.

To register or obtain more information, call Noble Hospital's Education Department at (413) 568-2811, ext. 5914.

Free Athletic Injury Clinic: Thursday, July 30th, from 5:00 to 7:00 p.m. At Noble Hospital's Sports & Rehabilitation Center, 76 Main Street, Westfield.

During this clinic, athletic injuries are evaluated by a certified athletic trainer and, based upon the evaluation, remedial exercises or physician referral may be recommended.

For an appointment, call 562-3522.



Your Back And Your Health
by Dr. Joseph S. Schlaaffer
Chiropractic Offices
192 Shoemaker Lane
Agawam

Gardening Can Lead To Back Aches...

Question: Rototilling my garden recently has resulted in nagging low back ache, with pain going down the back of the leg. What do you recommend?

Answer: Gardening and landscaping are great, if you recognize that they are activities that produce certain body stresses; if you recognize your own physical limitations; and if you do them with good sense as well as enthusiasm.

Most people fail to maintain the level of physical conditioning required to perform strenuous tasks around their homes. Then, as the warmer weather begins, they try to make their lawns or gardens the most attractive on the block — all in one day.

They dig, lift, bend, rake, and shovel for hours on end. The result is often similar to what you are now describing; their backs hurt, their muscles ache, and they wonder why.

Doctors of Chiropractic, whose health-care services emphasize the structural integrity of the body, offer the following "golden rules" of gardening:

1. Warm up your muscles to the task you're about to start.
2. Don't bend over for long periods of time without taking standing breaks.
3. Don't lift more than you can handle.
4. Wear clothing that does not restrict or confine your movements.
5. Wear flat, comfortable shoes that offer firm support.
6. Use the proper tool for each job.
7. Avoid becoming overheated or chilled.
8. Avoid iced drinks when overheated.
9. Avoid doing your work in an awkward position.

As far as your immediate problem, if your aches and pains don't subside in a few days, a chiropractic spinal examination is advised. You'll find a unique approach to low back and related leg pain without medication.

Continuing pain in any part of the back, neck, arms, and legs indicates more than muscular problems.

THE SCHLAFFER CHIROPRACTIC OFFICE, 192 Shoemaker Lane, Agawam, is happy to provide this information as a community health service.

Exercise Classes For Expectant Mothers

workout and fellowship for women who have completed their first trimester.

For more information, call the Family Life Center, (413) 748-7295.

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ACROSS

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 5 Street Arab
 10 Go one better
 13 Coastal area
 14 By one's self
 15 Supports
 19 Tit for tat?
 22 Not quite
 23 CIA forerunner
 24 Great Lake Indians
 25 Lose stamina
 27 Shoshonean
 28 Golfers' pegs
 30 Sort of strange
 31 Apple pie makers
 32 Scottish knife
 33 High, low, or neap
 35 Fortification slope
 37 Passe
 38 Sales incentive
 41 Kitchen utensils
 42 Ashen
 43 "Couser D'—"
 44 Good deed doer
 46 Changes back
 49 Clothed
 50 Faint
 51 Excellent
 52 Welcome item
 53 One in Bonn
 54 Relied
 56 Wanted poster abbr.
 57 Sinbad's bird
 58 — the loop
 59 Little nips
 60 The dill
 61 Amass (2 wds.)
 63 Mint production
 64 Actor Murphy
 65 Over (Ger.)
 66 Early light
 67 Gold medal spots
 68 — Major (great dog)
 70 Laura and Bruce
 71 Star in Cetus
 72 Crafts' partner
 73 Bistro
 74 Airfoil
 75 D-Day craft
 79 Whiz lead-in
 80 Bombeck
 81 More rational
 83 Apple seed
 84 Make one see red
 86 Bela Lugosi role
 90 Answered back
 91 Famous bovine
 92 Gambled
 93 Ike's WWII command
 94 Oozes
 95 Went like blazes

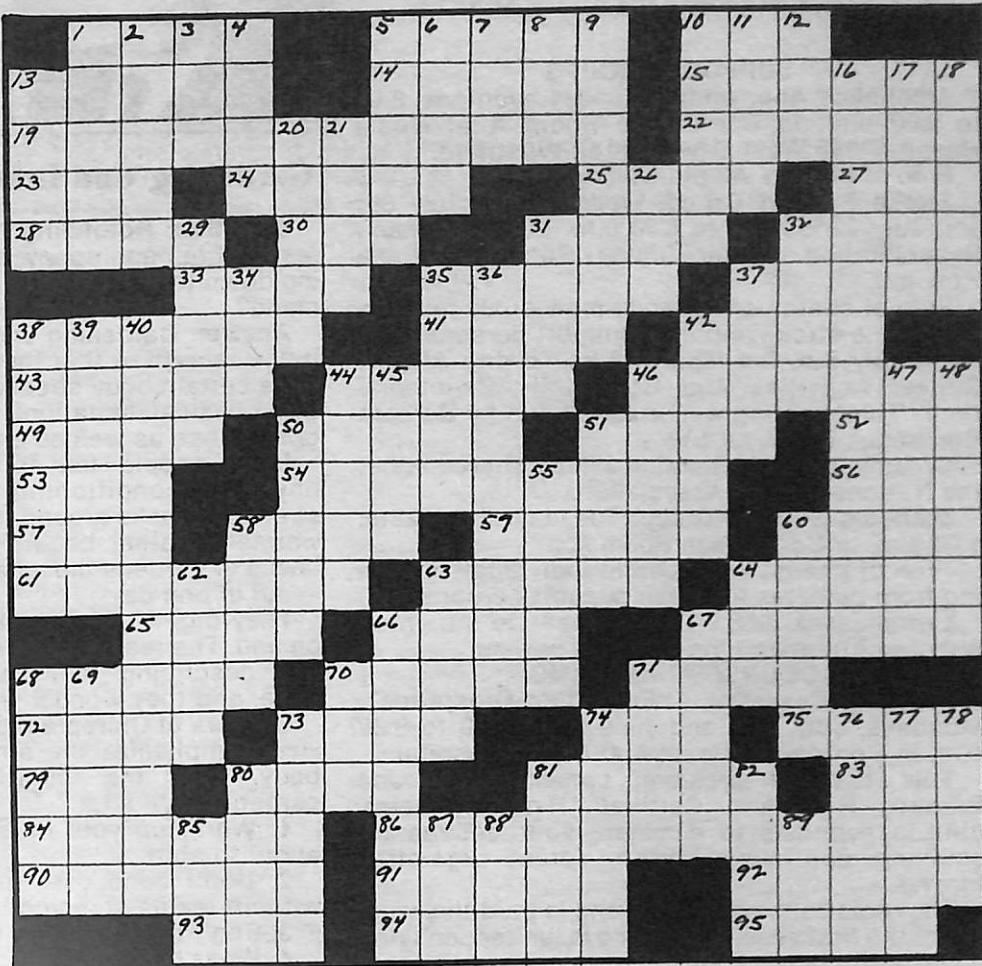
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1 Selected
 2 Abode
 3 Valiant's son
 4 Head (Fr.)
 5 Stared in awe
 6 — well that ends...
 7 Pasture statement
 8 CD payoff
 9 Wise men
 10 Skier movers
 11 Fillet
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 16 Order revocations
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 18 Mount
 20 Waste away
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 26 Mischievous one
 29 Easel

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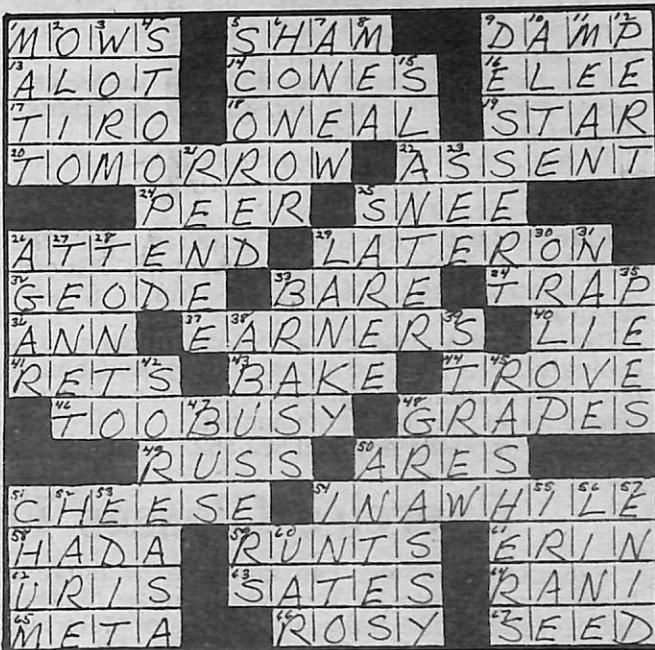
Meet The Master

- by Dick Mastroianni...



31 Actor Dillon
 32 White or fire event
 34 Follower (suffix)
 35 Ladle
 36 Launch ritual
 37 Brubeck
 38 NASCAR luminaries
 39 Actor Sam
 40 CPA's (colloq.)
 42 William and Sean
 44 Hawkish maneuver
 45 What Crazy Horse
 counted
 46 Living quarters
 47 — or leave it
 48 Avers
 50 Clean with an abrasive
 51 Mecca prayer call
 55 Gray and Moran
 58 Pinky and Spike
 60 Pertaining to air
 62 Slugger's production
 63 Show concern
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 66 Scars
 67 Much nicer
 68 Confinement areas
 69 Omni is one
 70 Beaver construction
 71 Obey
 73 Apostle or Nicene
 74 Clotho and Atropos
 76 Foam
 77 Covered a wall
 78 Nail with a hole
 80 — a kick out...
 81 Clip
 82 From — to riches
 85 Peer Gynt's mother
 87 Spanish cheer
 88 Avail
 89 Bottle topper

Last Week's Solution...



Cape Cod Trip Is Set For Tuesday, July 7th

The Agawam Friendly Travelers say that if you're looking for a unique adventure, treat yourself to lunch overlooking Onset Harbor and then set out for a leisurely sail on the renowned Cape Cod Canal on Tuesday, July 7th.

The cost of this one-day trip is \$47 per person, and the departure time is 9:00 a.m. from the Agawam Senior Center. The returning time is approximately 8:00 p.m.

For reservations and/or further information, call Nellie Mathais at 786-9093.

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STAGE Announces 1998 Summer Theatre Series For Kids

STAGE (Student Theatre Arts Group Enterprises) announces that all openings for its 1998 Summer Stage Theatre Camps have been filled, and that a total of 190 young people from surrounding towns will be attending the popular and award-winning children's theatre.

Recently recognized for second place in the 1998 Valley Advocate Readers' Poll as "The Best Place To Go To See Live Theatre," The Red Door Theatre is home to STAGE, which offers live productions year-round for children and adults.

This family-oriented enterprise is entering its 10th year of operation and is owned and produced by Lyle Pearson and Margie Secora (also known for their work as the children's entertainment duo Kit and Kaboodle). Both are former elementary teachers and award-winning actors/designers/directors for various local community theatres.

Pearson and Secora have built STAGE into a successful business providing young people with a well-rounded dramatic experience that culminates in professional-like productions that are open to the general public.

The 1998 summer season started out with a one-week novice camp, "It's A Jungle Out There," for five through eight year-olds from June 22nd-26th. The camp emphasized getting along with one another and finding ways to be happy, especially when you're the King of the Jungle.

STAGE B is an original adaptation of one of Frank Baum's Oz stories, "The Magic of Oz," and will be presented July 10th-12th. Many of the eight to 15 year-old young people will be learning magic skills from professional magicians during the two-week camp as they prepare for this adventure, which includes many of the familiar Oz characters.

STAGE C is a premiere production of "The Dragon's Heart," written by Margie Secora. It is a spellbinding ride through Celtic myth and fairydom with a dragon that is not to be missed. Production dates for this fantasy adventure are July 24th-26th.

STAGE D is another adaptation by Pearson of Mark Twain's "Prince and the Pauper." This camp, which is geared to the 10 to 15 year-old thespians, encourages campers to explore the period and history of the play, as well as their characters. The classic story of two English boys who switch lives and adventures will run August 7th-9th.

The final camp, STAGE E, is a repeat of the first, "It's A Jungle Out There," set for August 10th-14th. The double bill was necessary, as over 60 children signed up to be on stage.

Three counselors were hired to assist Pearson and Secora this summer. Veterans Megan Banks and Aaron Pearson have returned, and Nick Duquette has progressed from stage actor to STAGE counselor.

The full-day sessions and all performances are conducted at the lovely, newly air-conditioned Red Door Theatre, which sits atop the hill at 152 South Westfield Street in Feeding Hills, MA (next to the Valley Community Church).

Except for Camps A and E (which are not open to the public), all other camp performances may be reserved by calling (413) 789-2026. Tickets are \$5, and reservations are strongly recommended as shows often sell out.

* * *

*Our "Arts" section is
another reason why you
turn our pages...*

* * *

Agawam Student To Star In HCC's Summer Production

John Snow of Agawam will star in the Holyoke Community College Drama Department's performance of Henrik Ibsen's *Ghosts*, July 16th-18th, at 8:00 p.m. in the Forum.

General admission is \$5; senior citizens and area college students pay \$3; and admission for HCC faculty, staff, and students is free. There will also be a free preview performance of the play on July 15th at 2:30 p.m.

A powerful indictment of the status quo, *Ghosts* criticizes the inhibitions — such as religious intolerance, commercial hypocrisy, political expediency, and conventional morality — that were set against human freedom and self-realization.

First produced in 1882, the play shocked the public and silenced even the "free thinkers" of the times. Only the most open-minded critics praised *Ghosts* for being the greatest work of art for its time.

Directed by HCC professor Thomas Scheiding, the play also features students Bryan Mangels of Belchertown, Margaret Reilly of Springfield, and Tama Chambers and J.P. Reader, both of Northampton.

Tickets for the play may be purchased the night of the performance. For more information about the HCC production of *Ghosts*, please call Michelle DeRusha at 552-2259.

St. Martha Players To Hold Auditions

The St. Martha Players of Enfield will be holding auditions for their fall musical, *Oliver!* on July 12th at 1:00 p.m. for children ages eight to 14, and July 13th at 7:00 p.m. for adults, only.

Auditions will be held in Goulet Hall at St. Martha Church on 214 Brainard Road in Enfield.

Available roles for the show include 13 to 16 boys and girls ages eight to 14 for the chorus, two female teen roles, two male teen roles, six adult male roles, five adult female roles, and four adult chorus roles.

All children who audition must sing a song from *Oliver!* An adult guardian must be present with all children auditioning. All adult must be prepared to sing a song of their choice. If the selection is not from the show, auditioners should bring their own sheet music. An accompanist will be provided.

Gus Rousseau will be directing *Oliver!* Tony Romeo will be the musical director, and David Hayes will be the choreographer.

Oliver! is the Lionel Bart musical which is based on the story of *Oliver Twist*. It includes such well-known songs as "I'd Do Anything," "Food, Glorious Food," "Where is Love?" "You've Got To Pick A Pocket," "Consider Yourself," and "As Long As He Needs Me."

Performance dates are slated for November. For further information regarding the auditions, please call (860) 745-6368 or (413) 733-5757.

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Musicorda Road Co. To Perform Summer Concert At Agawam Senior Center

The Musicorda Road Company, featuring the Caspian String Quartet, will present a free concert of chamber music on Thursday, July 9th, at 7:00 p.m. in the Agawam Senior Center dining room.

An outreach program of the Musicorda Summer String Festival, the Road Company is comprised of advanced student artists who take their show on the road, bringing outstanding live music to communities in western Massachusetts.

This season, the Road Company will be joined by the highly acclaimed Caspian String Quartet, a group of young musicians from the Juilliard School of Music who have been performing for the past year in New York City. Its members, Jessica Guideri and Joanna Maurer (violins), Masumi Rostad (viola), and Amy Barston (cello), have won individual firsts in numerous competitions and also have studied chamber music in this country

and in Europe.

Funded by a grant from the National Endowment for the Arts, they are spending the summer at Mount Holyoke College with the Musicorda Summer String Festival as quartet in residence. During this engagement, the four will perform often in Chapin Hall at the Friday night "Musicorda Festival Series," which highlights the professional teaching staff and distinguished guest musicians, and will participate in the Sunday evening "Musicorda Young Artists Series," during which student artists have the stage.

The July 9th concert at the Agawam Senior Center is sponsored by a grant from the Massachusetts Cultural Council, as administered by the Agawam Cultural Council, and by support from Bay State Elevator.

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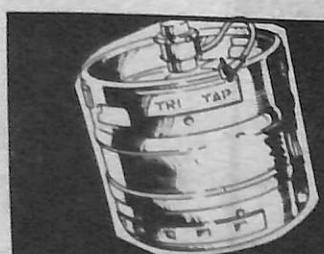
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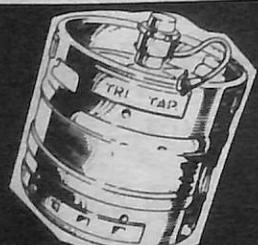
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Education

At The Annual Junior High Awards Assembly...

Lucy Young Receives "Principal's Award" For 1997-1998 School Year

by Kathy Cassanelli
News Editor

As photographs of their classmates flashed onto a huge projection screen, the eighth-grade class gathered for the last time in the Junior High School auditorium for the Annual Awards Assembly.

In welcoming the students to the awards ceremony, Principal Kevin Littlefield said the students would see many of their classmates called to the stage as awards were given in recognition of excellence in academics, physical education, and a broad range of student activities.

"As a faculty and as a class, it's important for us to recognize people for their accomplishments throughout the year," Littlefield said.

Dozens of students were called to the stage to receive certificates honoring their achievement in attaining honor roll status for four terms, and dozens more were honored for making the honor roll for all eight terms of their Junior High School careers.

Four students will have their names inscribed on plaques permanently displayed in the school lobby as this year's recipients of the principal's award and three memorial awards from the science, social studies, and art departments.

Taking home the school's top honor, "Principal's Award" winner Lucy Young is a member of the Junior National Honor Society and a volunteer tutor in English, social studies, math, and science. A member of the Non-Users Club, Lucy served on the library staff and was the co-editor-in-chief of the Yearbook.

"Lucy is well-liked and respected by students and faculty alike," Littlefield said. "Her success lies in her organized, dedicated, and hardworking nature."

Littlefield said he has literally no input into choosing the student who wins the "Principal's Award." Rather, it is the faculty who decides, usually in several ballots, who will be honored as the most outstanding student during their two years at the Junior High.

In addition to participating on soccer, swim, and basketball teams, Lucy is a musician studying violin and cello, and is a dancer studying jazz, tap, and ballet for the last nine years. In 1997 and 1998, she was selected for the Junior District Chorus.

As a member of the Pioneer Valley Girl Scouts, Lucy is working toward her Silver Award, the second highest award a Girl Scout can achieve. She has been involved in teaching songs and crafts to younger Girl Scout, as well as working on projects with elderly residents of Agawam.

As a member of the Agawam Congregational Church, Lucy has been an assistant at the Vacation Bible School since 1995 and a member of the Junior Choir since 1992. In addition to helping feed the homeless once a month at the Open Pantry in Springfield, Lucy is the youth representative on the Youth Education Committee of the Church and she serves as an assistant Sunday School teacher.

Other Award Winners At The Junior High...

In presenting the "Christopher Kinsella Memorial Award" to Danya Decoteau, science academic coordinator Robert Sartwell said the award is given to the student who has shown a great interest in science, an aptitude for science, and who plans on a career in science.

"Mr. Kinsella was an outstanding science educator at the Junior High who loved the students and the staff," Sartwell said. "He wanted his students to aspire to do the best they can all the time."

Honored for her achievements in social studies, Jennifer Dobise received the "Richard Barry Memorial Social Studies Award."

Social studies teacher Gerald O'Malley said the award is given to the student with the highest average in social studies in memory of social studies teacher Richard Barry, who died in 1988.

"Mr. Barry was one of those people we all enjoyed being around, and this award is given in his memory to the student with the highest social studies average," O'Malley said. "We have a number of students at the top, so it was an extremely difficult decision to make."

Art teacher Andrew Kraus joined Betsey DelPeschio in presenting Jamie Borkosky with the "Karen Buffington-DelPeschio Memorial Outstanding Art Student Award."

Mrs. DelPeschio said the Junior High art teachers had helped her daughter, Karen, develop her talent in art while she was a student at the school, just as they are continuing to encourage student artists.

Complete List Of Awards...

The following is the complete list of Junior High awards for the 1997-98 school year:

Principal's Award: Lucy Young.

Physical Education Students of the Year: 7th Grade — Aimee Beaudette and Michael McGeghan; 8th Grade — Kelly Cassidy and Jay Yarymowicz.

Physical Fitness Awards: 7th Grade — Andrea Babbin and Michael Eggleston; 8th Grade — Lauren Powell and Michael Crough.

Chris Kinsella Science Award: Danya Decoteau.

Art Department Awards

The Karen Buffington-DelPeschio Memorial Outstanding Art Student 1998: 8th Grade — Jamie Borkosky.

Outstanding Art Student of the Year: 8th Grade — Sean Conchieri and Katie Feato; 7th Grade — Elizabeth Haire and Amanda Stork.

Social Studies Award Winners

Geography Bee Winner: Craig Jendza.

Jean Stein Book Award: Michael Petros.

Richard Barry Memorial Social Studies Award: Jennifer Dobise.

SEE JR. HIGH AWARDS - Page 27...



LUCY YOUNG is this year's recipient of the "Principal's Award" at Agawam Junior High School. Congratulating her is Junior High Principal Kevin Littlefield. Advertiser News photo by Jack Devine.



LUCY YOUNG (second from left), the Junior High "PRINCIPAL'S AWARD" recipient, with her family: Lesley (mother), Geoffrey (father), and Sam (brother). Advertiser News photo by Jack Devine.



"Native corn for the Fourth! Isn't that in the Bill of Rights or something?"

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Agawam High School HONOR ROLL

JUNIORS:

Cassie Andre, Michele Beaudette, Pia Bertone-Gross, Erik Bodurtha, Kimberly Bosini, Danielle Bourdeau, Jessica Lynn Briotta, Michael Burba, Amy Champagne, Andrew Charko, Andrea Cizek, Kelly Cortis, Melissa Crough, Melissa Danyow, Michael DeFilipi, Danielle DeForge, Charles Denison IV, Ann Marie DiMauro, David Federico, Joseph Fiore, Jason Flood, Jasjit Gotra, Jason Grimaldi, Erin Hanley, Brian Howes, Heather Marie Hughes.

Alison Jackobek, Gregory Jubinville, Evan Konopka, Paul LaBarre, Sean Lavin, Jennifer Loomis, Yuri Lukin, Nicole Macey, Martha Manning, Diana Marsh, Brenna McGinn, Jennifer McGuire, Holly Moren, Leila Mouneimneh, Sarah Nacewicz, Jennifer Niedziela, Ronald Ogulewicz, Jamie Pavelcsyk, Amanda Peters, Roberta Przybyla.

Andrew Radwanski, Erin Rescigno, Nikita Reshamwala, Rebecca Rising, Brian Rondeau, Christopher Rousseau, Mario Santillo, Aaron Skowyra, David Strole, Emily Tampone, Laura Tenero-

wicz, Katharine Theroux, David Thomas, Kara Tierney, Melissa Williams, Patricia Zerra.

SOPHOMORES:

Chad Albano, Stephen Antaya, Heidi Baran, Justin Bard, Jason Bentley, Donald Berthiaume, Shawn Biebel, James Borowiec, Nikouri Brown, Neil Butler, Nicole Chapman, Tracy Ciak, Terri Cimma, Jennifer Cook, Dianna DiStefano, Mary-Elizabeth Dupelle, Amanda Galluzzo, Shawn Gessay, Nicole Ghaname, Brian Gilhooly, Shawn Gloster, Anthony Goodrow, Kimberly Goss, Diane Griffin, Brian Gross.

Scott Harris, Adam Howe, Patrick Kelly, Kristen Kocot, Nicole Koehler, Ket La, Brian Lopes, Julie Lungarini, Jennifer Lyman, Mary Manning, John Marcotte, Kerry McGeoghan, Stephanie McLane, Jessica Millot, Allison Pisano, Andrea Prova, Sarah Prussman, Mathew Quirk, Laura Reveruzzi, Gabrielle Robinson, Tiffany Scaife, Katherine Shannon, Matthew Sharpe, Amanda Sternowski, Elizabeth Sussman, Jason Swindle, Matthew Taylor, Caitlin Weisgerber, Krysten Zarr.

FRESHMEN:

Danielle Bachini, Maria Bakhareva, Lisa Bienia, Tiffany Blackman, Michelle Blanchard, Jenna Bodurtha, Amanda Boissonneault, Corinne Butova, Gina Castellanos, Bianca Chase, Timothy Chretien, Elizabeth Clark, Keegan Clark, Timothy Corlett, Shannon Costa, Heather Crescentini, Liliya Derevyanchuk, Robert Doane, Nicole Dominick, Peter Drewniak, Adam Ellsworth, Corey Federico, Michael Federico, Scott Fleming, Jessica Forni.

Aaron Gilbert, Gina Goralczyk, Sara Gregory, Stephanie Gumlaw, Ryan Hanley, Corey Hobbs, Eric Hogan, James Ingari, Amy Jensen, Lauren Kida, Maxim Kizilov, Stephanie Knodler, Rachel Lara, Bryan Lavin, Laura Laviolette, Ryan Lepard, Sarah Lottermoser.

Gregory Mantolesky, Joseph Maynard, Kelly McNeish, Jennifer Mercadante, Steven Messina, John Minihan, Rachel Morris, Rebecca Nacewicz, Ellen Nasiatka, Lisa Niedziela, Melissa Orr, Christine Powell, Michelle Reynolds, Amy Richards, Jamie Santos, Joanna Surowiec, Christina Tetreault, James Wisniewski, Robert Zajac.

JR. HIGH AWARDS - from Page 26...

Acknowledgements for Writer's Club: Katie Baum, Nick Cody, David Bienia, Ian Hamlett, Nina Murray, Ashley Marek, Christopher Martin, Jordan Welner, Kelly Doyle, Jodi Pfau, Cylyn Williams, Becky Carey, Gregory Cizek, Ryan Lynch, Gina Saimeri, Elizabeth Haire, Michael J. Dombrowski, Megan Mercadante, Jon Sikes, Melissa Maynard, Eric Bland, Eric S. Powell, Nicole Circosta-Aspinall, Matt Lyons, Sean Conchieri.

Exceeded Accelerated Reader Points for two terms: Jenine Davignon, Ryan Lynch, Rebecca Berta, Alex Simmons, Suzanne Dudley, Adam Blackak, Ashley Mutti, Jennifer Sharpe, Christopher Martin, Ashley Blanchard, Kevin Fleming, Megan Mercadante.

Yearbook Achievement Awards: 7th Grade — Jessica Ferreira, Kevin Fleming, Kerri Merriam, Amanda Stork, Heather Cox, Emily Lapins, Tara Witte, Ashley Merek, Michael Lalli; 8th Grade — Michael Crough, Tom Montagna, Katie Dubay, Sarah Longtin, Michelle Depelteau, Erika Martin, Kylie Egan, Jenna Shea, Rob Cullen; Editors — Danya Decoteau and Lucy Young.

Next Year's Editors: Tara Witte and Emily Lapins.

Peer Mediators: Lissa Asta-Ferrero, Anthony Barbarisi, Justin Bardsley, Marcie Coogan, Jennifer Dobise, Gary Garfield, Hilary Golas, Melissa King, Matt Ligenza, Bill Menard, Kristina Midura, Matt O'Neill, Alyson Skok, Julia Spear, Aaron Wyman.

Technology Education Awards

Participation in all American Society of Mechanical Engineers (ASME) sponsored engineering contests: Jared Hamre and Adam Rovithis.

Junior Solar Sprints: Kevin Musselwhite and Timothy Hubbard.

*The staff of The AAN
congratulates all of the
students who were honored
at the Junior High School's
Annual Awards Assembly*



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Area Students Graduate From Fitchburg State College

President Michael P. Riccards of Fitchburg State College has announced that the following area students have been named to the Dean's List for the spring semester:

Lynn Agrapides of Agawam, a communications major, and **AnnMarie Bianca** of Feeding Hills, a special education major.

A student is placed on the Dean's List for the semester if an average grade of 3.20 or better is attained, and the student is attending the college full-time.

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Alexis Chretien, Christin Cilimberg, Danielle Cirillo, Richard Clark, Carlie Colson, Heather Cox, Benjamin Crum, Jenine Davignon, Christopher Davis, Michael Dombrowski, Daniel Drewniak, Suzanne Dudley, Ryan Dunbar, Laura Duquette, Michael Ferrigno, Patricia Fitchben, Kevin Fleming.

Nicole Gendreau, Michele Gendron, Daniel Gomes, Gunjan Gotra, Angilika Govor, Andrea Greaney, Erica Gregoire, Kevin Grimaldi, Nicole Gutowski, Kaitlyn Haglund, Elizabeth Haire, Ian Hamlett, Eric Harris, Christopher Holl, Scott Howes, Jessica Hudson, Linda Kelley, Anna Kiforishina.

Christina Knodler, Nathan Krach, Evan LaBonte, Michael Lalli, Patrick Landers, Sherri Laskowski, Matthew Lawlor, Justin Lepard, Daveen Macsata, Jeremy Malanson, Christopher Malloy, Ashley Marek, Christopher Martin, Johanna Masotti, Shannon McDyer.

Michael McGeoghan, Sean McKeever, Eric McLaughlin, Laura McNeish, Megan Mercadante, Kerri Merriam, Vincent Moretti, Nina Murray, Jillian Nunziato, Michael Peetros, Jodie Pfau, Julie Pontz, Maureen Quinlan, Kelly Reilly, David Rosenberg, Amanda Rozanski.

Gina Saimeri, Kaitlin Sardella, Jennifer Sharpe, Jason St. George, Amanda Stork, Kristen Strole, Benjamin Sunny, Oleg Surzhukov, Victoria Taylor, Brittany Theriaque, Sebastian Verelst, Cori Verteramo, Cylyn Williams, Tara Witte, Andrew Wynne, Laura Zerra.

GRADE 7 HONOR ROLL (ALL FOUR TERMS):

Kevin Athas, Andrea Babbin, Kevin Baptiste, Catherine Baum, Aimee Beaudette, Ashley Blanchard, Sabrina Brizzolari, Whitney Brown, Sean P.F. Burke, Lindsay Carey, Rebecca Carey, Alexis Chretien, Danielle Cirillo, Heather Cox.

Jenine Davignon, Michael Dombrowski, Kelly Doyle, Daniel Drewniak, Suzanne Dudley, Laura Duquette, Patricia Fitchben, Kevin Fleming, Nicole Gendreau, Daniel Gomes, Gunjan Gotra, Andrea Greaney, Erica Gregoire, Kevin Grimaldi, Kaitlyn Haglund, Ian Hamlett, Elizabeth Haire, Eric Harris.

Christopher Holl, Jessica Hudson, Anna Kiforishina, Christina Knodler, Nathan Krach, Michael Lalli, Sherri Laskowski, Justin Lepard, Jeremy Malanson, Ashley Marek, Eric McLaughlin, Laura McNeish, Megan Mercadante, Vincent Moretti, Nina Murray, Michael Peetros, Jodie Pfau, Julie Pontz.

Maureen Quinlan, Kelly Reilly, David Rosenberg, Amanda Rozanski, Jennifer Sharpe, Amanda Stork, Benjamin Sunny, Victoria Taylor, Brittany Theriaque, Sebastian Verelst, Cori Verteramo, Cylyn Williams, Tara Witte, Laura Zerra.

GRADE 8:

Taryn Albano, Nicole Baginski, Kristin Berry, Amanda Blair, Eric Bland, Thomas Boisjolie, Jamie Borkosky, Amanda Brown, Rachel Caruso, Kelly Cassidy, Michelle Cote, Renee Couture, Robert Cullen.

Adam D'Amario, Jenna Davis, Danya Decoteau, Kathleen Demetrian, Michelle Depelteau, Eliza Dickmann, Jennifer Dobise, Caira Dominguez, Kara Dominick, Katie Dubay, Matthew Duplessis, Ronald Dutton, Kyleigh Egan, Kathryn Feato, Michael Follis, Anthony Gaynor, Bryan Ghedi, Kara Gilhooly.

Erinn Gloster, Hilary Golas, Alyssa Goodrow, Elizabeth Gottardi, Sarah Hamel, Andrew Huffman, Erin Jackson, Craig Jendza, Nicole Jensen, Jennifer Jutte, Sakhonh Kheuamun, Melissa King, Joseph Kocot.

Kimberly Landry, Jillian Lawson, Jacqueline LeGrand, Amanda Lemieux, Joshua Lewin, Sarah Leydon, Anna Liguori, John Lynch, Andrew Mancini, Kristin Mantelesky, Denis Marchetto, Desiree Marsili, Erika Martin, Brian

McGuire, Brian Michel, Kristina Midura, Adrian Misiak, Tabatha Montemorra.

Oksana Mosiychuk, Melissa Nahajlo, Stephen Nascimbeni, Alyson Nowell, Courtney Nowill, Nathan Patterson, Christopher Polek, Ericc Powell, Lauren Powell, April Rondeau, Jessica Roy, Michael Ruscio, Christopher Seymour, Jenna Shea, Brittany Shields.

Danny Silva, Maureen Skehan, Nathan Skiba, Alyson Skok, Kevin Sliech, Stephanie Smith, Julia Spear, Adam Tapply, Sara Tremblay, Marc Tully, Steven Turner, Nicholas Vooys, Danielle Welner, Krista Wheeler, Meredith Willett, Ryan Witherell, Lucy Young.

GRADE 8 HONOR ROLL (ALL FOUR TERMS):

Lissa Asta Ferrero, Eric Bland, Rachel Caruso, Michelle Cote, Caira Dominguez, Katie Dubay, Kyleigh Egan, Elizabeth Gottardi, Nicole Jensen, Joseph Kocot, Josh Lewin, Kristin Mantelesky.

Brian McGuire, Kristina Midura, Oksana Mosiychuk, Nathan Patterson, Nathan Skiba, Alyson Skok, Kevin Sliech, Stephanie Smith, Adam Tapply, Krista Wheeler, Ryan Witherell, Carrie Yon.

GRADE 8 HONOR ROLL (ALL EIGHT TERMS):

Taryn Albano, Nicole Baginski, Kristin Berry, Amanda Blair, Jamie Borkosky, Amanda Brown, Renee Couture, Robert Cullen, Danya Decoteau, Kathleen Demetrian, Jennifer Dobise.

Kara Dominick, Ron Dutton, Kathryn Feato, Bryan Ghedi, Kara Gilhooly, Erinn Gloster, Hilary Golas, Alyssa Goodrow, Sarah Hamel, Erin Jackson, Craig Jendza.

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Elise Davilli, Erik Deliefde, Alex Ellsworth, Michele Elsner, Kelly Follis, Carolyn Fontaine, Joseph Fortunato, Courtney Garrett, Gina Gessay, Jonathan Gibbons, Danielle Glantz, Meredith Golbach, Emily Gordon, Katie Gorman, Karyn Gottardi, Gina Graziano, Cole Gridley, Jeannine Nicole Hastings, Kristan Heaton, Alexandra Ivey, Nicholas Jacks, Edward Taylor Jones, Jillian Joyce.

Sean Kelley, Andrew King, Stephanie Klebes, Benjamin Kochanowski, Joseph Koehler, Kristen Laliberte, Bryan Lane, Jessica LaPointe, Zachary Lappone, James Lewin, Mathew Lewis, Lauren Liberti, Nathan Little, Daniel Lizotte, Kevin Malloch, Sara Mantha, Carrey Martin, Amanda McCabe, Joseph McCarthy, Joseph McGeoghan, Christopher McKenney, Ryan McLane, Amanda Melloni, Thomas Mercadante, Erin Milillo, Car-

mino Mineo, Jennifer Montagna, Seamus Moran, Robert Morgan, Andrew Moriarty, Ashley Morris, Theodore Moysis, Daniel Murphy, Teresa Murphy.

Sophia Nasti, Eric Niedziela, Jaclyn O'Neill, Amy Osgood, Angela Pandolfi, Kirsten Patrick, Samantha Peetros, Lauren Peltier, Kevin Pender, Marc Pereira, Nicholas Petrangelo, Kristen Pfau, Jessica Phillips, Meagan Pokorny, Megan Quinlan, Eric Reiprich, Jennifer Rider, Sarah Rollins, Jennifer Sacco, Matthew Sadowski, Maria Santaniello, Michael Santos.

Kurt Schebel, Noelle Serafino, Alex Shibley, Emily Siedlik, Brian Simpson, Jamie Spear, Nicole Struck, Ami Sullivan, Kelli Sullivan, Vanessa Tencati, Scott Thomas, Michael Thompson, Christopher Tierney, Michael Toto, Erica Troy, Anthony Verteramo, Jeffrey Walker, Ryan Walsh, Julie Wills, Nicole Woszczyna, David Zaffetti, Alyssa Zmaczynski.

GRADE SIX:

Alexander Alvanos, Matthew Bates, Katherine Bitzas, Kelly Borkosky, Danielle Borsari, Katherine Bousquet, Tami Burmeister, Brendan Cayer, Keehan Close, Patrick Coffey, Sara Cote, Gregory Cotto, Elizabeth Couture, Aaron D'Amario, Michael Davis, Jennifer Depelteau, Anthony DiMaio, Erica Dominguez, Sara Dorans, David Duplessis,

Justin Elder, Meghan Ennis, Jennifer Epaul.

Casey Federico, Marc Ferretti, Michelle Figella, Nicole Florio, Malerie Gardner, Richard Gonyea, Thomas Gorman, Amanda Hamel, Nicholas Randall Harrington, Matthew Hayden, Lauren Heiden, Kyle Henry, Sarah Hersey, Kendall Hill, Samantha Howe, Kevin Hsu, Jenna Insero, Amanda Janik, Laura Jutte, Meghan Kelly, Colleen Knight, Katie Knodler, Daniel Korney, Jillian Kos, Michael Laborde, Kyle Lafontaine, Sarah Landry.

Tammy Lee, Tricia Lee, William Loong, Amy Lownds, Michael Lynch, Stephen Lynch, Tory Lyons, Anthony Manzi, Roger Martin III, Daniel Mason, Michael Mason, Kyle McGuire, Christina Metcalf, Pavlina Moysis, Elizabeth Mundo, Jeffrey Neilsen, Katherine O'Connell, Courtney Ober, Andrew Oleksak, Laura Pedersen, Jillian Perry, Allison Peters, Amy Proulx.

Bethany Reid, Brenton Reveruzzi, Erin Richardson, Christopher Roos, Talynn Ross-Gormley, Adam Roy, Nicole Roy, Christopher Royland, Jeffrey Sabola, Heidi Santana, Sara Skolnick, Ashley Smith, Megan Smith, Kristen Sopet, Holly Stano, Paul Surowiec, Emily Sussman, Felicia Tran, Jeffrey Alan Trauscheke, Alissa Tully, Jessica Tully, Michael Weine, Christopher Werther, Michael Witherell, Mary Zajac, Douglas Zelisko.

For photo coverage in The Agawam Advertiser News, contact photographer Jack Devine at 789-0053. However, please give Jack at least 48 hours' notice prior to your event. Thank you!

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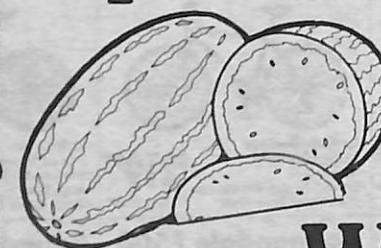
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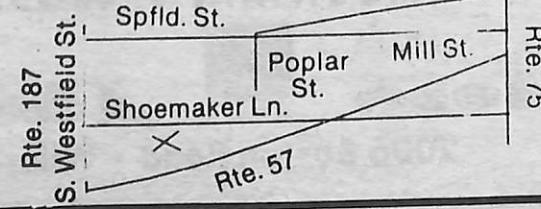
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Area Students Named To Spring 1998 Dean's List At AIC

American International College named 351 students to the Dean's List for the spring 1998 semester.

Students who qualified for the Dean's List are full-time undergraduate students with a grade point average of at least 3.3 out of 4.0 points.

Among those students named to the latest Dean's List at AIC were the following local residents:

* **From Agawam:**

Heather J. Ackerman, a sophomore Marketing major, and Teresa Torsell, a junior Management and Technology major.

* **From Feeding Hills:**

Lisa Bruno, a senior Secondary Education major; Matthew T. Canata, a senior Management major; Lisa J. Davies, a senior Nursing major; Lori B. O'Dea, a sophomore Pre-Physical Therapy major; and Peter P. Petel, a junior English major.

AIC is a private, coeducational college founded in 1885. The College offers more than 35 undergraduate programs in the Schools of Arts and Sciences, Business Administration, Psychology and Education, and the Divisions of Physical Therapy, Occupational Therapy, and Nursing.

Local Students Have Perfect Attendance At St. Thomas School

St. Thomas the Apostle School, located at 75 Pine Street in West Springfield, has announced that the following students from Agawam and Feeding Hills have maintained a perfect attendance record for the 1997-1998 school year.

* **Grade Two:**

Shaun Bruso and Joseph Labun.

* **Grade Four:**

Douglas Labun and Nicholas Pokora.

* **Grade Five:**

Jessica Pokora.

Area Pupils Attain Honor Roll Status At St. Thomas School

St. Thomas the Apostle School, located at 75 Pine Street in West Springfield, has announced the names of students from Agawam and Feeding Hills who have attained the honor roll for the fourth quarter of the 1997-1998.

* **First Honors:**

Grade 7 - Paul Lagasse.

Grade 6 - Katherine Forbes.

Grade 5 - Jeffrey Lagasse, Jessica Pokora, and Timothy Welch.

* **Second Honors:**

Grade 7 - Laura Bovat and Kevin Welch.

Grade 6 - Michael Audette and Ashley Velosky.

* **Third Honors:**

Grade 8 - Amanda Medeiros.

Grade 7 - Mary Beth Jamroz.

Grade 6 - Elizabeth Leon.

Grade 5 - Adam Rhodes and Angela Velosky.

Daniel Balbony Awarded Bentley College Prize

Daniel Balbony of Feeding Hills, a junior at Agawam High School, was presented with a 1998 Bentley College Book Award. Recipients of the prize have expressed interest in majoring in business in college and are nominated by their high school in recognition of their academic or extracurricular achievement.

At Bentley College, the focus is on business, people, and technology. Nearly 4,000 undergraduate, 1,800 graduates, and 3,300 continuing education students learn in an environment that integrates information technology with a broad business and liberal arts curriculum, gaining knowledge, skills, and experience for careers in a global economy.

Bentley is located in Waltham, Massachusetts, 10 miles west of Boston.

Amy Beth Kaddaras Receives Master's At Smith College

Amy Beth Kaddaras of Feeding Hills received a Master of Education of the Deaf from Smith College on Sunday, May 17th.

Kaddaras was one of 79 advanced degree and diploma candidates who graduated during the college's 120th commencement exercises, at which Elizabeth Dole, president of the American Red Cross and former U.S. Secretary of Transportation and Secretary of Labor, was the featured speaker.

Kaddaras is a graduate of Agawam High School and Lasell College. Before beginning advanced studies at Smith, she was an Assistant Manager at Filene's Basement from 1992-1995. From 1995-1997, she worked as an Individual Assistant at the Willie Ross School for the Deaf.

Kaddaras has now accepted a teaching position at the Walden School of The Learning Center for Deaf Children in Framingham, MA.

Consistently ranked among the best liberal arts colleges in the United States, Smith is the nation's largest private women's College. Smith's graduate programs are open to women and men.

Amie Beane Named To Dean's List At AIC

Amie Beane, daughter of Darryl and Darlene Beane of Feeding Hills, was named to the Dean's List at American International College with a 3.8 average.

She is majoring in the four-year nursing program.

A 1997 graduate of Agawam High School, Amie is the granddaughter of Daniel J. Shean, also of Feeding Hills.

Congratulations to all the Dean's List students, 1998 college graduates, and other school award winners ... AAN!!!

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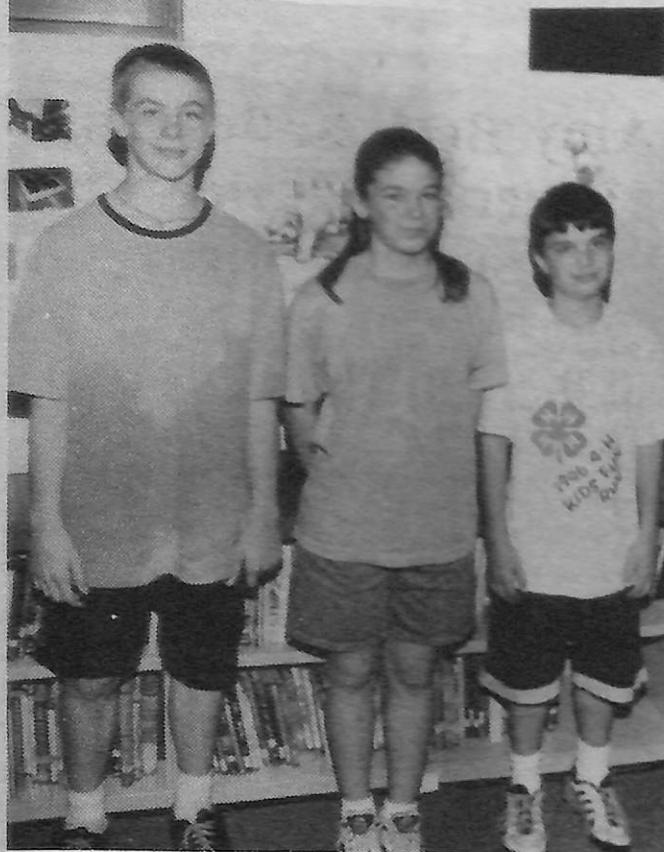
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THESE MIDDLE SCHOOL STUDENTS are definitely "bookish" on the Accelerated Reader Program. From left to right: Matt Reed, Courtney Ober, Anthony Rueli, Felicia Tran, Sonja Jedziniak, and Ryan McLane. Advertiser News photos by Jack Devine.

Middle School Accelerated Readers Cap Off Program With "Sundae Party"

On June 11th and 12th, 311 Accelerated Readers attended a "Sundae Party" at the Agawam Middle School. In order to attend the semi-annual Accelerated Reader celebration, the 211 fifth graders had to earn 10 ACR points, and the 100 sixth graders had to earn 15 points. To earn points, students read ACR books and take computerized tests on them.

During the 1997-1998 school year, the fifth grade earned a total of 10,227.3, while the sixth grade earned a total of 7,270.5 points.

Once again, Mrs. Hellquist's fifth grade class amassed the most points in the school. Her students earned 1,863.2 points over the year. Mrs. Gaylor's sixth grade class came in second with a total of 1,657.2 points.

Sixth grader Felicia Tran was the top sixth grade reader, earning 458.5 points over her two years at the Middle School. She was awarded a \$20 Barnes & Noble gift certificate, a gold-filled bookmark, and a portable radio.

Sonja Jedziniak was the top fifth grade reader.

She earned 261.1 points. She received a \$10 Barnes & Noble gift certificate, a \$5 book of certificates to the Cinema, and coupons to Games & Lanes. Ryan McLane received a \$10 gift certificate for earning over 100 points in one term.

Fifteen-dollar gift certificates were given to three students who earned between 200-299 points. They are Matt Reed (284.4), Courtney Ober (207.7), and Anthony Rueli (285.4).

Thirty-nine students who earned between 100-199 points were presented with \$10 gift certificates. These included Anthony DiMaio, Amanda Janik, Megan Smith, David Duplessis, Malerie Gardner, Matt Hayden, Alison Peters, Kristen Sopet, James Franco, Sarah Landry, Christina Metcalf, Pavlina Moysis, Elizabeth Couture, Bethany Reid, Douglas Zelisko, Thomas Light, Stephan Lynch, Michelle Figella, Lindsay Petrucci, Allyson Sekula, Heather Adams, Katherine Bousquet, Caitlin Foley, Matt Hartmann, Katie Malloy, Kyle Sullivan, Christopher Werther, Sam Young, Nick Gumlaw, Tricia Lee, Kristie Russo, Danielle Borsari, Angelina D'Agostino, Tammy

Lee, Jennifer Miarecki, Kevin Olbrych, Sara Dorans, Danielle Hogan, Patricia Sheehan, and Tami Burmesiter.

Students who accumulated 50-99 points in this half of the year were given books. They are Erik Deleifde, MaryLou Gottardi, Ben Kochanowski, Devin Williams, Vanessa Tencati, Laura Baumgardner, Jennifer Bock, Leah Cook, Kristan Heaton, Susan Krapf, Danielle Glantz, Jillian Joyce, Heather Rennell, Nadim Ghaname, Noelle Serafino, Matt Weir, Alyssa Zmaczynski, Sonja Jedziniak, Ryan McLane, Felicia Tran, Colleen Knight, Michelle Figella, Jillian Perry, Heather Adams, Kelly Borkosky, Caitlin Foley, Courtney Ober, and Danielle Borsari.

Those students who earned 25-49 points received ACR pencils.

Special thanks go to the Middle School PTO for providing the ice cream, toppings, and prizes, and Mrs. Leslie Young and her volunteers who served the sundaes.

The Middle School PTO has actively supported the Accelerated Reader Program.

Jennifer Lee Tilden Receives Degree From Anna Maria College

Jennifer Lee Tilden received a Bachelor of Business Administration in Management from Anna Maria College in Paxton, Massachusetts, on Sunday, May 17th, at the college's 49th annual conferring of degrees.

Tilden is in Human Resources and is a Human Resources Representative for AmeriSource Corporation in Springfield.

Check our classified ads in each edition of The AAN; you'll be glad you did!!!

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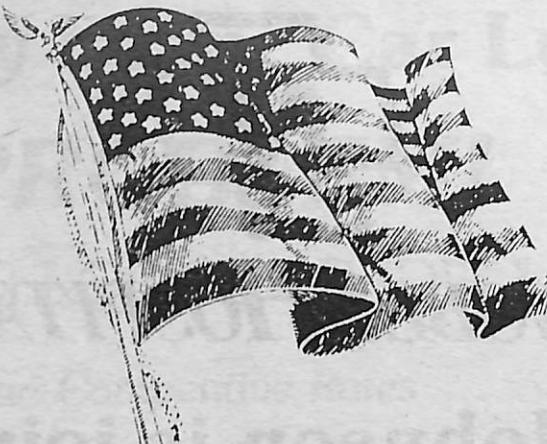
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Area Students Graduate From Mount Holyoke

On Sunday, May 24th, Amy Ruth Annino of Feeding Hills and Kerry Elizabeth Thompson of Agawam received their bachelor degrees from Mount Holyoke College, one of the nation's leading liberal arts institutions.

They were among the 430 seniors who graduated during the College's 161st commencement exercises at which Johnetta B. Cole, noted educator and a former president of Spelman College, was the featured speaker.

Amy, who received a bachelor of arts degree *cum laude* with high honor, majored in Biological Sciences and completed a minor in Chemistry at Mount Holyoke. She conducted independent research on the soft shell population in Maine and, as a result of her work, was elected to membership in Sigma Xi, the Scientific Research Society of North America.

During the second semester of her junior year, Amy attended the Williams-Mystic Maritime Studies program in Mystic, Connecticut. Her extracurricular activities included serving as secretary treasurer, then president, of the commuter students' organization. She plans to attend graduate school in the fall.

Before enrolling at Mount Holyoke College, Amy attended Agawam High School. She is the daughter of Mr. & Mrs. Richard Annino of Feeding Hills.

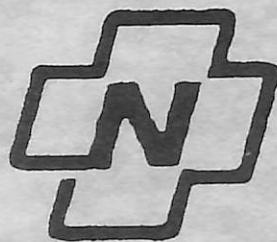
While at Mount Holyoke, Kerry, who received a bachelor of arts degree, majored in Biological Sciences. She completed independent research on hydra graft regeneration and, as a result of her work, was selected for membership in Sigma Xi, the Scientific Research Society of North America.

Kerry spent the spring semester of her junior year studying at the University of Limerick in Ireland. As a sophomore, she was residence hall programming coordinator, served as a student advisor during her senior year, and was a member of the field hockey team for three years. She plans to pursue a career in the field of science editing.

Before enrolling at Mount Holyoke College, Kerry attended Agawam High School. She is the daughter of Christine and David Thompson of Agawam.

Founded in 1837, Mount Holyoke College, the oldest continuing institution of higher education for women in the nation, attracts a student body of approximately 2,000 from every state and more than 50 nations. With a reputation for academic excellence and active engagement with the world, Mount Holyoke has produced generations of women who have gone on to leadership positions in every field.

Located in Western Massachusetts, the College participates in the exciting social, artistic, and cultural life of the Pioneer Valley and boasts close ties with nearby Smith, Amherst, and Hampshire Colleges, as well as the University of Massachusetts at Amherst.



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John Higgins Presents Research Paper At Conference

John Higgins, a resident of Agawam and a member of the class of 2000 at Providence College, was one of 19 Providence College students who presented original scientific research papers at the 52nd Annual Eastern Colleges Science Conference, held recently in Niagara, New York.

Higgins is a biology major at Providence College. His research focused on changes in prey capture during developmental stages of the jellyfish.

Providence College is the only college or university in North America administered by the Dominican Friars. The Catholic, liberal arts college has an undergraduate enrollment of approximately 3,600 students and offers degrees in 39 academic majors.

U.S. News and World Report ranked Providence College number one among regional colleges and universities in the north in its 1998 edition of *America's Best Colleges*.

Local Pupils Named To Honor Roll At St. Mary's School

The administration of St. Mary's School, located at 56 Hopkins Place, Longmeadow, is proud to announce that the following students from Agawam and Feeding Hills were named to the honor roll for the fourth quarter.

- * **Grade 8:**
High Honors - Brittany Locke.
Honors - Nicole DeCesare.
- * **Grade 7:**
High Honors - Karen Prisby.
- * **Grade 6:**
High Honors - Kathleen Ratkiewicz.
Honors - Rebecca Dempsey.
- * **Grade 5:**
High Honors - Thomas DeCosmo.
- * **Grade 4:**
High Honors - Michael Prisby.



ROSE PIGNATARE

Rose Pignatare Graduates From Springfield College

Rose Pignatare graduated on May 17th from Springfield College, earning a Bachelor's Degree of Science.

Rose is currently attending Springfield College, pursuing her Master's Degree of Science for Physical Therapy. Her parents are Frank and Carol Pignatare of Suffield Street, Agawam.

Rose was a member of the Springfield College field hockey team and served as co-captain her senior year. She was a member of the Maroon Key Club and was nominated by her school for membership in the 1997-1998 *Who's Who Among Students In American Universities and Colleges*.

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Suggested Summer Reading List For Grades 5 Through 8

The Agawam school system's teachers, administrators, and School Committee members would like to share with you a summer reading list that was compiled from the Massachusetts Department of Education's CURRICULUM FRAMEWORKS.

Research confirms that the highest achieving classroom students are those who watch the least amount of television and who read books frequently. Unlike books, which require the reader to ponder, imagine, analyze, and question, television programs invite no active response from the viewer. Additionally, questions and answers derived from television programs are often superficial and require little reflection.

When a child is encouraged to read either fiction or nonfiction books, a habit of inquiry is developed. Also, summer reading will help your child to internalize several of the skills he or she has learned in school.

Our public library offers many wonderful programs to students and contains books written by the suggested authors noted on this list. Please take advantage of this wonderful resource and encourage your child to read this summer!

Grades 5-8

Suggested Lists of Contemporary American Literature and World Literature

Isaac Asimov, Avi, James Berry, Nancy Bond, Ray Bradbury, Bruce Brooks, Alice Childress, Vera and Bill Cleaver, James and Christopher Collier, Susan Cooper, Robert Cormier, Chris Crutcher, Michael Dorris, Paul Fleischman, Russell Freedman, Leon Garfield, Sheila Gordon, Bette Greene, Rosa Guy, Mary Downing Hahn, Joyce Hansen, James Herriot, S.E. Hinton, Felice Holman, Norton Juster, M.E. Kerr, E.L. Konigsburg, Kathryn Lasky, Madeleine L'Engle, Ursula LeGuin, Lois Lowry, Anne McCaffrey, Robin McKinley, Margaret Mahy, Milton Meltzer, L.M. Montgomery, Walter Dean Myers, Lensey Namioka, Phyllis Reynolds Naylor, Gary Paulsen, Katherine Paterson, Richard Peck, Robert Newton Peck, Ellen Raskin, Isaac Bashevis Singer, Gary Soto, Theodore Taylor, Yoshiko Uchida, Cynthia Voigt, Yoko Kawashima Watkins, Paul Zindel.

Selections from: Grimm's fairy tales; French fairy tales; Tales by Hans Christian Andersen and Rudyard Kipling.

Examples of: Aesop's fables; Greek, Roman, or Norse myths; Native American myths and legends; North and South American folktales and legends; Asian and African folktales and legends; Stories about King Arthur, Robin Hood, Beowulf and Grendel, St. George and the Dragon.

The Bible as literature: Old Testament; Genesis; Ten Commandments; Psalms and Proverbs; Job, New Testament; Sermon on the Mount; Parables.

At least one work, excerpt, or selection from each of the following British and European authors or illustrators: James Barrie, Frances Burnett, Lucy Boston, Lewis Carroll, Carlo Collodi, Charles Dickens, Arthur Conan Doyle, Daniel Defoe, Kenneth Grahame, C.S. Lewis, George MacDonald, Edith Nesbit, Mary Norton, Philippa Pearce, Arthur Rackham, Anna Sewell, William Shakespeare, Johanna Spyri, Robert Louis Stevenson, Jonathan Swift, J.R.R. Tolkien, P.L. Travers, T.H. White.

At least one work, excerpt, or selection from each of the following American authors or illustrators: Louisa May Alcott, Lloyd Alexander, Natalie Babbitt, L. Frank Baum, Nathaniel Benchley, Carol Ryrie Brink, Elizabeth Coatsworth, Esther Forbes, Paula Fox, Jean George, Virginia Hamilton, Bret Harte, Irene Hunt, Washington Irving, Sterling North, Scott O'Dell, Maxfield Parrish, Howard Pyle, Edgar Allan Poe, Marjorie Kinnan Rawlings, Elizabeth Speare, Anna Sewell, Booth Tarkington, Mark Twain, James Thurber, E.B. White, Laura Ingalls Wilder, N.C. Wyeth.

At least one poem by each of the following poets: Stephen Vincent and Rosemarie Carr Benet, Lewis Carroll, John Ciardi, Rachel Field, Robert Frost, Langston Hughes, Edward Lear, Henry Wadsworth Longfellow, David McCord, Ogden Nash.

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"Fowl" Play At Clark School...



ON JUNE 19TH, the first-grade integrated classroom at James Clark Elementary School performed the play "The Little Red Hen." With only two weeks for practice, the Room 2 first-grade class pulled it off. We were hoping for live chicks to accompany the children on stage, but we had a bad hatching. "The Little Red Hen," a familiar children's story, was performed as a mini-musical. The directors of the play and also the teachers in the class were Mrs. Rheaume, Mrs. Curnow, Miss Mineo, and Mr. Peach. We all worked very hard to put this together. Congratulations, Room 2 — you did it again! Advertiser News photo by Jack Devine.

Junior Women's Club Presents Scholarships To 1998 AHS Grads

The Agawam Junior Women's Club Scholarship Committee proudly presents scholarships to the following eight 1998 high school seniors.

Six \$500 scholarships were awarded to Maureen Dimock, Sarah Jane Bonini, Kelly Knowlton, Jonathan Couture, Heidi Semanie, and Elizabeth Christian. Two \$100 scholarships were awarded to Bradford Tilden and Eric Belisle.

The Scholarship Committee judged these students on several categories such as community service, academic standing, extracurricular activities, future goals, and commitment. It was difficult to make a final decision since so many applicants were deserving of a scholarship.

Our club, therefore, wishes the entire senior class the best in their future endeavors. The Agawam Junior Women's Club is a member of the GFWC and the GFWC of Massachusetts.

Sacred Heart's Pack 75 Seeks New Members

Scout Pack 75, sponsored by Sacred Heart Church in Feeding Hills, is looking for new members for the Pack's September starting date.

Openings are available for first grade Tigers and parents; second grade Bob Cats and Wolves; third grade Bears; and fourth and fifth grade Webelos.

There are Den meetings weekly and Pack meetings monthly. Den and Pack activities include District and Council events. Tiger events include "Tiger Quest" as well as the other Pack events, including popcorn sales, Bowl-A-Thon, Pinewood Derby, Cub Day Camp, Hike-A-Thon, Webelos Woods, Residence Camp, Blue & Gold Banquet, Memorial Day Parade, Halloween Party, Christmas Party, as well as field trips with their Dens.

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Sports

Girls' Softball Review...

AHS Softball Can Reload For 1999 Campaign

by Dave Rollins
Sports Editor

It was a bitter pill, the loss to Holy Name in the state semi-finals for the Agawam High girls' softball team. They suffered another loss after it was all over, when seniors Kristen Patterson, Amy Mastroianni, Amber Conte, Steph Fleming, Vanessa Galluzzo, and Shauna Hadden left as graduates. These gals had been the reason AHS had won three Western Mass. titles in four years.

"At the banquet, we gave them their due and told each one how proud we'd all been to have experienced their talents. It was tough, but life goes on," Coach Deb Lickley said.

It will be tough, but if you had a chance to watch the junior varsity and freshman squads, not impossible. And, the underclass kids on the varsity did their share, like sophomore catcher Dianna DiStefano, who gets better with each game. Freshman outfielder/infielder Gina Gendron also gained experience from the playing time she got this year.

Add to that group the stellar fielding and timely hitting of junior second baseman Kornelia Moysis, who also gained valuable playing time. Amanda Merola, just a freshman, got a baptism of fire in centerfield when Steph Fleming was hurt and should help next time out.

Jess Montagna, a junior, showed well as the designated player. And sophomore Jen Lyman, up from the JV's for the playoffs, contributed and should continue doing so next season.

Then, of course, there is the pitching staff made up of Ali Jackobek (11-4) and Lindsay Mason (7-0). Both juniors are quality kids who can throw.

They will possibly be bolstered by freshman Tiffany Blackman, who came up from the frosh squad during the season and got a start (a 15-3 win over Holyoke). She looked good enough to stick around. Laura Bucalo is another possibility in the field from the freshmen, as is Jen Gensheimer.

Don't rule out another run for a Western Mass. crown by the 1999 Brownies.

Lickley has hinted that she might not return, especially after losing this particular crop of outstanding seniors. Lickley has molded AHS into a marquee softball program in Western Mass. as well as in the state.

Her presence to the mix is all-important to next year's team as well.

NO ONE covers all the hometown sports like DAVE ROLLINS. Dave is another reason why you turn our pages each week!!!!

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IN TOP PHOTO, Class of 1998 captains of the Agawam High girls' varsity team with Coach Debbie Lickley (center) and Assistant Coach Missy Sullivan (right) at the team's recent banquet. Captains pictured include Amber Conte, Steph Fleming, Kristen Patterson, and Amy Mastroianni. PHOTO BELOW - Class of 1998 members leaving Brownie softball, from left - Kristen Patterson, Amber Conte, Steph Fleming, Vanessa Galluzzo, Shauna Hadden, Amy Mastroianni, and Heidi Benton. Advertiser News photos by Jack Devine.

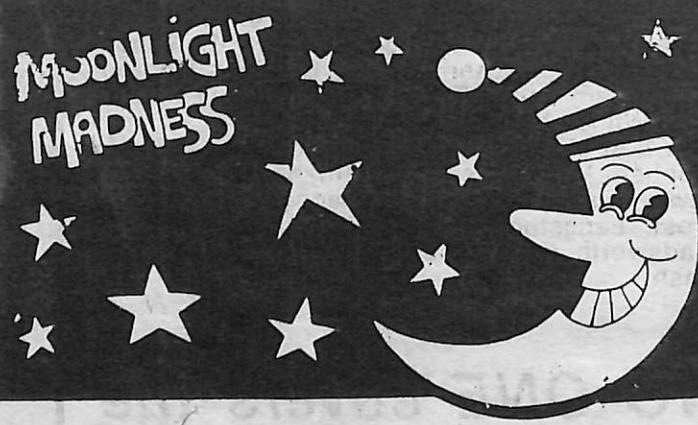


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Agawam Boys' Baseball -
Season Review...

Brownie Baseball Looks To Future As 13 Seniors Go

by Dave Rollins
Sports Editor

This year's Agawam High boys' baseball team was fueled by seniors at almost every position — 13 in all. They were part of a club that won Western Mass. two years ago and made the playoffs in 1997 and 1998.

First-year Coach Pete Clark had a lot to work with and did the job. But something went amiss towards the end of the season as they lost their final two games, then fell 10-4 to Westfield (a team they beat earlier, 4-0) in the first round of the playoffs.

"Sure, it's disappointing," Clark admitted. "I especially feel bad for the seniors. They were good enough to win Western Mass." He noted that AHS beat Pittsfield and Holyoke, the two finalists, during the regular season.

He singled out sophomore pitcher Brian St. Jean and junior hurler Dave Federico as important reasons they enjoyed good mound work for much of the season. He also felt his three outfielders — Brady Martin (left), Bryan O'Quinn (center), and rightfielder Austin Kimball — were the best trio in Western Mass.

And he couldn't say enough about shortstop Mike Wing. In 1997 as a junior, he played second. The transition to short is not always easy, but Wing handled it with ease. "Pound for pound, Mike was the toughest kid in the league," Clark noted.

The Issue Of "Consistency"...

According to Clark, their weakness was consistency. "We'd get up for games and then, for some reason, become nonchalant, especially towards the end. Sometimes I thought they were trying to do more than they could do; we also needed to be a little more patient," he admitted.

The high points came in their big win over Westfield and an equally important one against Holyoke.

He was, of course, down about the playoff loss. But there was another game, also a loss, that might have seen them get a better seed — the second Central High game, an 11-inning job that saw them lose, 3-0 (after an earlier, 6-5 win).

They were probably the weakest club defensively we played all year. On that day, (highly-touted) pitcher Pat Strange and three other guys had their best performance of the season on defense," remarked the coach.

Clark's take on the future goes like this: "We can't replace the seniors. We'll be young next year, for sure. A lot of jobs will be open and they'll have to work for them."

He added, "We've had a year now to look at the kids coming up, and there is some good talent out there. We also have a good feeder program in our youth leagues."

Some kids who could help are pitchers Scott Harlin and Joe DiVirgilio, infielders Dave Gallerani and Ryan Drobot, and outfielder Derek Mercadante.

Some kids from the freshman team might also get a chance: Ben Lapins, Brian Benson, and Louis Conte (to name a few).

"Our goal next year is to get back to the playoffs," Clark stressed.

Women's Softball "All-Star Game" On Thursday, July 9th

The Town of Agawam Parks & Recreation Department Women's Softball League will hold its ALL-STAR GAME on Thursday, July 9th, at 6:00 p.m. at the High School Varsity Softball Field.

The public is invited at no charge.

You turn our pages for all the local sports news, each and every week...



SENIOR CLASS MEMBERS of the Agawam High varsity baseball team at the team's annual banquet. From left - Bryan O'Quinn, Kyle Gendron, Eric Melbourne, Mike Wing, Kevin Cornwell, Andrew St. Jean, Ryan White, Ryan Progulski, Jay Hanscom, Brady Martin, and Austin Kimball. **PHOTO BELOW** - Coach Peter Clark (right) and his 1998 senior captains - Mike Wing, Andrew St. Jean, and Austin Kimball. Advertiser News photos by Jack Devine.

Greater Spfld. Harriers Are Ready For 21st Annual July 4th Race

The Greater Springfield Harriers will once again host their annual Fourth of July Road Race on Saturday, July 4th, at 9:00 a.m. in Springfield's Court Square.

Whether you are looking to run a personal best time, or just meet other runners and enjoy a festive holiday atmosphere, this flat and fast USATF certified 5k run through the streets of downtown Springfield is sure to offer a little of both.

The first 200 entrants will receive a commemorative t-shirt or a \$5 gift certificate for Fast Feet. Prizes will be awarded to the top 10 overall finishers, top five females, and age division winners.

In addition, a team competition will be held, with the winning USATF male, female, and master's teams receiving a cash award of \$100.

Refreshments, including watermelon, juices, and pastries, will be offered to all after the race.

Post entry fee is \$12, and sign-ups will be accepted the morning of the race. Those looking to pick up an entry form are asked to stop by Fast Feet, located at 231 Elm Street, in the center of West Springfield.



Our classified ads will bring you fast, fast results, so take out a classified today!

Baseball Camp To Be Held At Sacred Heart

The coaches' baseball camp will once again be held at the Sacred Heart athletic fields.

The dates that the camp will be run will be July 20th through July 23rd. The ages of the participants will range between eight and 14.

The philosophy behind the coaches' camp is to give each camper the positive instruction and guidance that is important for them to achieve their full potential. Campers will be instructed in all individual and team aspects.

If you are interested, call Brian Rheault, 789-4972, or Lou Conte, 786-7729.

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Sunday Night Summer Soccer League...

Soccer For Gals Back On Field On Summer Sundays

by Dave Rollins
Sports Editor

The Sunday Night Summer Soccer League in Agawam is gearing up for its fourth go-around. Conceived and started in 1995 by former Agawam soccer star Jeff Rousseau, the league has continued to grow in popularity.

"When we started, there were 85," Jeff said. "Now, this summer, we're looking at a turnout of over 150 participants," he added. That number includes women, who will be competing in the league for the first time. "Female amateur players have shown increased interest in the program. So, we decided it would be a good idea to include them with a separate women's division of the SNSSL," Jeff said.

The SNSSL is ideally open to players of all ages (last year, the range was 14 to 54) and skill levels. Over the years, the competition has been increasing and lively. It's a six-on-six format that sees sons playing against fathers, fathers and sons playing together, friends playing with and against friends, and rivals from different schools in the area renewing those rivalries.

The competition is split into two divisions and takes place on several scaled-down fields (simultaneously). The teams have names like United States, Germany, Brazil, France, etc.

According to Jeff, with the league's increasing popularity will come the need for more team names, which will continue to carry an international flavor. Team Ireland was the SNSSL champion last year, with a 5-2 finals win over Team Italy.

The league has played at Agawam High School for the past three years. However, construction there has cut down on field space. Because of that situation, there is a good chance they'll switch the action to the Junior High this summer.

Jeff's "Expert" Help...

Jeff has had some expert help over the years; Agawam boys' junior varsity Coach Glenn Olson, boys' varsity Coach Dwight Northrup, Jeff's mom, Janet Rousseau, and former Brownie soccer star Mike Domaingue. Another former Agawam High soccer standout, Dina DeMarco, will help oversee the women's division.

They have added something new this season, besides the ladies. Two trophies will be handed out at season's end. One will be a league award, with the team champion's name inscribed on it. That one will stay with Jeff, and a new champion's name will be added to it each year. The other will be for the championship club and will rest with them for a year (with their name inscribed on it). It will be passed on to the new champion at the end of the following season. "It's just a little more incentive for the players," Jeff noted.

The league will begin competition on Sunday, July 12th, and the action will run for seven consecutive Sundays. At presstime, space is limited. If any individual, male or female, 14 years of age or older, is interested in competing in the SNSSL, contact Jeff at 789-6539 for an application. You may also e-mail the league at SNSSL@AOL.COM.

Basketball World Sets Summer Camp Dates

This summer, Basketball World will conduct day camps at Western New England College in Springfield from July 6th-10th and July 13th-17th, and at Suffield Academy in Suffield, Connecticut, from August 3rd-7th.

The day camp, which is for boys and girls ages seven through 17, is under the direction of NBA Advance Pro Scouts Paul Wissel and Scott Wissel. The Special Guest Instructor at the camps will be New Jersey Nets' Assistant Coach Hal Wissel.

"We give campers the same teachings we give NBA players," said Hal Wissel. "We work with players of all ages and abilities who love basketball and want to become better."

Teachings focus on basketball fundamentals and building the players' self-confidence. "The most important thing to teach campers is confidence," emphasized Paul Wissel. "If you're confident and believe in yourself, you'll be a success not just in the game of basketball, but in life itself."

Basketball World has been running camps and clinics across the country for over 25 years. For a brochure and more information, call (860) 668-1656.



SUNDAY NIGHT SUMMER SOCCER LEAGUE officials Jeff Rousseau (left) and Mike Domaingue hold the trophies to be presented to this summer's winning teams. The league begins on Sunday, July 12th. Advertiser News photo by Dave Rollins.

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Outdoors New England

by Kent Servis
Outdoor Writer

Bassing The Brine...

A short time ago, I was introduced to a different method of catching Striped Bass in the area of Long Island Sound. Good friend "Captain Rick" called and threw down the gauntlet after reading about how great I thought the striped fishery was in the Connecticut River.

Never one to back away from a challenge, let alone a real good excuse to go fishing, I accepted his kind offer and joined him for a night of big stripers.

Even though Rick has a 26-foot fishing machine docked on the coast, he chose to trailer his 17-foot bass boat to Noank, Connecticut, where his other boat is docked.

It was late afternoon, and we started out wire lining parachute jigs back and forth over the numerous rips and shoals. The action was immediate, with several stripers in the 35-inch bracket landed and released, along with several smaller fish.

Once darkness settled in, the wire line outfits were stowed and we dug out the eel outfits. My personal choice is a Silstar Baitfeeder spinning rod in medium heavy action with a Shimano Baitrunner 4500 series reel and 17- to 20-pound line. A three-foot leader of 50-pound mono leader, with a ball-bearing swivel and a Gamagatsu live bait hook, rounded out the set-up.

When we arrived at "The Spot" (any boulder-strewn shoreline or island will do), Capt. Rick lowered the bow mount, electric trolling motor and we worked the shoreline just like we would for freshwater bass.

Keeping the boat in 10 to 12 feet of water, we cast live eels at the submerged rocks and boulders along the shore. Working the eel almost like we would work a plastic worm, I felt that gen-

tle tap and set the hook. The first of several hefty stripers was off and running.

This is quite different than deep-water fishing for stripers, because just like in the river where you don't have deep water, the stripper has nowhere to go but out and away.

After several drag-burning runs, Capt. Rick boated the best fish of the night, a 44-inch that looked like he had swallowed a beach ball.

This type of fishing was easy to understand. Predatory game fish in fresh or salt water will rely on structure and weed growth to lie in ambush and forage for prey. Applying one's knowledge of structure fishing will up the odds in ocean fishing as it does in lakes and ponds.

The most productive times for this type of night-time fishing is just before and right after high tide. An outgoing tide seems to have a slight edge as far as big fish are concerned.

The best way to describe this type of fishing is surf casting in reverse. Rather than being restrained by steep shore access that requires all of the skill and balance of a mountain goat, you can cover huge amounts of great-looking structure by using the electric motor to slowly move down a shoreline.

The only drawback to using your bass boat in the Sound, is that your live well isn't big enough to hold one of these fish if you should choose to keep it, and a 100-quart cooler/fish box takes up too much room.

Quite a few bass fishermen wouldn't dream of taking their bass boats to salt water, but there are some preventative measures that can be taken so that your shiny new hydroblaster won't get ruined. A quick spray of WD 40 or similar compound on chrome fittings and cleats will offer corrosion protection. Make sure that you have a sacrificial zinc anode attached to your outboard's lower unit. (Almost every major outboard manufacturer bolts them on as standard equipment, but check anyway.)

Another precaution that I take when using my own bass boat in the salt, is to make sure the motor is flushed with fresh water. Immediately upon returning from the ocean, I launch the boat in the river and do a few laps around the bridge. It's also a good idea to leave the trailer in the water to soak while you run the motor.

Back home, take the hose and wash down the carpets and deck along with your rods and reels. By taking these precautions, no harm will come to your prized fishing tug, and you will open up a

whole new area of angling opportunity.
**ANOTHER WEEK OF FLOODING
DAMPENS RIVER FISHING**

At the time of the year that usually finds the rivers and streams almost dry, the unusual weather has returned the Connecticut River and many streams to near-floor stage for the third time this year.

FISH REPORTS

This week's fish report is almost identical to last week's report. No outstanding fresh water catches have been reported as of this writing. The warm water species are in their early summer pattern. The unusual early spring weather has retarded early weed growth by several weeks, and fluctuating water temperatures have made locating concentrations of fish more difficult.

Congamond Lakes continue to give up some very respectable largemouths, according to Kurt at Saunders Marina. Bass are being taken in deeper water adjacent to points and bars. Some bass are also being taken from the inner edges of pad fields.

Connecticut River smallmouth continue to provide action, before this week's flooding, with some largemouth mixed in. The downstream side of bridge abutments are producing fish on small jig and twister tail combinations. Medium diving crankbaits are accounting for bass near the mouth of tributaries.

SALT WATER

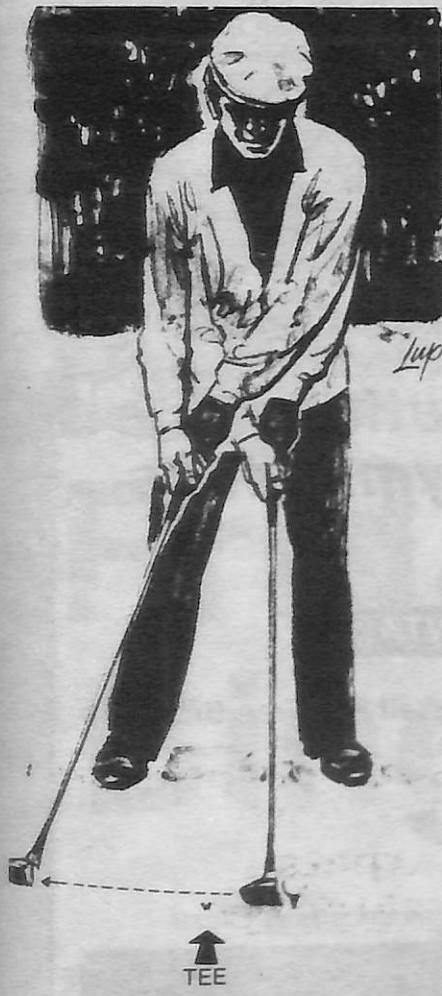
The Race is producing both bluefish and striped action. Other locations are producing some blackfish.

The mouth of the Connecticut River is producing some fluke action, and flounder are being taken in the usual locations. Jigs dressed with a trailing squid strip have accounted for a good number of the fluke. Sand worms and clam strips have been taking most of the flounder. This week's flooding and accompanying raw sewage releases from upstream treatment plants should make us think twice before consuming fish from this area for a while anyway!

Cape Cod surf fishermen are doing well all along the outer Cape, with Chatham Light continuing to produce larger stripers. The same holds true for areas around Race Point.

Charter boats are taking bass around reefs and shoals. Parachute jigs with pork rind trailers seem to be doing the trick.

Stripers along the rocks can be taken with regularity at night. Plugs will work, but there is little that will outproduce a live eel.

**Two Tees Can Be Better Than One...**

Many golfers have a bad habit of lifting the club too soon in the takeaway or yanking inside too soon. Both these faults can be corrected by practicing with a second tee.

Place it four or five inches behind the ball, and push it into the ground so that only the top is visible. When you hit your tee shot, concentrate on sweeping the club back over the top of the tee.

This not only ensures a straight, low takeaway, but increases the arc of your swing.

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5 Brownies Make All-Western Mass. Lacrosse

by Dave Rollins
Sports Editor

Five members of the Agawam High girls' lacrosse team reached the pinnacle of perfection recently by being named to the All-Western Mass. team. They were seniors Jill DeMarco, Lindy Gage, and Cheryl Lanier, and sophomores Sheri Benton and Ann Paquette.

DeMarco and Gage grabbed the honor for the second team. This distinguished group was one of the reasons the Brownies ended up the regular season at 11-4 and grabbed the 11th seed in the state tournament. A first-round loss to Lexington still left them with a stellar 11-5 record and a third ranking in Western Mass.

DeMarco was and has been a force on the team for four years. As a senior, the midfielder scored 37 goals and registered 11 assists. Her high game was a six-goal, one-assist performance in a 16-4 win over Westfield during the regular season. To get those 37 goals, she took 60 shots on net. That 61 percent scoring average ranked her first on the team.

In 1997, she had 25 goals and 13 assists. In 1996, the first year the team was a varsity program, DeMarco was 31 and 11. Her three-year total stands at 93 goals and 35 assists.

Agawam Men's Softball Standings

"A" DIVISION	W	L
Scrubbers	16	2
Bobbie's Bistro	13	4
Joey's Pub	13	8
E.B.'s Restaurant	5	11

"B" AMERICAN	W	L	T
Tie Breakers	9	4	1
Pine Point Cafe	8	5	3
Abbott/Moose	9	6	0
Dante Club	9	5	0
Take Five	8	7	1
Westfield Sporting Goods	7	7	1
Goodfellaz/Bar & Grille	6	7	1
Riverdale Lanes	5	8	1
Donnie's Cafe	5	9	0
Spirit Shoppe	4	10	1
Joey's Pub	3	13	1
Collins' Tavern	3	12	0

"B" NATIONAL	W	L
Mattie's Cafe	16	2
Omniglo	16	4
Glenwood Cafe	12	5
Titan Steele	10	8
Marlin's	10	9
Med. Care Partners	9	7
Teddy Bear Pools	7	10
Turnverein	5	13
N.E. Warehouse	3	15
Olympic Fasteners	1	16

On her selection, the senior had this to say: "I think making All-Western Mass. was better the second time around because it was my last year and you tend to remember things as special when you know it won't happen exactly that way ever again." She'll be attending LeMoyne College in Syracuse this fall and plans to play soccer and lacrosse there.

Agawam other second-timer, Lindy Gage, was also a midfielder. She recorded 11 goals and four assists this season, with two three-goal performances in wins over Somers (Connecticut) and South Hadley. Last season, she recorded 20 goals, so her selection this time around was a bit of a surprise to the senior.

"Yeah, it was exciting because I really didn't think I had much of a chance if you look at what I did last year," she smiled.

Gage will be headed to upstate New York this fall, matriculating at Hobart and William Smith College in Geneva, New York.

Defender Cheryl Lanier made the exclusive all-star club for the first time. "I was totally surprised. It was something I didn't expect. When I was turn-

ing in my uniform after everything was over, Coach (Cindy) Grieve called me aside and told me I'd made it," Lanier beamed.

As a member of the staunch Brownie defense (which gave up only 7.5 goals a game), she managed two goals and three assists.

"Most of my time was spent on coverage, passing the ball, and clearing it out of our zone," she said.

She plans to attend Westfield State College, where criminal justice will be her major. "One day, I would like to be a police officer," the honors graduate said.

Sophomore midfielder Sheri Benton also made the all-star team for the first time. She had 24 goals this season, including six multiple-goal performances. Her high-scoring games came in wins against East Longmeadow and South Hadley, where she had three scores.

Benton, a soccer and basketball player, had this to say of her selection to the elite squad: "I was very surprised because I'm only a sophomore. The whole thing overwhelmed me, really."

SEE LACROSSE - Page 39...

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Riverside Park Drivers Ready To Continue Triple Crown Series

After having only 11 days to recover from a 75-lap event, and a Saturday night NASCAR racing program in between, drivers in Riverside Park's NAPA modified division and Serv-U Auto Supply pro stock division are ready to continue the Budweiser Triple Crown Series on July 4th. The second leg of the series features 100-lap races for the two participating divisions.

Scott Bouley of Thomaston, CT, won the 75 Pro Stock segment on Tuesday, June 23rd, and is optimistic about July 4th. "I'm really excited about it," said Bouley. "We're definitely going all out for it." The win was Bouley's third of the season. "I really like the concept (of the Triple Crown Series)," added Bouley.

Bouley says he will not change the setup on his Exper-Tees/Towne & Aurell Excavating Pontiac. "Maybe some new tires and a tune-up, but that's it." Bouley, who also competes on the Busch North Series, a NASCAR touring division, said he is very fond of the race car he purchased for \$1,000 in 1992 and still runs today. "It's been great," he said. "We've never made any major changes on it, really."

Rob Summers of Manchester, CT, is on top of the Budweiser Triple Crown Series Modified segment after his first career modified win. Despite the excitement, he says his crew is treating July 4th as "just another race." Spoken like a seasoned veteran, Summers says, "You have to take one race at a time."

Summers is also employed at Hoosier Tire East and takes that experience into extra-distance events, such as the Budweiser Triple Crown Series. "You can't just go out there and beat your tires around and slide around the bottom," he says. "I paced myself for the first 50 laps (on Tuesday, June 23rd) and then began to pick up the pace for the last 25."

Drivers in the Budweiser Triple Crown Series must race on the tires they qualify on, and are not permitted to change tires during the races unless they have a flat tire.

The final leg of the Budweiser Triple Crown Series will be held on Saturday, September 5th. The final races will be 150 laps for both the modifieds and pro stocks. Drivers are competing for a \$6,000 Triple Crown point fund and there is a \$2,500 bonus on the line for any driver who wins all three Triple Crown races in their respective division.

WHO SAYS WINS DON'T MATTER? While consistency is the most important factor for any driver contending for any points championship, wins are becoming a factor in the NAPA Modified points race at Riverside Park.

Following June 23rd's race, five out of the top five drivers in the modified point standings have taken down a win in 1998, while there are only three drivers in positions 6-20 with a win.

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LINDY GAGE

JILL DEMARCO

AHS LACROSSE - from Page 38...

Ann Paquette also made the team as a sophomore. Paquette, who came up from the junior varsity halfway through the 1997 season, had 15 goals this past year and now has 30 for her young career.

"Without a doubt, Ann has the best skills on our team," girls' lacrosse Coach Cindy Grieve said

before the season started. Paquette also expressed her surprise at making the team, considering she was only a sophomore.

One glaring and unfortunate omission by the committee had to be that of Agawam 1998 graduate Sarah Drenzek. The senior attacker had 30 goals and nine assists and was a force in front of the net all year long. The co-captain was one of the prime reasons for the excellent Agawam season. It's a shame she wasn't given more credit for her efforts.

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Agawam Post vs Amherst...

Legion Baseball Takes Amherst In Close Call, 5-4

by Dave Rollins
Sports Editor

Agawam Legion Post 185 was at it again at Harmon Smith Field hosting Amherst. Agawam was on a high after its win over Orange the previous day. Amherst was a much tougher team, but perhaps not as pumped. They were dropped by Post 185, 5-4, for Agawam's (2-5) second straight win. It was also Amherst's first loss of the season as it fell to 4-1.

Agawam Coach Howie Sawyer sent Brady Martin to the mound. Martin, who didn't get much pitching time with the Agawam High School team this past spring, is a sometime side-armer who doesn't throw all that hard but can mostly put the ball where he wants it.

Amherst scored in its half of the first to go up 1-0. Agawam didn't waste any time tying it up. Martin walked and promptly stole second. Mike Carney, playing third in this game, topped one to short and reached on an error, driving in Martin.

Martin shut down Amherst in the second. Agawam managed another run in that inning when Pat Renna reached on a force play and came home on a towering triple to right-center off the bat of former Pioneer Valley High School star Bill Collins. They went into the third with Agawam up, 2-1.

With one out, Martin gave up a triple and had to work out of a semi-jam — which he did, including two outs with a fly ball and a whiff. Martin tripled deep to left in the bottom half of the inning.

With one out, Kevin Cornwell lofted a fly ball to middle-right field. It was deep enough to score Martin. After three, Agawam had sweetened its margin to 3-1.

Martin gave up a lead-off triple to open the fourth. Then, the former Brownie engineered a heads-up double play that looked like something out of the Keystone Cops. Amherst's Leon Aldrin hit one on a bounce back to the mound. Martin snagged it and checked the man on third, who'd gone a little too far down the line. Martin pegged to the catcher (Collins), who had the runner in a pickle problem. Collins threw it to third basemen Mike Carney, who made the tag.

Alertly, Carney looked towards second where the hitter was headed. Renna was waiting and the runner was out on a 1-2-5-4 double play. Amherst would manage a two-out unearned run in that inning, however, reducing the deficit to 3-2, Agawam.

Neither team managed to do any damage in the fifth. The reason Amherst didn't get on the board had to do with a gutsy coaching performance by Sawyer. A lead-off double, followed by two outs and a walk, saw men at the corners. Amherst's Chris Looze, in his previous two at-bats, had a run-scoring single and a triple. He was obviously hauling some hot lumber. The coach decided to intentionally walk him.

We will be closed from noontime Friday, July 3rd until Monday morning at 6:30 a.m. Thanks.

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AUSTIN KIMBALL (left) and BRADY MARTIN are recent Agawam High School graduates who should do well in American Legion Baseball this summer. Advertiser News photo by Dave Rollins.

Gut Check Time...

"I had to make that call. We were only one run away from a tie and he could have done just that to us," Sawyer would say later. It was gut check time.

Aldrin, who'd hit into the fourth-inning double play, stepped up with the bases loaded and two down. Martin delivered and Aldrin lifted a weak pop to short, which nestled gently into Cornwell's glove for the final out of the inning.

Martin would leave in the sixth. A lead-off triple, followed by two singles after there were two down, resulted in two Amherst scores, giving it a 4-3 lead.

For the second time in a row, Ryan White got the call. After a wild pitch that saw runners on second and third with two outs, the big guy sucked it up and got a pop to short, ending what had the potential to be a disastrous inning.

Agawam scored its tying and go-ahead runs in the bottom of the inning. Kimball singled to the backhand side of third. He scored on a one-out triple to right by Renna. White, helping his own cause, singled to left, allowing Renna to cross the

plate. A double play ended the inning, with Post 185 now enjoying a 5-4 lead.

The seventh was slightly scary for Agawam. White walked Chris Looze, then got the next two hitters on fly balls. A sharp single down the third base line saw Looze, coming all the way from first, with a chance to score and tie it up as left-fielder Barken chased the ball down.

But Looze's full-bore turn around third was a little too sharp, causing him to stumble and trip. He scrambled back to the bag, grimacing over a possible opportunity missed. White, perhaps pumped by Lady Luck's soft kiss, reared back and dusted the next hitter, preserving the win.

AGAWAM POST 185 STATS: Martin, 2-2 (3b), 2 rs, 1 sb; Carney, 0-3, 1 rbi; Cornwell, 0-2, 1 rbi; Kimball, 1-3, 1 rs; Barken, 0-2; Renna, 1 rbi, 1 rs; Albano, 0-2; White, 1-1, 1 rbi, 1 sb; Collins, 2-3, (3b), 1 rbi; Mantolesky, 0-2; Stirlacci, 0-1.

PITCHING: Martin, 5 1/3 IP, 8 H, 4 R, 3 ER, 2 BB, 2 SO, 3.71 ERA; White (wp), 1 1/3 IP, 1 H, 0 R, 0 ER, 1 BB, 1 SO, 0.00 ERA.

AMHERST, 4 R, 9 H, 2 E, 9 left on base; **AGAWAM,** 5 R, 7 H, 3 E, 4 left on base.

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Agawam Legion Baseball Stop Orange For 1st Summer Win, 8-5

by Dave Rollins
Sports Editor

In a game that had a strange ending, Agawam Legion Post 185 beat Orange Legion Post 172 8-5 at Harmon Smith Field in Legion baseball action. That win was the first of the season for Agawam after five straight losses.

Orange, who took the long ride down from upper Central Massachusetts, took a one-run lead in the top of the first. Agawam Post, hungry for that initial win and confident against 172 (also without a victory, 0-5), got on the board in the bottom of the inning.

Former Agawam High School star Brady Martin rapped a lead-off single to second. Mike Carney, a member of the Brownie JV's during the high school season, reached on an error.

With men on second and third and one out, former Brownie star Austin Kimball singled home Martin. Carney was sacrificed to third on a Kevin Cornwell (another 1998 AHS grad) fly to right, then scored on a blown throw from the Orange catcher. It was 2-1, Agawam after one.

Orange scored two more in the second and one more in the third off Agawam pitcher Jamie Coally, who hurled for West Springfield during the high school season.

Agawam went into the bottom of the third trailing 4-2. Carney walked and stole second. Cornwell, showing a good eye, also drew a walk. Kimball, looking for his second hit and second RBI, of the game, stalked to the dish with one out and men at first and second. The big right-hander laced a line shot to left, scoring Carney.

Third baseman Chris Barken, another kid from West Side, singled to right, sending Cornwell across the plate. Kimball, on third after the throw-in from the outfield, was then sacrificed home on a fly to right off the bat of another young Brownie, Pat Renna.

Orange couldn't score in the fourth. Their frustration was highlighted by a slam-bang double play turned in by Post 185. With a man on second and no outs, Coally fielded a hopper, turned,

and fired to Carney covering second. He then pegged to Renna at first for the twin killing.

"Offensive" Production...

The offense, buoyed by the good defense, produced in the bottom of the inning. Left-fielder Eric King, who played for West Side during the high school season, walked. Catcher Bill Collins, who played his high school ball for Pioneer Valley High School, also drew a walk, as did Brady Martin.

Carney was next, hitting in a bases-loaded, no-outs situation. The kid, looking for a job on the Agawam varsity next season, drilled a double to left, scoring King and Collins. It was Cornwell's turn. He rapped into a 6-3 ground-out with Martin coming home on the play. After four it was 8-4, Agawam.

Orange scored one in the fifth and chased Coally, who ran out of gas (after giving up two singles and two walks) on this hot and humid afternoon. Agawam's Ryan White came in with the bases loaded and two outs. He got a 5-3 ground-out to get Post 185 out of a jam.

White was sharp, striking out two men in the top of the sixth to shut down Post 172. It was all over before Agawam could get in its licks in the bottom of the sixth.

The home plate umpire raced onto the field and declared the game was finished; seems Orange had put in a substitution that it hadn't recorded on its score sheet. That was a rule infraction and resulted in a left-handed forfeit.

AGAWAM POST 185 STATS: Martin, 1-2, 2 rs, 1 sb; Carney, 1-2 (2b), 2 rbi, 2 rs, 1 sb; Cornwell, 0-1, 1 rbi, 1 rs; Kimball, 2-2, 2 rbi, 1 rs; Barken, 1-3, 1 rbi; Federico, 1-1; Renna, 0-1, 1 rbi; Coally, 0-2; White, 0-1; King, 1-1, r rs; Stirlacci, 0-1; Collins, 0-1.

PITCHING: Coally, 4 $\frac{2}{3}$ IP, 7 H, 5 R, 4 ER, 2 BB, 1 SO, 8.15 ERA; White (wp), 1 $\frac{1}{3}$ IP, 1 H, 0 R, 0 ER, 0 BB, 2 SO, 0.00 ERA.

ORANGE, 5 R, 8 H, 2 E, 5 left on base; AGAWAM, 8 R, 6 H, 3 E, 3 left on base.



THE LATE RELIEF PITCHING OF RYAN WHITE helped Agawam American Legion Post 185 to its first win of the summer season, 8-5 over Orange. Advertiser News photo by Dave Rollins.

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Rob Summers Gets 1st Career Modified Win At Riverside

Rob Summers of Manchester, CT, earned his first career modified feature victory on Tuesday, June 23rd, at Riverside Park Speedway. The win puts Summers in the lead for the modified portion of the Budweiser Triple Crown Series. Scott Bouley of Thomaston, CT, won the 75-lap pro stock feature, establishing his lead in the pro stock element of the Bud Triple Crown Series.

Summers, who stayed with the leaders throughout the 75-lap event, took the lead with two laps remaining, when leader Dave Berube was slowed down by the lapped car of Chris Kopec. Controversy surrounded the move, as Kopec and Berube had made contact earlier in the evening. Berube, who led the entire race until falling behind Summers, had to settle for second and was followed by Dan Avery, Bob Polverari, and Ricky Miller in fifth.

In the Serv-U Auto Supply pro stocks, Bouley led most of the extended lap feature and held off the challenges of defending track champion Eddy Carroll III and Barry Gray before pulling into victory lane for his third win of the season. Carroll finished second, followed by Gray, Rich Vasseur, and Todd Owen.

The Teddy Bear Pools Truck division welcomed another new winner as Keith Miller of Broadbrook, CT, took down the win. PJ Pelc led from the start and was on target to win, but mechanical problems forced him out of the race with two laps remaining. Miller inherited the lead and held off Rob Valerio to take down the victory. Ernie Tarca finished third, followed by Gee Perry and Mike Duquette in fifth.

A total of 28 cars took the green flag for the 30-lap sportsman feature and Ed Charette of Plainville, CT, won his second race of the season. Up front for most of the night, it was a battle of Charettes as Southington's Dennis Charette chased Ed Charette around the quarter-mile oval before settling in for second place. Mike Chaves finished third, followed by Tony Keilly and Bill Reiman.

The figure 8 division closed out the Tuesday night program with an exciting 15-lap feature. When the dust settled, Brian Montgomery of Cheshire, CT, was in victory lane for the second time this season. In a heartwarming gesture, Montgomery announced after the race that he would donate all of his winnings to a friend in the hospital to assist with their medical bills.

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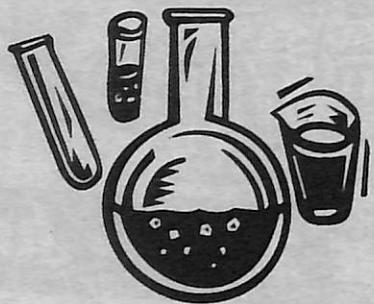


THE AGAWAM HIGH VARSITY CHEERLEADERS would like to extend a sincere thank-you to all the businesses, residents, families, and friends who so generously supported them in their dream to compete at the Can Am National Cheerleading Competition in Myrtle Beach, South Carolina. It is because of such a caring and supportive community that the young people of Agawam were able to reach their potential, as well as realize their dreams. There is no greater gift the team could have received than to know that the town stood behind and believed in them. The cheerleaders said it was an honor to represent Agawam in Myrtle Beach.

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This summer, the Grand Meadow Boys' Basketball Camp will hold two sessions, July 6th-10th and July 13th-17, from 9:00 a.m. to 3:30 p.m. each day.

The camp will provide fundamental and advanced instruction for boys ages eight to 16, and the tuition is \$125 per five-day session, or \$240 for both sessions.

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On the first day of each camp (Monday, July 6th and Monday, July 13th), registration will be conducted in the lobby of Grand Meadows Health & Tennis Club between 8:30 and 9:00 a.m. Parents may pick up their son daily after the last teaching station, which concludes at 3:30 p.m.

Directions: The Grand Meadows Health & Tennis Club is located on Dwight Road across from Franconia Golf Course, near the Springfield/East Longmeadow line. The basketball courts are inside the health club.

Each day, camp participants are asked to bring basketball shoes, gym clothing, a towel, their lunch, and "a good attitude!"

What's more, a certified athletic trainer will be on hand at all times during the two camp sessions.

For further information about the camp itself and/or how to make reservations for your son, please call Lou Conte at (413) 786-7729 or Mike Martin at (413) 789-0494.

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Schoolboy Track...

Lane Repeats As All-Western Mass. Team Member

by Dave Rollins
Sports Editor

For the second straight year, Agawam High track and field standout Ian Lane has been recognized for his skills by being named to the All-Western Mass. team.

Last year, he was mildly surprised at making the squad. This year, the senior knew he had it when he won the 110 high hurdles (his specialty) at the sectional meet for the second year in a row. But before that, the issue was somewhat in doubt.

You see, Lane runs track year-round. When he's not competing on the outdoor cinder tracks in the area, he's up at Smith College for the indoor season. That schedule means a certain amount of wear and tear on your body, even one as young as his.

"I hurt my back during the indoor season. It got pretty bad. I had to undergo some intensive physical therapy (at Health South in West Springfield) to get things right," he said. The back hurt his performance when the outdoor season started. "Some of my times weren't very good during the first half of the season. That made me wonder whether I could repeat on the Western Mass. team," he admitted.

Lane came across track in a left-handed sort of way. "When I was a freshman, I went out for basketball. The coach of the freshman team at the time was Dean Vecchiarelli (football and girls' track coach). He told me to try out for track. So I did and I found that I loved the sport right away, especially the high hurdles," Lane smiled.

He isn't quite sure why he favored that particular discipline, which is one of the most difficult in the sport. "One day after practice when I

Ted Riggott Is First Repeat Modified Winner At Riverside

Ted Riggott of East Hartford, CT, became the first repeat winner in Riverside Park Speedway's NAPA Modified division with his win in the 50-lap feature race on Saturday night, June 27th.

Riggott battled with Carl Eriksson for several laps before establishing a solid lead on lap 35. The win was Riggott's 12th career Modified victory and second in 1998.

Eddy Carroll III took down his third victory of the season after capturing the 40-lap Pro Stock feature. Carroll joins fellow Pro Stock driver Scott Bouley as the only driver with three wins at Riverside Park in 1998.

Skip Breunig of Milford, CT, became the seventh winner in the Teddy Bear Pools truck division after an excellent performance in the 30-lap feature. Breunig worked his way up from the 10th starting position before passing EJ Lagacy for the lead with 12 laps remaining.

A total of 34 cars started the 30-lap Sportsman feature and Rick Leavitt of Canton Center, CT, outmaneuvered the field for his first victory of the season. Rick established his lead early and held off the challenges of several drivers before pulling into Victory Lane.

John Provencher of Enfield, CT, used a good luck charm he picked up at the Parts Plus Fan Appreciation Pit Party to guide him into Victory Lane. Giving a little boy also named John a ride in his machine during the Pit Party, Provencher told him, "You'll be my good luck charm and we'll win tonight." Good luck prevailed, and Provencher took down his first victory of the season.

Racing continued with the Mini Stock division, completing its first Saturday night feature since April 25th. The winner was David Banville.

The Figure 8 division closed out the night by welcoming Bob Pinette of Bristol, CT, into Victory Lane for the first time this season.

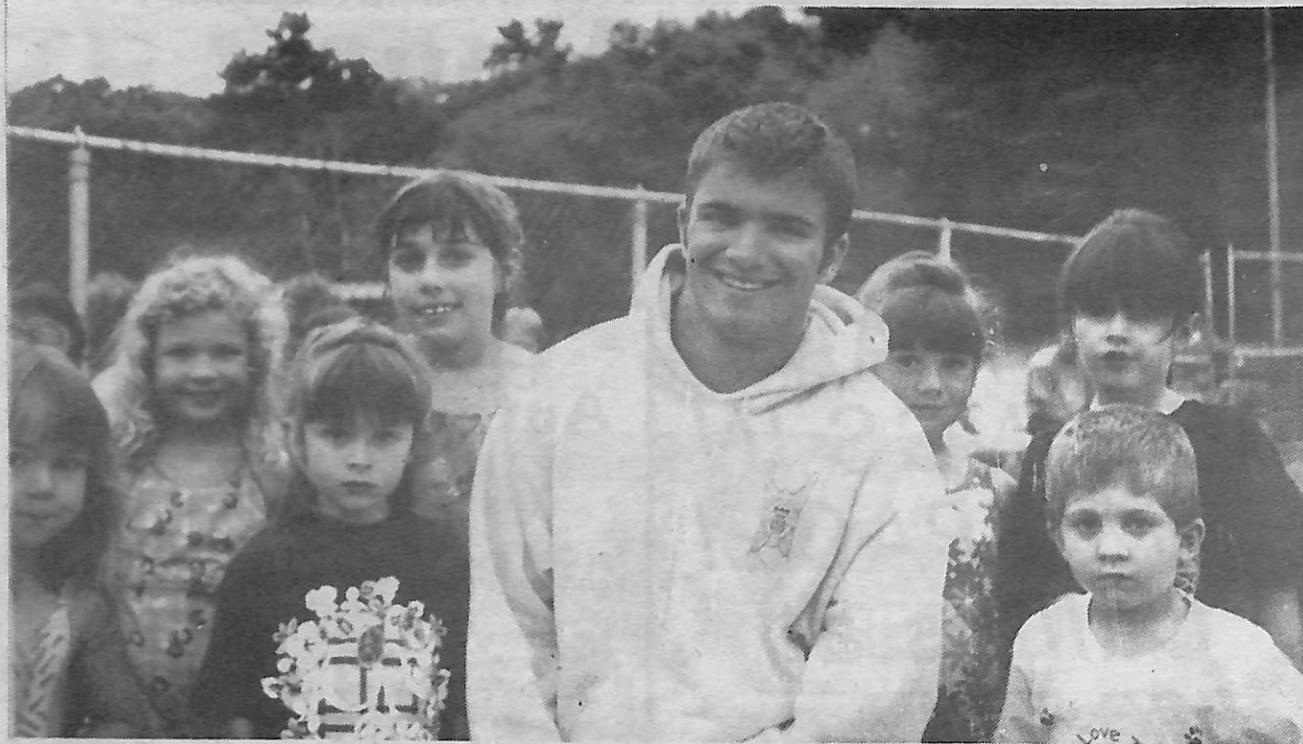
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AGAWAM HIGH CLASS OF 1998 member Ian Lane was again named as a member of the All-Western Mass. Division I Track Team. Lane is a lifeguard at the town's Perry Lane Summer Camp. Advertiser News photo by Dave Rollins.

was a freshman, I tried it. There was just something about running while running over things," he said.

Lane admits his first two years competing in the 110 high hurdles were not the best of times. "It was tough. I kept tripping and falling over the hurdles a lot," he admitted.

Practice Makes Perfect...

But, as they say, practice makes perfect and, as a junior and senior, Lane became the best in Western Mass. "My times began to go down in almost every meet. That was encouraging," he said.

His personal best in the event is 15 seconds flat, a mark he achieved at the State Meet as a junior. This year, he ran a 15.1 against Holyoke. Both times are outstanding for a high school hurdler. He also competed on the 4 x 100 relay

team this year and the triple jump last season. His back kept him from that event as a senior.

The National Honor Society student will attend Springfield College in the fall, where he'll major in sports management. One day, he'd like to become an athletic director, first on the high school level and then in a college setting. He hopes to continue his track career with the Chiefs.

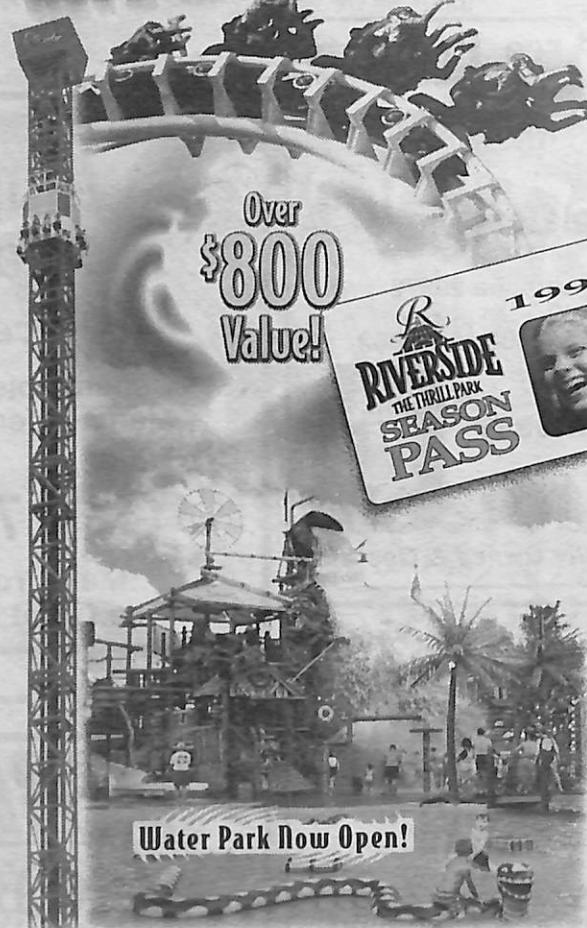
Currently, Lane is the head lifeguard at Agawam's Perry Lane Park, where he has worked for several summers.

His coach, Bill Dillon, had this to say of his star: "It was a pleasure having him on the team. He is truly dedicated to the sport." The coach noted that as one of the captains, Lane led by displaying a strong work ethic. "He was always one of the last ones to leave practice," Dillon noted.

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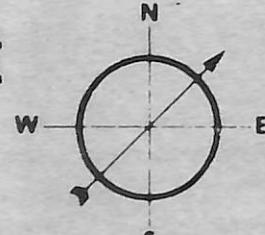
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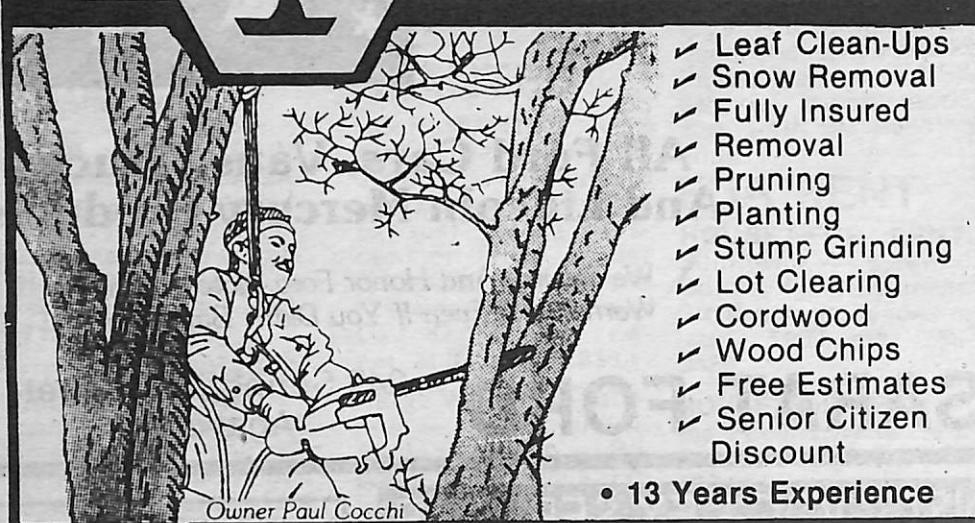
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TAG SALE: Sat., July 4th, 9-3. Wide variety of children's furniture, toys, clothing, antiques, books, household items, brand new NSX bicycle, much more. 420 North St., Feeding Hills.

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Beef	\$2.69 Lb.
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5 Lbs. Or More	\$2.49 Lb.
10 Lbs. Or More	\$1.99 Lb.
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Steaks	\$5.99 Lb.
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5 Lbs. Or More	\$1.69 Lb.
10 Lbs. Or More	\$1.39 Lb.
Fresh American Pork	
Tenderloins (Whole)	\$2.99 Lb.
Fresh American Boneless	
Center Cut Pork	
Chops	\$2.99 Lb.
Fresh American Boneless	
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Roast	\$2.89 Lb.
Frozen Danish Spare Ribs	
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Whole	\$1.39 Lb.
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\$6.99
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Cheese	\$2.99 Lb.
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Bologna	\$1.29 Lb.
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Russer Virginia Baked	
Ham	\$2.99 Lb.
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Mother Goose	
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(Pint)	69¢
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